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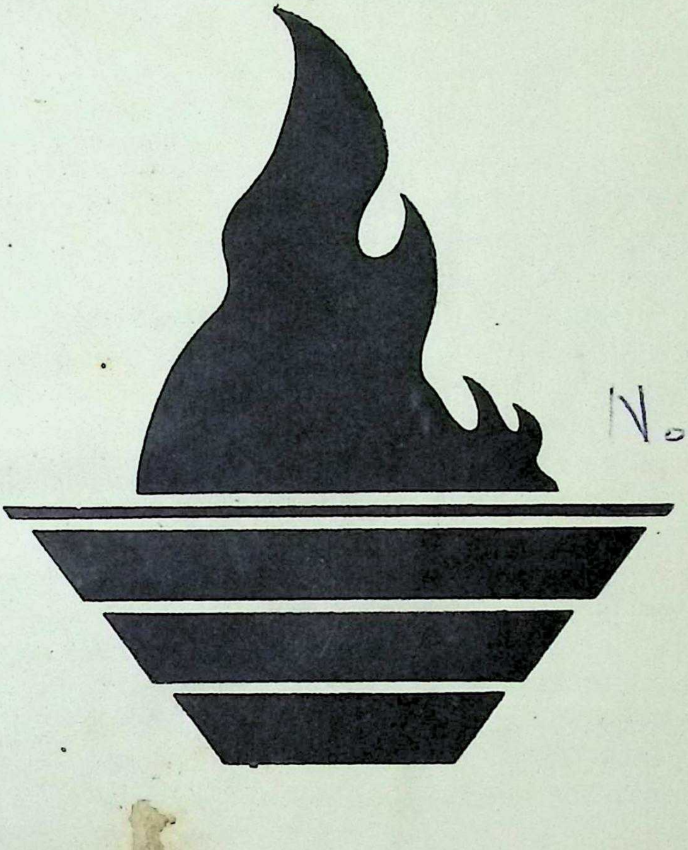

No. 43

THE KINGDOM OF HEAVEN IS NEAR AT HAND

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Bharatiya Satsang

June 1984 New Era 41 Vol. V, No. 1

Dear Reader

1984 will be a year that many will remember as the eve of destruction. However, let me tell you, exactly the opposite will be taking place in many homes across the world where Homa is being performed. Far from the misery found in the street and in the homes of many now you will find more Peace, more Harmony in homes where this healing fire is burnt. Clearly it becomes then our responsibility to lift those from their misery into the Bliss that can be. IT can be. No hocus-pocus. No magic wand. No magician here. Really we are on the eve of destruction.

In this world at present the forces of evil are very powerful. In the form of greed and avarice, in the form of total self-destruction, destruction of environment via pollution of every element which makes up our environment, our land resources, water resources, the air we breathe all are polluted. This contaminates the food which we eat, the very soil in which we sow seeds to grow our own food. Something must be done. So, we must become involved in environmental studies and groups which are pushing to prevent such destruction of environment. What they are doing is important. Now we need to introduce a solution to the problem as well, that being Agnihotra.

(US Satsang, Vol XI, No. 20, March 1, 1984)

Radiesthesi[illegible]ety of Warsaw, Poland

The Radiesthesia Society of Warsaw, Poland was founded in 1976 at the initiative of engineer Janina Kaminska. It now has about 2,500 members, seventy percent of whom have higher education. It is difficult to find a profession which is not represented among the membership. The name of the society is traditional and does not cover the whole activity of the society.

Mgr. Lech Emfazy Stefanski, author of the well-known book "From Magic to Psychotronics", is the president of the society. It has many active sections.

1. Psychotronics
2. Geotronics
3. Psychoeducation
4. Bioenergotherapy
5. Astrology
6. Psychographology
7. *Agnihotra*
8. Biodynamics and Environmental Protection
9. Energizing Techniques

The society's psychotronic library is the best in Poland. Mr. S. Gozdzik is in charge of *Agnihotra* section. Its purpose is described as "Testing the influence of Homa fire and Agnihotra ashes on human health and plant growth in addition to propagating the *Agnihotra* ceremony".

In the society's report of the Radiesthesia Symposium held in Warsaw in 1983 they wrote the following :

"Dr Ulrich Berk from West Germany is third time in Poland. He was the first to introduce Agnihotra fire ceremony here. Exactly at sunset he demonstrated Agnihotra again and explained its healthful influence on human and plant organisms".

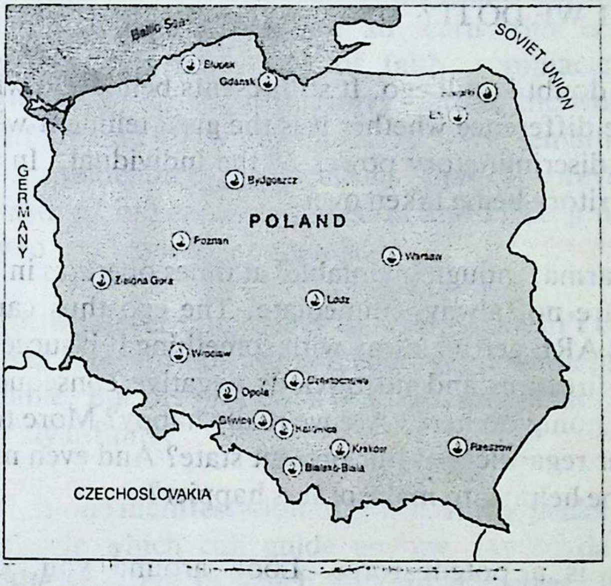
The symposium report further states:

"Krystyna Ojrowska from Warsaw told about good results of healing in cases of nervous system disorders, asthma, skin, eye, ear and heart diseases''.

Due to the healing effect of Agnihotra on the atmosphere and the rapid growth of plants in Agnihotra (*Homa)* atmosphere without use of any chemical fertilizers, insecticides or pesticides, the science of *Homa* Therapy based on Agnihotra is spreading rapidly in Poland. Through the Radiesthesia Society of Warsaw, people in several areas of Poland have learned Agnihotra.

(US Satsang, Vol. XI, No.20, Mar. 1, 1984)

Poland


Baltic Sea
SOVIET UNION
Slupsk
Gdansk
Bydgoszcz
GERMANY
POLAND
Poznan
Warsaw
Zielona Gora
Lodz
Wroclaw
Czestochowa
Opole
Gliwice
Katowice
Krakow
Rzeszow
Bielsko-Biala
CZECHOSLOVAKIA

The map shows citys and towns where Agnihotra is being taught through friends of The Radiesthesia Society of Warsaw, Poland.

ON RECEIVING GUIDANCE

Barry Rathner
USA

Most of us have had the experience of receiving guidance at one time or another. Some of us have even followed it from time to time. The big problem of course is the ego. The ego thinks it knows better, better than the Higher Self, better than the teacher, better than nearly any conceivable source of guidance.

After receiving guidance from an outside source for sometime -- as from a guru, e.g. -- with some effort we may become better able to advise ourselves. As we become a bit more subtle, better able to hear the voice within, our power of discrimination between right and wrong is strengthened. We no longer can claim ignorance therefore as to how to act in a particular situation. We know explicity what is proper to do. THEN WHY DON'T WE DO IT?

Part of it no doubt is still ego. It still resents being told what to do. Seems to make little difference whether it is the guru telling it what to do, a holy book or the discriminatory power of the individual. In any case the ego resents its territory being taken over.

The law of karma, though inviolable, at times operates in a subtle manner. Its payoffs are not always immediate. The ego thus can delude us into thinking WE ARE getting away with something if it succeeds in turning us in a wrong direction and no obvious negative consequences result. But what's really going on here? Are we really happy? More to point, couldn't we be happier regardless of our present state? And even more to the point, couldn't we be helping to make others happier?

Self-delusion is a potent force. Look around you. Great masses of humanity give the impression of knowing where they are going to. They walk with heads held high, with the peacock's strut. But where in truth are they going? It could be they have dressed up not for a party but for an execution for the death of morals, the death of purpose, the death of love is certain death.

Now look in the mirror

The attainment of higher and higher levels of love depends on simple concepts. Training our minds and bodies to respond to our power of discrimination is crucial. It is an important addition to and complement of receiving guidance. Without such training it is as if we are beautiful Rolls Royces without an ignition system. We can sit there and look pretty but can't go anywhere!

Who can deny the turbulence of these times in which we live? Identification of the problems is no longer the requirement. Disease, insanity, environmental self-destruction, wars, famine, nearly unprecedented changes climate. Political upheaval; family dissolution .... scream at us from our daily newspapers and one way or another intrude upon our attempts to remain or become balanced, peaceful.

Homeostatically speaking we need balance for survival. Simultaneously and somewhat paradoxically we also want relief from boredom. We quest new experiences. That this quest all too often manifests in new sensual desires is most unfortunate for as we all learn, this is the road to enslavement. But through habit, lack of faith, complacency borne of ignorance ---"What can I do about the sorry state of the world? I may as well enjoy myself instead of worrying ....". --We remain locked in a vicious circle of momentary gratifications that 1) prevent us from uncovering the truth of our innermost desires and 2) keep us from doing what is necessary to reach our highest goals.

Self-fulfillment (or whatever one wishes to label it) doesn't come cheaply. It is not available at discount houses; you can't get it wholesale. Persistent effort is unavoidable. But the process is not impossible. Grace is there for the asking. It is truly infinite.

The Fivefold path is one manifestation of grace. It is a package deal which is available wholesale which can guide anyone day to day, minute to minute through the grim era in which we find ourselves. It can help us become beacons to our brothers rather than dying embers. HOMA THERAPY, the crucial first step of Fivefold Path, can help train the mind to react with love always. Such a transformation can then be infused to every corner of our existance. And happiness dawns.

It is only the power of love that ultimately breaks through the ego. It is only love that compels us to recognize our shortcomings without becoming immobilized. It is only love which keeps us open to receive guidance. Ultimately the highest guidance will come in silence.

We must through love attain the inner peace to hear the sounds of silence. We can thus be guided home.

(US Satsang, Vol.XII, No.2, June 7, 1984)

NATURAL HYGIENE, THE LIFE SCIENCE

Ramesh Lahiri
Calcutta, India

Note: For many years SATSANG has advocated natural solutions and processes wherever feasible. This includes nature-related forms of medicine, farming, psychology, climate control, diet etc. HOMA THERAPY is itself a back to nature process and is both an end in itself as well as a crucial component in the successful implementation of many natural processes which are threatened by the present ecological crisis facing the planet in the form of atmospheric and other forms of pollution. The opinions expressed in this article are of the author. Agnihotra and Homa can be performed in any lifestyle, any atmosphere and you will see cures taking place automatically. — R.B.

In this Era of superscience it is folly to shut our eyes to the scientific principle which frees us from ignorance and superstition and finally helps us to realize our highest potentials. Science should not be just a dispassionate pursuit either. Since it has relevance to our well being it is strictly personal. That which cannot exalt our personal life and cannot benefit us can hardly be dubbed as science. Natural Hygiene, the life science, offers a wholistic approach to life which is strictly scientific and by adherence to its principles we can experience loftiest joy.

An individual man or woman is a sovereign being in his/her own right and as an autonomous individual has the right to measure his/her sense of well being to evaluate value judgments and ruthlessly discard errors which are brought forward in the name of beliefs, customs, traditions and officialdoms.

It is very unfortunate that all of humanity is led to believe that disease i.e. something to be fought that it has an innate existence (certainly downright ignorance!). A never ending hunt for causes of disease has been going on through the ages to root out disease from the face of the earth. Millions are spent to fight disease and modern "Medicinemen" are engaged in trying to destroy disease through drugs. But whither humanity? Are we really better off than our ancestors in our sense of well being, in enlightenment? A few discerning people will say "No".

We are certainly on the same track. Our ancestors believed in shamans, witchcraft and evil spirits and they resorted to witch doctors to eliminate evils from the body. Again with newer knowledge of "treating" disease came Hippocrates, Galen and Paracelsus down to the stalwarts of modern medicine. Relentless battle is going on to fight the disease, to fight the microbes, to cure the disease by posions, potions and pills. There is clamor for cure. A noted hygienist has remarked "Cures and curing are a bit of voodoo invented by the ancient man and have no place in the rational and enlightened mind today even when presented in modern dress".

This world is now full of wonder drugs (at least we are thus hypnotized to believe) but millions all over the world are pain-wracked and suffering from common ailments to deadly diseasas. Hospitals are full with the sick, mental hospitals with the insane and cemetaries with the premature dead. We see suffering from affliction and disease everywhere around us. So inspite of our belief in disease and its "cure" the suffering has not ended. Our ancestors believed in evil spirits for organismic disharmony. We believe in disease and look for drugs to eliminate it. The same belief. The massive belief given to the masses by medicinemen is difficult to erase.

The fact is that the whole superstructure of medical system is based on a deluded belief that there is a thing called disease and that it has to be cured by poison.

Now the question comes: do we really as autonomous individuals want our happiness, health and sense of well being to be independent of mistaken beliefs, customs and traditions of officialdom? Clinging to a belief which runs contrary to our experience is not the way to the inexorable law of nature. By recognising, understanding and ascertaining those forces which bring health, happiness and harmony can we truly be scientific.

We have been so miseducated about the truth of health. For centuries we have been raised on the idea that when health is undermined some extraneous agency - be it drug or some other tool -- is necessary for restoration. But Natural Hygiene, the life science, has exploded this myth.

It asserts that no extraneous agency--drug or otherwise -- is necessary for maintenance of health and/or recapturing health. It rejects drugs, x-rays, blood tests, blood transfusions, stimulation of any sort, baths (hot, cold, steam), spinal adjustments and the myriad of treatments that are indulged in to fight disease.

But then at times of illness what should one do? Isn't it logical to subject oneself to a diagnostician or to determine the cause? No (After all, the sick recovered from illness before there was any healing profession). The life science states that all the vitality robbing programs should be stopped and the truly scientific remedy for illness or all abnormalities of the body-mind is COMPLETE REST. VITALITY CAN BE INCREASED ONLY BY REST. So truly remedial and scientific treatment would be to stop EVERYTHING. You go to bed in quiet surroundings. You stop indulging in the rat race. You stop sex. Listen to no one regardless of how smart he is or how affluent he has become by advising the dead. You rest until you feel like jumping out of bed. When your nerve energy is restored you are bound to feel zesty and zippy.

The life science, Natural Hygiene, gives us this knowledge and by understanding the principles you can bring health, happiness and harmony and make your life expansive.

The life science teaches that disease is not a bogey; it is not detrimental to our health (sounds absurd but that is the truth -- like it or not). It asserts that every disease is a biological process aiming at restoring health. It contends that disease is nature's effort to throw out unwanted material from the system and so any effort at checking this process is a deterrant.

The life science is graspable and the health and harmony that it promises is realizable. But we should bear in mind that Natural Hygiene is not what we commonly understand as "hygiene" i.e. antiseptic etc. The life science is separated from this ordinary connotation of hygiene by the word "natural" -- Natural Hygiene.

Hygiene comes from the Greek "hyginos" indicating growth more perfect, life more vigorous, decay less rapid, and death more remote. It is a science which treats man's complete ecological needs. By adherence to its principles an individual can realize his/her highest potential in every phase of life. The selfdiscipline required to follow these principles is made easier by regular performance of Agnihotra.

Natural Hygiene teaches that there is no disease. There is only pollution -- polluted environment and polluted bloodstream--and the road to health and happiness is by purifying the atmosphere by Agnihotra and Homa and detoxifying the bloodstream with pure air, pure water, sunshine, exercise, dieting, living food and spiritual discipline. If you understand the principle inherent in life science you will know that poison is equally abominable in disease as in health and thus discover that the medical system is not different from the curemongering witchcraft of byegone days. Then you will learn to be scientific in health matters vital to your well being.

"What are commonly called diseases" says Charles E. Page M.D., a noted Natural Hygienist, "are in reality 'cures' and the common practices with drug doctors of controlling the symptoms is like answering the cries and gesticulations of a drowning man with a knock in the head". So your being alive is proof that your vitality is stronger than the knock.

(US Satsang, Vol.XII, No. 2, June 7, 1984)

The Possibilities Of Eloptic Energy Research In The Field Of Plants

Dr. Sarah E. Hieronymus
Ph.D.

Our experiments in using our Eloptic Energy instruments to alter plant structure and impinge the energy of one plant on another, thus altering its genetic pattern, has been so far only in the nature of "let's see what will happen if" sort of fun experiment, but the little we have done has shown us the great possibilities of research in this area.

We have used our instruments to intensify the general vitality of seeds, thus giving them extra vim and vigor to burst out of the ground within twenty-four hours after we planted them. We have oriented plants to find out which direction their greatest vitality was apparent, and planted them in that position and direction, so that they out grew other plants (control) not so oriented.

Our first experiment was begun purely out of curiosity. With no regard for the genes, chromosomes, DNA or whatever of two small onions, we planted one in a pot, and set it out in the yard. The other we planted in a pot, and set it beside the first one. The first onion, designated to as 01, was used as a control. The other was our experimental subject. We transferred some of its energy into an ampule of sterile water, and began a series of treatments on the onion with the ampule of sterile water as a specimen.

The specimen we used to treat it with was a 2-inch gladiola bulb, yellow in color (yellow flowers). We boosted the energy of the gladiola bulb 10 times, before we began the series of treatments. The control onion came up and grew for two months before the gladiola treated onion even poked one leaf or stem above the ground. When the treated onion had grown for two weeks, the leaves and stems of the control 01 began to die as is the custom of onions which have grown for their length of time while the bulb is maturing. The Specimen Onion continued growing, and grew from the last of August until the last of January. By the end of December, the plant was three feet tall, and the leaves were spread in the configuration of gladiola plants, i.e., a fan-shaped pattern. The onion still had the characteristic odor of an onion, although in a fainter degree than the untreated onion had possessed.

The color of the leaves was a darker green than that of the untreated onion, more the shade of the typical gladiola leaf color. The plant did not possess the stiffness of the leaves of the gladiola and after it was about two feet tall, we found it necessary to stake the plant. We did this in order to maintain its upright position, so we could determine how tall it would grow. After the third week in January when it began to die, though the bulb was larger than when planted, and its vitality was only slightly diminished from the vitality reading it gave when first planted. Unfortunately, after it had gone into hibernation completely, in cleaning up the greenhouse, and storing some things and throwing out others, we were unable to find our Gladionion, so we lost any further opportunity to experiment with it.

Of course we do not claim to be the first to conduct such an experiment. The story goes that Mrs. Muriel Benjamin, during the 1950's in Pennsylvania, once put some specimens of her beautifully productive peach trees in the well of her instrument, along with some material unidentified in this account except as poison ''crystals'' and treated the peach trees with these ''crystals''. It is reported of the lady's experiment, that the peach trees were shocked and ungrateful for such unsolicited treatment, and many refused to bear fruit. Others bore small, hard bitter fruit, or outsized fruit with no taste. This was an expensive experiment in that it ruined good peach trees which were bearing, nice, flavorful, fruit in season. The only comment I can make as to this experiment is that if the rule advocated by Dr. T. Galen Hieronymus were obeyed, such wasteful failure could not happen.

Dr. Hieronymus, out of the experiences of many years, enforces this rule in all plant experiments : Never treat a vegetable plant, tree, or any plant with any substance or chemical that lowers its vitality reading. In the case of our onion experiment, the gladiola energy we treated it with, raised its vitality reading 200 points on the genuine Hieronymus instrument intensity dial.

One other long term energy-treatment experiment we began for amusement, was the result of a conversation we had in the car, coming back from a trip to Gainesville, GA, some 50 miles from our home. We had bought some new crop pecans, which proved to be delicious, with well shaped shell, and crisp and tasteful kernels. We were talking about the great amounts of acorns on the oak trees at our home, "The Oasis" and how many bushels remained on the ground that fall. It was remarked if the acorns tasted like the pecans we had just sampled, the squirrels and chipmunks would have carried them all away! A serious remark suggested that if acorns could be improved so that more people would use them there would be a good source of food that would be plentiful and nutritious. When we returned home, a specimen of the cambium layer under bark of two fully grown oak trees in the yard was taken and the energy transposed into two ampules of sterile water, one for each specimen. Then the energies of two different new-crop pecans was transposed into two ampules of sterile water, one for each nut, and the energies of them boosted or multiplied ten times. Then, on November 25, 1981, we began systematic treatment of the oak trees with the intensified energy of the pecans. This was done for a year. When the acorns began to fall in November of 1982, we went looking for the acorns from the trees to see if we had effected any change in color of the acorn meat, the taste, and the size and shape of the acorns. We found that the squirrels and chipmunks had also found our acorns. Only by getting up early, could we obtain any of the acorns for testing. The ground under the other oak trees in the yard was littered with acorns. Some had been nibbled and tossed aside presumably by the chipmunks and squirrels.

We gathered some of these rejects and tested them. They were very bitter compared with our specimens from the oak trees we had been treating with the pecan energy all year, had deeper color orange meat, and were a rounded shape. The acorns from the trees we treated were elongated in shape, with a sharp tip on the end, reminiscent of the pecans shape. The meat was lighter in color, of a much less bitter taste, and more crisp texture. The general vitality of these acorns which had been treated with the pecan energy, was about 50 points higher than the acorns from trees which had not been included in the experiment. On the 1st of January, 1983, we resumed treating the trees in our experiment, with the intensified pecan energy. We did not change the specimens, nor did we change in any way the pecan energy specimens we had been treating with, but continued to use them as they were, since upon analysis, they showed no diminution of general vitality, when the new analysis was compared with the analysis of the energy when we first began the experiment on November 25, 1981. The treatment of these two subject oak trees with this intensified pecan energy has been going on now since January 1st, continuously. Next fall, if we are able to salvage any of these acorns from our yard, (and from the squirrels and chipmunks, since they seem to like the treated ones best of all) we plan to gather them, evaluate them, analyze, and see what the results of our year's treatment of the oaks with intensified pecan energy will show.

To the plant geneticist, the question is, "Just what are we doing to the chromosomal and gene arrangements of these old, well established trees?" What did we do to the onion which we bombarded with intensified gladiola energy? Did the Eloptic Energy Treatment of these living organisms of oak trees and the onion, with totally foreign energies, not likely to hybridize naturally with the source of the energies with which they were treated, break chromosomes of the treated organisms, and substitute for normal genes carried by the chromosomes, genes of the invading energy? Did we break chromosomal arrangements and cause impingement of foreign gene energy upon the specimen plant's genes, thus changing the chromosome arrangement pattern by causing joining of sections unaccustomed to being joined. If the chromosomal pattern of the onion were, for example perhaps N equals 5, did we cause a change in this pattern to maybe, N equals 9? By treating these specimens with totally foreign energies, did we cause changes in gene patterns, different patterns of gene clumping and expression, as well as breaking and rearranging chromosomal patterns? Have we induced with our bombardment of our specimens with totally foreign energies; caused new and different or aberrant meiosis, and gametic behavior? According to what we find in these totally inconclusive experiments, there seems to be no disharmonious interactions of disharmonious genes with these foreign energies, which in regular hybridization processes, would result from the application of foreign cutoplasm to interact with the nuclear genes, we might theorize that we are arranging chromosomes by breaking them by clumping genes or gametes to form new patterns along with rejoining of the broken chromosomes in new patterns to form different characteristics of the specimens to manifest, thus affecting the evolutionary pattern of the specimen plants and trees. Perhaps the next step is to plant some of the acorns gathered from the specimen trees, after measuring and recording their sex, vitality count, and general drive to reproduce. Then the F1 generation should give some further manifestation of gene and chromosomal abberations if any are present. What about any genetic weakness or sterility which might manifest? Since oak trees are a long time project, perhaps years, we might use some quick growing plant such as a radishes, for quick evaluation of results. In that way, in a years time we would be able to have several generation populations, in which F1 through F10 generations could be observed and evaluated, especially for Multifactorial Linkage, and Morphological and Viability gene factors, or the M-V Linkage factors refered to earlier in this paper. The possibility that we might find evidence for allelic differences found in these energy impingement experiments with plants, such as manifest in regular hybridization experiments, in varying degrees, is very exciting to us. We wonder about the increase in the effects of viability genes as shown in our oak-acorn-pecan experiments. Does this seeming increase in viability of these acorns have any pleiotropic effects on the morphological characters, or vice versa? How much evidence can be found in such experiments for changing allelic differences between the specimen plants and the plant with whose intensifed energy we are treating the specimen plant? What linked genes are we disrupting, or substituting, for the native arrangements? What epistatic interaction would occur in plants with flowering habits, if one were treated extensively with a foreign plant, a related plant, (species) or with a totally unrelated one, as in the cases of our onion and gladiola experiment, or our oak-acorn-pecan experiment?

I submit that these question-raising experiments we have done with the oak trees and the intensified pecan energy, and the onion treated with the gladiola energy open up a new and exciting prospect of plant hybridization, which the proper laboratory attention to the chromosomal and gene and gamete and meiosis patterns, and keeping of exact and pattern of plants to more desirable patterns, and provide a tremendous paterns of plants to more desirable patterns, and provide a tremjendous amount of information about the forming of plant characteristics. It might even be possible to look hopefully to a future of plant engineering, in which great amounts of money might be saved in the creation of new plant species to suit the food and fiber needs of a growing world population. It might be possible to spare the horticulturist and botanist who specialize in genetic engineering of plants, the many years of time and great costs in money, now needed to set up plant generation groups, and maintain reproductive isolation, so that the results can be properly arrived at and evaluated.

Needless to say, it would take innumerable experiments, with Eloptic Energy Plant Genetic Engineering, to even scratch the surface to all the possibilities which the interested enthusiastic Eloptic Energy engineer or technician can picture as the outcome of such intense research in Eloptic Energy Plant Genetics Engineering.

Who said all the frontier and discoveries have already been reached? It seems that science has gone that long route in electronics, and finally arrived at the end of the road in miniaturization. Maybe, (just maybe?), the next exciting world to be explored is the field of Eloptic Energy applications in plant genetics engineering.

Courtesy of Advanced Sciences Advisory, January/February 1984
(US Satsang, Vol. XI, No. 20, March 1, 1984)

NOW BEGIN THE FOOD SHORTAGES

Jamal Wilson
USA

A while ago I had an early morning chat with an elected official representing my district at the State House of Government in Annapolis, Maryland. As project director for The Greater Baltimore Metropolitan YMCA Youth and Government program we had worked well together training high school youth from all over this state.

We discussed that particular morning the economic state of affairs as concerns daily living. I sought his opinions knowing he faced these problem routinely from his constituency.

First he informed me of charges he and his wife were making in their personal buying habits to survive the pinch of these hard times. Then he said that most of the very top officials in government at the state and national levels were too far removed from average normal living styles to be in touch with the real problems particularly of hunger and housing.

Though unreported in the media, he said local police departments were receiving a rash of reports of burglaries at community grocery stores. Countrary to my first impressions of who and what was happening I found out the following to be ture.

No money or the like was stolen. The only things missing were 50 and 100 pound bags of potatoes and onions and the like. The official said the police had determined that these were the thefts not of youngsters but of full grown able bodied men. The theft of food was in desperation to fill the family cupboards which were empty of food.

"United States Hunger Crisis Reported Growing" October, 25, 1983 Baltimore Morning Sun article quoted below

"The hunger crisis in American cities is growing worse as another winter approaches..."

"The mayors in a report based on a survey of cities, said the recent economic recovery hasn't yet reached the hungry..."

"The take of caring for the hardest hit victims of the recession is placing a drain on the cities resources and their ability to cope with other problems".

As businesses barricade their establishments for protection from food loses due to theft the only other food source for the hungry will be the food that other humans have.

How do you prepare for a food riot? Store up food and lock yourself in an ironbarred home" How many can really adequately do that?

Then what are the remaining alternatives. Live together for protection of one another. But in modern society in which few neighbors speak or associate one with the other, how many are ready to live together.

Surely some completely drastically new lifestyle has to emerge to get mankind through the coming problems. It is Satya Dharma lifestyle of which I speak.

This is the life-style that many people from all walks of life have found to be the answer to the pressing problems of modern society. It renews the mind, while at the same time, inducing a claming influence into the environment. It is a boon for the specific ills of different communities in different geographical locations and environments. How?

Certain beneficial energies flood the coordinates where the sun appears to rise and set exactly at sunrise and sunset. Through Agnihotra, the simplest yet basic from of Homa, you can take absolute advantage of these powerful energies to reset the energy cycle not only of your specific geographical area, but also of the whole planet if enough people take to this ancient science of purification and plenty. It is all part of the science of bioenergy and biorhythms.

We now accept how energies in nature influence us all the time. We have, through the science of Vedas, a way to take advantage of each and every day of our lives so that we have happiness instead of suffering and strife.

If you are interested in Agnihotra as a solution to the food and riot problem, you may contact me via the editor of this magazine.

We have serviced many thousands of our fellow men during the past ten years. The results speak overwhelmingly in favor of this ancient, revived science.

I have seen many gardens grown by Homa Therapy farming methods which have yielded harvests five times the norm. I, myself, have experienced certain vegetables continuing to grow even in subfreezing, snowy weather. I have heard reports that mixing Agnihotra ash with stored grains eliminates pest and bug problems. It is not, therefore, surprising to me that one German cancer specialist described Agnihotra and Agnihotra ash as a ''wonder weapon''.

Just recently a published report was seen in which respected sources predicted widespread food shortages in the United States within two years. The Age of Destruction is upon us. The question now is who among us will survive. *Satsang* advised us years ago to begin stocking food for the bad days ahead.

Grow chemical-free food with love and Agnihotra. Give yourself the new experience of continued peace of mind with Agnihotra. Protect yourself in these trying times with Agnihotra.

(US Satsang, Vol. XII, No.3, June 21, 1984)

Homa Therapy revived in Indonesia

Edward Aichbaur
Austria

In 1983 when Vasant was in Singapore teaching Homa Healing fires, he looked at a map of Indonesia and his attention was drawn to a small town called Surakarta in Java. He took Malaysian Airways flight to Jakarta, Indonesia and then took overnight bus to Surakarta and arrived on April 25, 1983. He had chosen this small town to introduce HOMA healing pyramid fires in Indonesia. On his arrival he learned more about this far out place.

''Hey, you who do penance! If you want a site for a capital city, go to the village of Sala because it is decreed by Allah s.w.t. that it will become a great city and very prosperous .....''

(From writings of Dr. Soewito Santoso
of Australian National University)

''This was the voice coming from nowhere heard by Tumenggung Tirtawiguna and Pangeran Wijit when they did penance by the side of a river. By the order of the king they went in search for a site suitable for a new palace. The king concerned was Pakubuwono II of Kartasura and the time was just after the rebellion of the Chinese people in 1744. The capital city and the palace had suffered much due to fierce fighting and were almost in ruins. This was the reason why the king ordered them to go and they heard the voice which made them rejoice''.

''They went to the village of Sala and met with the village chief who told them a story that confirmed their faith in the voice they heard as they believed it was Divine revelation. They returned to meet the king who shared their conviction after hearing the story. However, the trouble was not over''.

''The village of Sala was located near a lake and they had to drain it first before they could begin with building the city. So the king ordered all the regents of the outer regions to come with timber to fill up the lake. However, it was of no avail. The water seemed to become more and more and even sea fish were seen in the water''

''Then came another revelation saying,'' To stop the water you have to cover it with the gong SEKAR DELIMA and the head of a lady dancer together with rhubarb leaves''.

''The king interpreted the revelation as follows:

Gong means voice, i.e. the story teller. A lady dancer is a 'ringgit', in turn ringgit means money. The head means ten thousand ringgits. In short, this money should be given to the storyteller. So the village chief was given this amount. He succeeded in doing the job. The water was stopped with 'sekar delima' (flowers of pomegranate) and rhubarb leaves. The lake was drained and was filled with soil. Then the new palace was built together with other required buildings. The king then summoned the two people who first heard the Divine voice and asked them to place certain cereal and spice offerings at certain points in the new palace compound''.

''After the offerings were done, he rode in a procession to the new capital. Thousands of lamps were placed on the road with beautifully errected gates where at several places 'gamelan' orchestras were arranged to make the atmosphere full of joy''.

''At the beginning of the procession two 'waringin' (banyan) saplings called Dewadaru and Jayadaru which were to be planted at the north and front squares, were wrapped in silk and were carried by specially trained officials. After reaching the palace in procession the king said: ''Adipati Pringgoloyo and all my subjects hear and obey that this day today I have the wish to change the name and status of the village of Sala and make it into the capital city of my kingdom with the name: The city of SURAKARTA HADININGRAT. May it spread to the whole country of Java. Plant my Dewadaru and Jayadaru (banyan saplings) at the front royal square. Plant the other two banyan trees at the back royal square.''
(Courtesy tourist office Sala)

Firewood from banyan tree is very speical in Homa healing pyramid fires as it increases the medicinal quality of the fire. This is the reason why banyan is held in high esteem in the process of atmospheric purification. Carrying banyan saplings in a procession and making rice offerings are the remnants of ancient YAJNYA tradition which was a common practice to purify the atmosphere.

At the juncture of two seasons when there is more likelihood of epidemic, medicinal yajnyas were done in old days by adding medicinal herbs to the fire with special mantras. Since the disappearance of these Yajnyas there is no potent antidote left for atmospheric pollution. Is it a mere coincidence that Vasant chose this place to spread the message of healing fires in Indonesia? Perhaps not, if we think a little deeper.

Vasant arrived in Surakarta on 25th April, 1983 not knowing anybody and met Mr. & Mrs. Um Bing and gave the first Homa talk in their house with Patty Berk, a friend of the family, acting as interpretor. Next day 26th April he met Mr. Suyono Hanongdarsano, an humble philosopher with much learning who was of much help always to visitors from various countries. Same day Vasant met Mr. Hendra Tjokrodipa and his wife Laura. This couple owns a mansion built in old days as an extension of the Royal Palace walls which was formerly used as a residence for the prince. Vasant Explained to the couple HOMA therapy and the need for planetary healing through Yanjnya. Mr. Petrus Dharmakusuma was much helpful in arranging the next early morning HOMA fire meditation in their mansion at a place chosen by Vasant. This was the hall where 'gamelin' orchestras used to be played.

April 27th 1983 was the full moon day of the lunar month of Vaisakh i.e. the day on which Buddha was born, day on which Buddha got Bodhi under the sacred Bodhi tree to begin his mission of mercy and also the day on which Buddha left the body. On this day at 5:39 a.m. under the banyan tree in the house of Mr. Suyono Hanongdarsano sunrise Agnihotra purification fire was perfomed before a group of people belonging to different faiths. The sunrise timings for the place were selected by a pocket computer. Exactly at sunrise special conditions of atmosphere prevail which last for a short time band and Agnihotra is tuned to this moment.

Inspired by our experience of HOMA therapy, myself and my wife Ingrid decided to go on a world tour with a view to meet people in different countries who practice HOMA therapy and also to teach new people. We arrived in Indonesia in the beginning of December 1983. From Jakarta we took a train to Solo, also known as Surakarta. After the 14 hour journey we arrived is Solo and met some people whom Vasant had met in the beginning of the year. We first went to the house of Mr. Suyono Hanongdarsono. It is a nice house. We visited saw the banyan tree in his garden which was referred to above.

At sunset we performed Agnihotra with Mr. Suyono, one visiting priest and a woman from Australia. After Agnihotra and meditation everyone could feel the calm and relaxed atmosphere. We spent many hours the next day speaking about Agnihotra, the ancient healing pyramid fire.

One day Mr. Suyono Hanongdarsono invited a group which included a man who experiences subtle energies in a special way. We met in the garden under the Banyan tree and performed Vyahruti Homa, a healing fire which can be performed at any time other than sunrise/sunset.It seemed to create a very harmonizing atmosphere around us. When the fire was over Mr. Suyono asked this man what he had experienced during the Homa. He replied.

"I could see green light above the copper pyramid and the energy from the earth was influencing the basic chakra and forcing the rise of the Kundalini. This energy also is effecting plants around and is harmonizing everything".

We come together in the evening for sunset Agnihotra and everybody was courious about what this man would experience during Agnihotra. Exactly at sunset I sang the mantras and put two portions of rice-ghee mixture into the fire. We had a short meditation and waited until the fire went out. Again Mr. Suyono asked him about his experience and he replied.

"After the mantras were uttered I saw a yellow, golden light above the pyramid and energies were coming from the sun. The energies were not effecting a particular chakra but were all together in the same manner very, very positive".

It was interesting to note how this description differed from his experience with the other Homa. Again people were much surprised to hear what a great effect occurs with such a simple process.

The elderly priest got a copper Agnihotra pyramid and invited us to meet the chief of his group in Solo. Most of the time however we were at Mr. Suyono's house for talks on Homa Therapy.

We also performed another Homa called Om Tryambakam Homa which is a very healing fire when done in a place where daily sunrise/sunset Agnihotra is performed. Public healing places can be established by performing this Homa four hours daily and 24 hours on full moon and no moon days. This creates a very powerful healing atmosphere.

The people were very interested in ancient, revived method of healing pyramid fire and we taped Agnihotra, Vyahruti and Om Tryambakam mantras and practiced them together. Perhaps a public healing centre will start there soon.

We spent about six days in Solo before returning to Jakarta to continue our travel around the world to visit people practicing Homa healing fires.

[US Satsang, Vol. XII, No. 2, June 7, 1984]

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Bharatiya
Satsang

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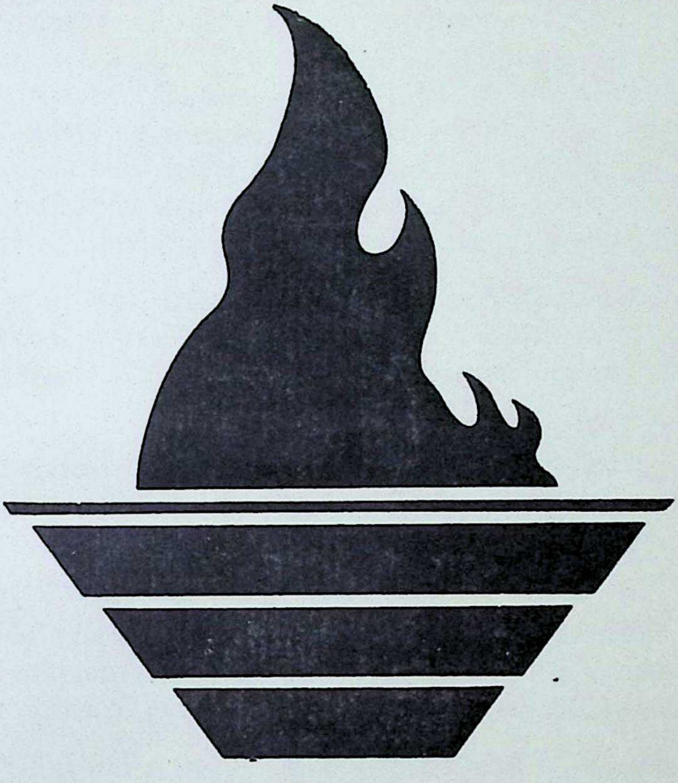

THE KINGDOM OF HEAVEN IS NEAR AT HAND

Bharatiya
Satsang

July 1984 New Era 41 Vol. V. No. 2

Let Us Harmonize With The Change

(Vasant's message at the conference on atmospheric healing, Shivapuri, Akalkot, India, Christmas 1983)

In this world at present the forces of evil are very powerful. Human greed and avarice have led to destruction of environment via pollution of every element which makes up our environment. Our land resources, water resources, the air we breathe - all are polluted. This contaminates the food that we eat, the very soil in which we sow seeds to grow our own food. Something must be done. So we must become involved in environmental studies and groups which are pushing to prevent such destruction on environment. It is important. Now we need to introduce a solution to the problem as well. The solution is *Agnihotra*....

Where industrial wastes have been carelessly disposed of, barium and cadmium become catalysts and cause a change in the geneological structure of man. There will be many new mutations found in newborns.

Elements of nature are changing. Barium and cadmium are fusing, becoming a new element. In large quantities this new element becomes hazardous to health. It will be found in several places in the world in large concentrations.

New chemical reactions will begin to develop in a peculiar way, giving results in a different way than they ever have (like a new ingredient is added). Some reactions will not give the same results twice.

Metals fuse. Barium is fusing with copper and gold, destroying their beneficial properties.

Barium, cadmium and oxygen fuse to form a new metal, a new element. Where are these things coming from ? The natural cycle is so disturbed, anything could happen. The only way to set things right is to perform this concise Agnihotra given for the first time to mankind by Parama Sadguru Shree Gajanan Maharaj.

More elements begin to fuse. Now we have to see to what level and to what degree. Barium now finds it difficult to stay bonded and, hence, seeks new avenues of fusion.

Elements now begin to change in space forming new compositions.

Elementary laws of physics are changing regarding molecular movement and the position of neutrons and electrons in association with atoms of certain special elements. The rate of movement of molecules also changes with catalysts such as temperature. In other words, the rate of movement of molecules also changes with catalysts such as temperature. In other words, the rate of movement of molecules is changed permanently thereby changing the nature of certain substances. *The only way to avoid destruction is to harmonize with the changes through performance of Yajnya.*

Yajnya (Homa) brings everything in nature into balance.

A shell is forming around the earth. It means disaster. *More people should perform Yajnya now.*

Time is running out now. We have to begin to think in terms of bringing people back to a way of life as prescribed in Vedas that is in harmony with nature.

Tremendous canyons are created in the earth's surface. There is much radioactive disturbance taking place now in the earth's core.

Herds of cattle will begin to die. They will survive in Yajnya atmosphere. Birds find shelter and healing energy coming from Agnihotra pot.

One can easily see the effect of *Yajnya* (*Homa*) on plants. Birds would be another means by which one could measure the effect of *Yajnya* on living organisms. Agnihotra pot is a generator for life-sustaning energies.

Electromagnetic fields are changing and causing disturbance in communication on the planet.

DNA, the life stuff, changes to trioxyribonucleic acid (TNA) and all life starts to disfunction. Only way to help set things right is by performance of Agnihotra.

Weather is changing earth begins to shift on its axis.

A clock is like the gear system of nature. A spring has broken and it soon stops running. The only way to replace the spring is by performance of *Yajnya* (*Homa*).

Time is not coming. Time has come. A New Era, a new generation, a new tradition.

It is time the new race is born and we make a beginning in a proper way as it is stated in Vedas.

Lasers of light are being beamed to this planet from other planets in other systems. This is the only way to describe the phenomena with the limitations of language. These lasers carry a message that is injecting our atmosphere and causing change. The change is beneficial because it is some higher form of life transmitting certain special Veda mantras that are seeding our atmosphere with vibrations of love. This is done under the direction and command of Parama Sadguru Shree Gajanan Maharaj. Those that are ready will hear. Those that have love in them will be gathered up and protected. The earth is on the brink of disaster, destruction.

Because there is so much stress in the environment – it is everywhere – we have designed the discipline timings for meditation; if followed, they have a cleansing effect on the mind and body. If you do these timings you will see how much calmer the day goes, even if things do not happen exactly as you planned. You will find it easier to face change and daily life situations.

Grace has descended on the planet and the kingdom of bliss is just around the corner. If we follow the discipline schedule of *Homa* and meditation, we shall be able to harmonize with the New Age without any pain.

Love is the message given by all prophets, all saints, all Avatars. *Train your mind to react with love to each and every circumstance in life.* This is the key to happy life on the planet. *Agnihotra* Yajnya is the best material aid for this mind training. We ask the scientists to tell us if they know of any better way. We are ready to learn.

[US Satsang, Vol. XI, No. 22, April 5, 1984]

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Christmas Prayer

(Monica Jehle's Christmas prayer at Shivapuri, Akalkot, India, Christmas 1983)

Lord, pour into me the light of living, the fire of baptism, the spirit of redemption, that I no longer wait in the valley of damnation but walk on the summit of redemption, where *You* take me back into the kingdom of spheres, which was and is since beginning. *Aum. Lord*, show mercy to *Your* nation. Take the darkness away and fill the air with

Your fragrance and *Your* glory. *Aum.* Halleluja. Praise the *Lord*, because *He* has done good for *His* nation. *Aum.* Praise *Him*, who is born again the Light for us. *Aum.* Halleluja.

Only when the calmness of the most inner is reached (to be free of attachment, passion, desires, possessing, imaginations, etc.) and the sea of mind lies without any movement, I can be reflected by it without any distortion. Only then the teacher can lead the disciple further to new lands, as only then the disciple has the attention free to receive the higher. So, learn to keep your inner sea without movement, that the *Lord* may show you *His* image. Learn to give away all objects of your attention without attachment to them, that your attention will be empty, that the *Lord* may show *Himself* to you. Learn this in the will of our Master, because it is allotted to man. *Aum.* Halleluja.

Let the *Lord* (Holy Ghost, the Word) roar through cells of your brain. and you will experience that their activity transforms and that they suddenly manifest different abilities, can perceive other things. The roaring of the true spirit transforms and leads man to his true destination. *Aum.* Man is no longer a developed animal but a separate class with his own task and aim. He only experiences pain as soon as he forgets this goal and romps in the dust of earth, morass of senses. Therefore build up yourself in your full greatness, possibilities and be your destination: conscious mediator from subtle to matter. *Aum.* Avoid your pain because it must not be you only do it to yourself as you forget your task and use your instrument wrongly. When I use the hammer given to me and always beat my head with it, I am not to be surprised about my pain. However, when I use it to fulfill my work, it helps me a great deal and is irreplaceable. So it is with the human body. Respect it as very good instrument, but don't use it to bury your spirit. *Aum.*

Purest joy and bliss gushes forth and sprays like a fountain of everlasting, splendid light as soon as *My* image appears in the quiet sea of your being. *Aum.* It is the true source of the new life, the real refreshing, the new power and joy, the blissful peace and greatest light. Keep our inner sea quiet, that *My* image perfectly shines. *Aum.* Because *My* perfect image owns *My* perfect *Being*, you leave your limitations and become *My* infinity. *Aum.*

Live your life according to *My* plan, according to *My* rhythm, in *My* vibration. Let only *Me* be your all-deciding power. Keep your innermost sea always perfect and quiet that it can reproduce perfectly *My Being*, *Aum.*

You need not specially concentrate on the thought "through-flowing of power." Keep yourself only always attuned perfectly to *Me*, turned to *Me, Being Me*, so automatically *My* power and *My* blessing flows out of all your pores, out of all your life utterings (life-manifestations). *Aum. My* might and power are so all-penetrating that nothing can resist it. *Aum*.

I *Am* the Almighty, the eternal *One*, the all-penetrating, all-containing, all-embracing *One Aum*. How can you, men, dare to separate *Me*, the unity, into different religions, different gods, different laws, when *I Am* the unity, *The* Law? *Aum*. Woe be to all who pay homage to the separation and splitting of themselves. *My* law will reach them, and they will get their reward, because *I Am* the absolute unity without separation *Aum*.

Woe be to those who persist pigheaded in their pursuit of God and damn all else. Woe be to those who press *Me* into one single scheme. *My* Law will reach them, and they will receive their reward, because *I Am* the variety, the unspeakable multiplicity. *Aum*.

Children of man, remember well : *I Am* who *I Am*. Human brain cannot grasp perfectly *My* *Being* and so only can discover a distorted partial truth which, however, is not adequate to *Me* and is therefore separated from truth. *Aum*. Know this on the day of *My* appearing in you, around you, in your sphere, that you behave right when I come. *Aum*.

When you do a deed, do it so that it does not depend on a long time, large space, much beauty, etc., but only the depth of the quality of devotion, because in *Me* there is no time, no space, no outward judging. Only the degree of truthfulness is *My* measure. *Aum*.

Give to the body of a true saint all honor and all respect. Because *He* is the only material through which I can manifest *My Being*. *Aum* He is the direct channel from *Me* and, therefore, has the claim to that, how a man would behave towards *Me Aum*.

[US. Satsang, Vol XI, No. 22, April 5, 1984]

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Vegetarianism - Reverence For All Life

(Excerpts from the book *Reverence for All Life and Vegetarianism.*)

Clare Rosenfield & Linda Segall

Q. How can we live in this world without causing violence?

It is true that just by breathing, using water, treading on earth, and taking plants as food, we are causing lives to be lost. The emphasis lies in reducing the harm we do to a minimum in order to survive.

We have to make a choice. Rather than take the flesh and blood of animals who have already evolved all five senses and a highly developed brain, whose nervous system and emotional life are so similar to ours, and in whose veins blood runs, as in our own, we sustain our bodies with the help of the bloodless plant kingdom, which has not yet developed any of the senses of taste, smell, seeing or hearing.

The more sensory apparatus, the more a life form can be sensitive to pain. Since fish, birds, and animals are equipped in this way, we refuse to be a cause to their agony and pain. Also, when we observe how dearly animals cling to life and struggle to survive, how much they are dominated by fear, we drop any notions of using or exploiting them. We feel for their helplessness in the face of man's gluttony, greed, and callousness; we want to see them live unmolested.

Q. What do vegetarians eat?

The staples of a vegetarian diet are grains, legumes, vegetables, fruits, nuts and seeds. Protein complementarity is achieved easily through a wide variety of combinations in particular, grains and legumes. Legumes such as lentils, split peas, garbanzos, soy, kidney, black, white, and mung beans can be turned into soups, casseroles, and veggieburgers, and served with whole grains such as rice, barley, corn, wheat, millet, oats, and others. The nutrition-minded mother can create nut and seed butters from sunflower, sesame, cashew, almond, and other seed sources for school lunches on whole wheat bread. Sandwich spreads made from soy tofu, avocado, and humus, for example, also go a long way as dips or as salad dressings. The above-mentioned foods are high-quality proteins which supply a wide range of vitamins and minerals.

We do not need as much protein as we have been led to believe. In fact, too much, as found in a meat-centered diet, creates excessive uric acid, a burden on the system and a breeder of disease.

Many raw vegetables - cabbage, carrots, beets, zucchini, celery - can be grated or sliced and added to mixed greens with fresh tomatoes, peppers, sprouts, and sunflower seeds. Avocado has been lauded as a complete food. Iron-rich green leafy vegetables squashes, broccoli, cauliflower, potatoes are among the most nutritious vegetables to be baked or steamed. Fruits in season are nature's vitamin supplements, and for some people, the staple of their diet.

When plants are the direct source of nourishment, they provide the most efficient fuel for maintaining the body in a state of well-being. Witness the elephant, bull, gorilla, and horse, along with many other of the strongest animals; all are vegetarians, gaining their nutrients from plants; we can also. Plants receive energy directly from the sun, air, water and soil, which gives them the capacity to transmit vitality and energy to us. By the time plants have been digested by animals, their original energy has already been used up by the animal. Humans who ingest flesh foods are, therefore, taking plants in a secondhand, devitalized form.

Q. What are the health benefits of a vegetarian diet?

More and more doctors throughout the world are finding that those who eat a high-fiber, plant-based diet are automatically eating less cholesterol and fat, and are less likely to become victims of heart attack, cancer, high blood pressure, hypertension, and other diseases. Studies reveal that the lower one eats on the food chain, the less pesticides and chemicals one ingests and retains. Highly toxic concentrations of sodium nitrites, arsenic, antibiotics, and growth stimulants (DES, for example, which has been banned in thirty-two countries) which are added to feed grains are retained in the flesh of cows, pigs, sheep, chickens, and others. New breeds of antibiotic-resistant bacteria which are created present another human health hazard. Synthetic chemicals, mercury, and toxic wastes from industrially polluted waters are found to be highly concentrated in fish and shellfish.

Even in one's senior years, health and clarity of mind can be enjoyed when the body is nourished with pure and bloodless food. These results are the rule, not the exception. An old age lived in sickness, senility, and boredom is not inevitable in human life. If we live properly, respecting the body's needs for enough water, rest, fresh air, and exercise, and if we tune in to which foods are best assimilated and most nutritious for us, we can remain healthy and energetic till our last days. When we live in vitality and reverence, our body becomes our temple, radiating well-being and harmony.

Q. Do vegetarians care about people, too?

The choice of a vegetarian diet is an expression of a sincere consideration for the ecology of the planet as well. It suggests a more equitable means to produce, share, and distribute food among all nations. The growing of plants produces more food per person on less land. It takes seven acres of grazing land and ten pounds of vegetable protein to end up with one pound of meat, whereas only one acre of land can harvest four hundred-and-fifty pounds of soy protein.

Even the amount of water needed to produce one pound of meat is at least twenty times, and sometimes one hundred times as much as is needed to produce one pound of wheat or rice. Slaughtering plants require hundreds of millions of gallons of water every day. The wastes in these places, estimated at about two billion tons a year, mostly end up in waterways, polluting and killing thousands of fish, and creating a human health problem.

Q. How can vegetarianism lead us closer to world peace?

In the U.S. alone, about 134 million mammals and 3 billion birds are slaughtered each year for food. Almost all are subjected to an assembly-line process. Chickens, turkeys, and other birds hang by their feet from a moving conveyor belt as their throats are slit, the blood drained out, and the feathers removed. Cattle are branded with a red-hot iron, dehorned, and castrated before being sent to feedlots. Millions die before ever reaching the slaughterhouse due to stress, the trauma of overexposure to heat or cold while being transported without food or water for one to three days, disease, or brutal handling. Cows, calves, sheep, and pigs are killed either with a sledgehammer (still the most primitive and widely used method) which may take several blows, a knife (used on fully conscious animals who are hoisted up onto a conveyor belt by one leg so as not to fall in the blood of a previously slain animal), or electric bolt pistol.

But we need to claim responsibility, at least in part, for whatever we do, whether it brings good or painful results. In this way, we will remove the blinders from our eyes. We need to see clearly that the misery we are inflicting on others by default is already coming back to us like a boomerang individually and collectively. Then we will not be afraid to acknowledge that, indeed, the causes of war are in us and that the greatest cause is this: ignorance of the preciousness of all life.

It takes courage to take a long look at our weaknesses, at our callousness, at our desire to avoid, shirk, and postpone responsibility. But the secret is that once we look at it, we are no longer in ignorance. The thorn in our consciousness is removed, and with it, the cause of our pain. This is what it means to experience the dignity of our own life. Then we cannot bear to cause pain to anyone and we stop violating the laws of life. The seeds of war cannot grow in such a gentle and aware consciousness.

Rather than waiting for others to change, we must start with ourselves. When we diminish the violent vibrations accumulated in body and mind, we start releasing our own healthy and positive energy. This creates a magnetic field around us which attracts vibrations of health, peace, loving kindness, and balance to us.

To those who disagree with us, we listen with understanding and unconditional friendship honoring the life in each individual. Rather than be dogmatic or argumentative, we live and allow others to live. They have a right to their own thoughts and opinions. But we remain free from creating wars in the name of some patriotic, economic and religious duty; peace will come in time by our valuing life above and beyond all other priorities. With this conviction, we plant seeds of loving kindness and trust nature to take care of them.

The liberty and equanimity of our spirit will ultimately make the greatest contribution to both our personal peace and peace on earth. As more of us realize and revere the intrinsic sanctity of all life, the collective power of our loving kindness can reach into all corners of the universe and heal it with its peaceful balm.

[US Satsang, Vol. XI, No. 22, April 5, 1984]

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Thou Shalt Not Kill

Barry Rathner
U. S. A.

Occasionally some people ask whether it is necessary to adopt a certain lifestyle in order to practice Agnihotra. "Must I stop drinking liquor or stop smoking dope or stop eating meat in order to do Agnihotra ?" are some questions asked. The clear answer is "No !" One can and should practice daily sunrise/sunset Agnihotra regardless of what kind of habits are indulged in. Often the answer is lengthened however with the statement "But please don't be surprised or blame me if you find yourself automatically reducing or stopping many of your 'bad' habits".

It is for this reason in fact that many are thankful for their discovery of Agnihotra. Agnihotra gives the mind a push in the direction of love. As one becomes more loving towards himself and others, he is more inclined to act in ways more in line with better MENTAL & PHYSICAL health. He finds that the elusive "peace of mind" we all search for is not entirely independent of his style of living. He thus begins to question some actions as e.g. diet.

In this age of instant communication few of us can claim ignorance of most matters relating to diet and health. School children can probably rattle of the latest government list of carcinogens in food as easily as the ABC's. The message on cigarette packs is nearly as clear as it is unheeded. So perhaps the second dimension here after awareness is "Can I really stop smoking so much?" or "Can I really stop eating meat?"

As thousands all over the world can attest – AGNIHOTRA IS NOW PERFORMED BY PEOPLE WHO SPEAK EVERY KNOWN LANGUAGE ON THE PLANET — Agnihotra helps one become more disciplined. It helps control anger, greed, jealousy, pride, lust and attachment. It helps control diet too.

Buddha stressed Ahimsa, non-violence, as the virtue of all virtues. The first of his ten precepts states "You shall kill no creature. You shall have regard for all life".

Yet when we look around us we see wholesale (and retail) killing everywhere from the streets of Beirut to the battlefields of Irak/Iran to the dead cows lying disguised as Big Macs at McDonald's. It isn't difficult therefore to confuse the concepts of "normal" and "average" and their relationship to proper behavior or health.

In an interesting article in Prevention magazine William P. Castelli, M. D., medical director of the Framingham Heart Study explains that statistics tell us what is average but when doctors take it a step further and label this "normal" it creates the impression that it is healthy. "Not when it comes to your health", says a cardiologist. "Normal means a lot of different things to different people. In Biafra it's normal to be malnourished. In Ethiopia it's normal to be hungry. In the United States it's normal to die of a heart attack".

In America it's "normal" to eat meat two or three times a day, to put a lot of butter on your bread and baked potato and so to salt your food heavily. It's also normal to use sweets as energizers, to eat 600 to 800 milligrams of cholesterol a day and to consume over 40 percent of your total daily calories as fats.

But the president of the American Health Foundation says "We must get away from using the terms average and normal when we talk about health. Instead we should aim for optimal levels".

This misleading concept of normality has led to a revision in weight charts which indicate that it is o.k. to be as much as 13 percent heavier than the 1959 charts indicated. In fact animal studies have confirmed that thinner is healthier. Restricting adult mice to a diet containing about 60 percent of the usual calories not only increased their life spans significantly but also reduced the incidence of lymphatic cancers (science, March 12, 1982).

"Extrapolated to humans", Dr. Castelli says." it could mean a life span 50 years longer than it is today. What it actually comes down to are risk factors. Do you want to be satisfied with having an average level of risk for disease ? Of course not. You want to do better than that".

Many studies have shown a relationship between consumption of meat cured with nitrites and certain cancers. Others have theorized that man's teeth structure indicates he wasn't intended to eat flesh. In the Sermon on the Mount (Essene version) Jesus speaks clearly and at length about the putridness of eating meat and describes in details how its process of decay in the body should turn anyone away from such a practice. Before farming practices were known some may have had a point in saying that eating meat was necessary for man's survival. That is clearly not the case today. In fact it may be exactly the opposite. A natural food diet may be indicated for optimal health.

A few years ago SATSANG stated in a brief note that it is dangerous to consume fish now as pollutants in the water are concentrated in the fish. In a frightening article "A Cancer 'Epidemic' in Fish" (Newsweek, February 20 1984) it says that eating a one-pound fish from Lake Ontario is equivalent to drinking as much as 1.5 million quarts of that polluted water.

In studies done in New York's Hudson and Buffalo Rivers and Ohio's Black River more than 80 percent of certain fish have skin or liver tumors.

Nothing good ever comes from killing-whether it be fish for your dinner or whatever !

In the Old Testament a prohibition against consumption of meat and milk products together is written. As stated in The Jewish Vegetarian (Spring, 1984) "it applies to those who have not yet evolved from carnivorous practices". Since milk is the very substance which nurtured the animal it is thought to be a desecration to combine it with eating meat which is in fact the slaughtered animal's body. This law "strikes at the very root of conscious existence, outlawing selfishness and oppression by the strong over the weak; it illumines the source of love and harmony in human and non-human relationships".

Now some of us are experimenting with the next step beyond vegetarianism which is eating mostly or exclusively raw food diet. It isn't easy to change food habits but with Agnihotra it is easier as it's easier going to be. It isn't done overnight but slowly and with full co-operation of the intellect and at a pace which suits the individual, success can be had. This is Tapa, the third aspect of the FIVEFOLD PATH.

Thou Shalt Not Kill—other living creatures (or thyself through wrong eating practices)

[US Satsang, Vol. XII, No. 3, June 21, 1984]

* * *

Total Compassion or Total Misery

Noni Ford
USA

Compassion is defined as sympathetic consciousness of other's distress together with a desire to alleviate it. An understanding of compassion begins with an intellectual look at how things are and what things are. Some very, very simple thinking should convince us, especially now, that the material world is nothing but misery–total misery. What we call pleasure is always followed by pain and seemingly, in disproportionate amounts. But we do not pay enough attention to our experiences. The things we experience today are absolutely, the result of our own past actions. Wherever we find ourselves today is exactly prescribed by the law of Karma or as stated in the Bible, "reap as you sow". There is just no way around it because this is the basic law. True science lies not merely in seeing things but perceiving things.

Just look at this life. Anything can happen at any moment to anyone of us. The things we depend upon—wife, husband, parents, children, friends, bank balance, career—may change at any moment. We see that these things do not last. They do not have the same value that we put on them, especially now in this period of such great turbulence, so much sickness, suffering and disease.

First comes the recognition that everywhere there is true and total misery. If we just look at it, we will recognize the great price we pay, as if the nose is tied to the grindstone all the time. You say that you are living this way because of your family. You say you are doing it because of your children. But let us probe a little deeper and see what is happening. You love your wife not for her sake; you love your husband not for his sake; you love your child not for your child's sake; you love your parents not for your parents' sake. You love them for YOUR OWN SAKE. This we can verify with only a little thought.

When you know by your experience that life is true misery, then you can begin to focus on why. One explanation relates to our desires. We have established a pattern of longing for things, one thing after another. We hanker after things which we may or may not get. There is so much desire for so many things in life in this world. If we get what we want, then we desire something more. If we do not get what we want, we become angry. So long as this pattern continues, we will not be happy. How much longer can we afford to spend our energy on accumulating material possessions ? When will we stop abusing people and then realizing that the value we put on them does not exist ?

One thing we can do immediately is to cultivate the practice of showing compassion. COMPASSION IS REQUIRED. All our efforts, the disciplines we do, all this Homa we practice daily must take the mind not only into a state of higher knowledge but ultimately, to a state of TOTAL COMPASSION. When we have that state of total compassion, nothing else is required. There is a story which comes to us from the east. The story is associated with the teaching of yoga and meditation and is told in various traditions. According to this story, there was a boy who knew he was a waster. He was wasting his life doing things he knew he should not do. He knew. Intellect told him so. Still he continued doing wrong things, things which harmed him and affected his Karma and others.

Ultimately he decided, I have wasted my body, mind, money and everything. I am in the grips of all this suffering. There is no way out for me. Then let me go into an Ashram. So he went. He waited three days out in the snow because he was not permitted to enter the Ashram. Finally, the chief of the Ashram let him in and listened to the boy's introduction. Then the chief asked him what he would like to do at the Ashram, what game he would like to play. The boy replied that he knew chess very well and would like to spend his time there playing chess.

The chief then called for an elderly man who was living at the Ashram for many years. This man had spent most of his life in the service of mankind. He had been doing mediations for many, many years. He, also, liked to play chess. The chief instructed the boy to play chess with the elderly man. And that is how he would start his Ashram life.

Then the chief became stern and strong. And he came with a big sword and said, "Both of you play chess now. And whoever loses, I am going to cut off his head". And you know, in those days, whatever the chief decided, he could do. The boy, of course, knew chess very well. He started to play. The other player was elderly and perhaps, because of his age, might be at an advantage. When the boy thought that he might lose, he started to concentrate totally on the game because he would lose his head.

Then because of this intense concentration and knowledge of the game, the boy started to win. It looked as if he was definately going to win the game. Then, at that moment, the boy felt, "If I win this game, this poor old man is going to have his head cut off. All my life, I have not done anything good. And here is this old man who all his days has been meditating, helping people and doing good things. His head is going to be cut off because of this game and me I am such a bad person; why should I not die ?"

At that moment, the boy had COMPASSION for that man. The chief of the Ashram saw this as he came and removed the board and threw it away. He said that nobody won the game. But he said that the boy had learned two things—one was concentration and the other was compassion. He was ready to give his own life for that oldman. If you have compassion in you, then everything is done. You do not require anything more. Automatically grace is there. You will be surprised how it works.

We have to understand intellectually, to start with, that we have to cultivate this attitude and then see how far the emotions, our instincts and our volition cooperate with the intellect. Only then are we able to take a few steps and that's progress. All the disciplines that we do should be aimed toward this goal. By practicing Agnihotra and the Fivefold Path, we will be able to elicit a profound cooperation, a profound harmony between emotions, instincts and volition on the one side and the intellect on the other.

In our relationships even with friends, neighbors or loved ones sometimes some misfortune comes to them and they call on us and start telling their story. Perhaps you have noticed that as they tell their tale of woe, for a moment you seem to feel happy. Just for a moment but still there is a somewhat pleasureable feeling that you have. It is only for moment. And then the second moment comes; the normal reaction comes, "Oh, how sorry I am that this is happening to you".

Where does the initial reaction come from. We can view it clearly and a lack of compassion. We can and must, however, get beyond this experience. For this purpose, the disciplinas have been given. The daily practice of morning and evening Agnihotra, 24 hour full and no moon Homa and strict observance of the daily meditation timings will prove invaluable aids. Even if we are at work and cannot sit in meditation for fifteen minutes, we can sit for just one minute we can sit in mediation and help will be given. IT HAS TO BE TOTAL COMPASSION. NOTHING LESS WILL DO. WHEN WE ARE IN THE STATE OF TOTAL COMPASSION, AUTOMATICALLY WE BECOME INSTRUMENTS OF GOD THROUGH HIS GRACE.

[US Satsang, Vol. XI, No. 24, May 3, 1984]

* * * * *

Richard Powers
USA

Agnihotra Ash

People from all over the world are discovering the benefits of taking Agnihotra ash internally. Yet some of us are reluctant because of its gritty texture. The following is a clean and simple method of preparing Agnihotra ash that produces a fine powder easily ingested :

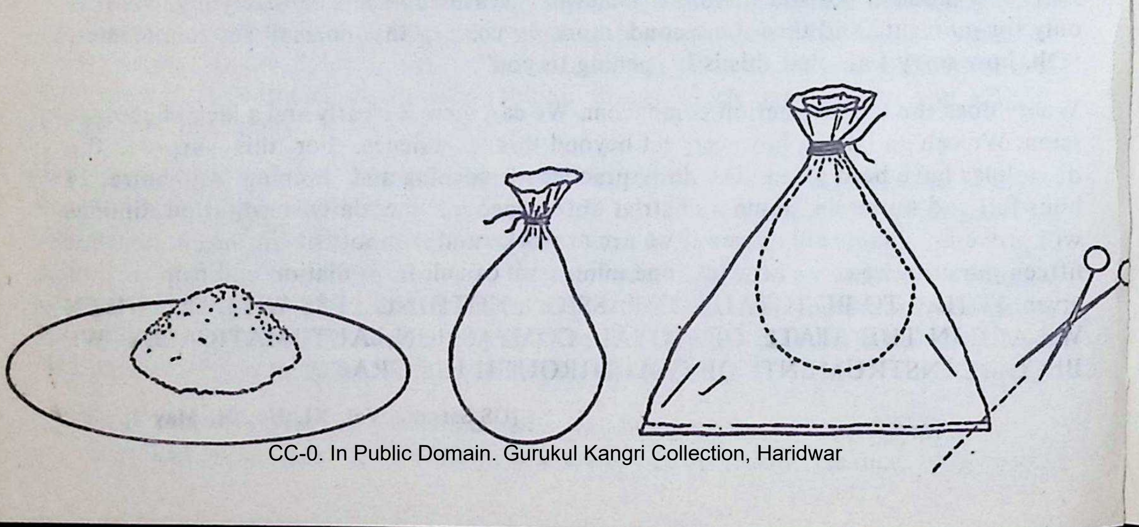
Cut a piece of tightly woven cotton cloth in a circle about 18" in diameter. Place four to six cups of Agnihotra ash on it and gather the edges together. Tie the cloth tightly with string or heavy tape about 3" down to make a "handle" Place this bag tightly in the same place.

By holding the "handle" firmly and kneading and shaking the bags, very fine Agnihotra ash will filter out of the cloth bag and collect in the plastic bag. Snip the corner of the plastic bag to empty it, and re-tie it for future use.

The weave of the cloth will determine how fine the Agnihotra ash will be. The fine powder can then be mixed with honey to make a fairly palatable product. As an alternative, Agnihotra ash can be powdered by using a mortar and pestle.

An Ayurvedic remedy that people have been using for centuries is aged ghee. Ghee is clarified unsalted natural butter which is an ingredient in the process of Agnihotra fire wholistic healing. Simply take a jar of ghee, cover with cloth to allow air to penetrate, and store it for at least five years, though preferably for seven or eight. It will eventually turn white, Ghee has been found to be excellent in healing burns.

[US. Satsang, Vol. XI, No. 20, March 1, 1984]



1. Yajnya (Agnihotra, the smallest form of Yajnya)

The ancient science of bioenergy given through the Vedas states that there are numberless billions of solar systems of which our planet is a tiny speck. The layer of useful atmosphere surrounding our planet earth is a very thin layer. Any change induced in this layer of atmosphere automatically leads to corresponding change in *Prana*, the life energy that pulsates through us all and connects us with the cosmos. Prana and mind may be taken to be like two sides of the same coin and hence the change in atmosphere is automatically transposed to the realm of the mind.

The Vedic science of Yajnya states that mind is affected by rhythms of nature corresponding to undulations of our planet. Yajnya is a process based on biorhythms of which man is a prisoner. Various rhythms of nature corresponding to the rotation of the earth and other cosmic objects affect human body and mind. Burning specific subtances into fire and uttering certain Mantras under the conditions of certain rhythms of nature produce specific effect in the atmosphere. This is the modus operandi of *Yajnya*. The resultant effect is carried to the realm of the mind and mind becomes tranquil. Our happiness depends on the reactions of the mind and hence, Yajnya is a material aid to happy life.

Agnihotra is the smallest form of Yajnya based on one circadium rhythm corresponding to sunrise and sunset.

At sunrise the many fires, electricities, ethers and more subtle energies emanating from the sun extend all the way to the earth and produce a flood effect at those coordinates where the sun is said to rise. It is awesome. The flood enlivens and purifies everything in its path, Destroying what is impure in its wake. This torrent of life sustaining energies causes all life to rejoice. At sunrise that music can be heard. The morning Agnihotra Mantra is the essence of that music. It is quintessential sound of that flood. At sunset the flood recedes.

Thus, burning of specific substances and uttering of Mantra are to be synchronized with the timing of sunrise and sunset. This in short, is Agnihotra, the smallest Yanjya which anyone in any walk of life can practice with a little effort

The fire is to be prepared in a copper pot which has a semi-pyramid shape. The metal and the shape have an effect on the subtle energies which induce change in the atmosphere leading to beneficial change on the mind. Agnihotra is a great material aid to unburden the mind and you begin to feel free. *This leads to Contentment in life since a push is given to the mind to react with love.*

Agnihotra is also a process of fumigation which affects the intensity of pathogenic bacteria. Agnihotra atmosphere gives nourishment to plant life. Within three weeks you can notice the effect on plants if they are kept in a room where Agnihotra is practiced regularly. Agnihotra atmosphere results in better absorption of sun's rays by the water resources on earth. Thus, the energy cycle of the planet is kept in rhythm.

Pollution in the atmosphere has a dastardly effect on the human body and mind and hence we witness so much misery despite material plenty. Agnihotra puts the whole process in reverse gear and you feel free and happy. If you practice Agnihotra you might very well say goodbye to psychiatry troubles. When the tension on the mind is lessened one-pointedness of mind is achieved.

Hence, Agnihotra is a great material aid to happiness.

Our breathing is connected with the phases of the moon. A definite change in breathing rhythm takes place exactly at sunrise. If you are in bed at sunrise the change may not be as nature has planned it. Practice of Agnihotra automatically insures that the change in rhythm will be in tune with nature. This avoids the disharmony in equilibrium and thus proneness to disease is lessened.

Practice of Agnihotra leads to a happy state of mind and you automatically begin to experience more love. Anger and envy are lessened. What cannot be achieved by reading several books or listening to several sermons is achieved in a short time by practice of Agnihotra. Agnihotra makes you a better person in your family. The reason is simple. It is transformation of the mind. Agnihotra is an exact technique for psychophysiological victory over passion and greed.

Thousands of families in America and several countries of Europe are practicing Agnihotra.

Automobile pollution, pollution due to exhausts from factory chimneys, water pollution, noise pollution, nuclear radiation has terribly disturbed the useful layer of atmosphere around our planet. Many species of birds and fish are disappearing. All plantlife is unhappy. The ancient science of Vedic Medicine called *Ayurveda* states that if the atmosphere is starved of the nutrients which result from *Yajnyas* we experience baneful changes in the atmosphere, the seasonal cycle is disturbed and the medicinal qualities of plants deteriorate. *Ayurveda* comes from *Atharvaveda* where the science of bacteriology is given.

Modern medicine is slowly veering towards the Vedic science of medicine and growing aware that health is influenced by subtler atmospheric forces of which it knows little. Many biological activities correspond to rotation of our planet around the sun. This leads to intensity undulations in performance ability. Manic depression, hypertension and several other disorders are influenced by changes in biological activities that come about due to undulatory planetary cycles. Agnihotra is based on one such cycle called a Circadian Rhythm (rhythm around a day). The specific conditions of nature at the critical points of sunrise - sunset, the effect of burning specific substances in a pot of prescribed metal having a prescribed shape and size and utterance of specific vibrations have a combined effect on the atmosphere. This affects the biological functioning and gives a push to the mind in the direction of *Love*. If practiced regularly as a part of the Fivefold Path it improves meditation. Then the stage comes when no special meditation sittings are necessary. All the reactions of the mind spring forth from *Love*.

Today we notice that there is more disease despite advances made by the science of medicine. There is more cancer, leukemia, respiratory ailments and miscarriages. Pollution in the atmosphere disturbs the functioning of *Prana* and since *Prana* and mind are like two sides of the same coin the disturbance is transferred to the realm of the mind. We witness that two honest, intelligent, good-intentioned people find it difficult to get along together. There is more quarrelling, alienation and upsetting in family life. Psychiatric clinics crowded with patients are a testimony to this. Practice of Agnihotra means goodbye to psychiatry. Mind is subtle matter and Agnihotra gives a push to the mind to function in the direction of love. When our car is stuck in mud we need something to pull it or push it. The mind is in the grooves of habits (repeated actions) and practice of Agnihotra enables the mind to get out of it and absorb new reinforcers of *Tapa*. By practice of Agnihotra you will experience how your anxiety and tension become less and how you are catapulted into joy. This makes the journey on the Path of Light facile.

(The above is a reproduction from the book by Vasant V. Paranjpe, viz, "Light Towards Divine Path,' Publisher : Agnihotra Press, P.O. Box 13, Randallstown, Maryland 21133, U.S.A.)

* * * * *

Werner Metzger
West Germany

Fivefold Path Center in Bodensee (W. Germany)

Engen is a small town in S. Germany about twenty kilometers from the border of Switzerland. It is in the midst of beautiful landscape called Hegau. Hegau is well known in the area for special plants and picturesque walks through the woods. There is no industry around and the air is invigorating. It is surrounded by thick forests yet unspoiled by the hands of man. This is helpful both to the body and the mind.

Purification of the mind is the aim of the Fivefold Path of the Vedas. By purification of thinking, feeling and willing we reach a stage which could be described as peace that passeth understanding.

The address of the new centre :

KRIYA YOGA SCHOOL (Fivefold Path e.v.)
Friedhofstrasse 4
7707 Engen/Hegau, Bittelbrunn
W. Germany

Bittelbrunn is about four kilometers from Engen, situated on a hill. From the school you get a full view of the mountains of Switzerland and Austria. You can reach Bittelbrunn by the autobahn Stuttgart Bodensee, B 33 Black Forest and Bodensee or by train. It is an ideal place for meditation in tune with nature.

The Kriya Yoga School of the Fün Faltiger Pfad e.v. (Fivefold Path) is located in former office building of the chief of the town. It has two stories and a basement.

Teaching Programme of the School

The KRIYA YOGA School offers various teaching programms.

We offer :

1. Introductory course in KRIYA YOGA
   (5 week-hours, one hour a day)
2. KRIYA YOGA for advanced people with introduction in meditation
   (5 week-hours, one hour a day)
3. Introductory course in KRIYA YOGA on the First Sunday of the month
   Beginning : 9-30 hrs. – 12-00 hrs.
   14-00 hrs. – 17-00 hrs.

4. KRIYA YOGA for advanced people on the Second Sunday of the month
   Beginning : 9-30 hrs. – 12-00 hrs.
   14-00 hrs. – 17-00 hrs.
5. KRIYA YOGA SEMINAR on the Third Sunday of the month
   (Introductory course)
   Beginning : Saturday 16-00 hrs. – 18-30 hrs.
   Sunday 9-00 hrs. – 11-30 hrs.
6. KRIYA YOGA SEMINAR on the Fourth Sunday of the month
   (For advanced people)
   Beginning : Saturday 16-00 – 18-30 hrs.
   Sunday 9-00 – 11-30 hrs.
7. Elementary course in KRIYA YOGA for children
8. Individual consultation personally or by telephone

Note : Our meditation room is open every day.

What is taught

* Science of Bioenergy, atmospheric pollution and its effects on plants, animals and human mind. AGNIHOTRA, an antidote to the effects, of pollution.
* Yoga and the endocrine system, Yoga an aid to remove tension from the mind. The physical and psychological aspects.
* Food, its effect in the formation of the body and the mind.
* Meditation practices, harmony and peace.
* Mind over matter, energy patterns.
* Love, the most powerful energy at the service of mankind.
* The Fivefold Path of the Vedas, happiness here and now.
* Simple methods to train the mind to always react with LOVE.
* PRANAYAMA (Yoga rhythmic breathing), its effect on mind.
* Bio-psychological life paterns given through the Vedas for happy living.
* Make use of the mind to train the mind and be free.
* Universal mind and the energy pool.
* Simple sound techniques to aid meditation.
* Self Study, Who am I ?
* The all pervading Law of Karma and Grace.

- Purification of the body and the mind, several aspects.
- Mantra Therapy.
- Yoga therapy in the light of modern medicine.

etc., etc., etc.

The Fivefold Path is the basis of all disciplines given to man to renew his mind and be transformed. It is the basis of all the Message of the prophets, saints and Avatars. The Fivefold Path will make you a better member of your community, religion or spiritual group. You will become a better Christian, Jew, Buddhist, Muslim, Hindu by following the Fivefold Path. You may be an agnostic or an atheist, you will become a better person by following the Fivefold Path.

Start practicing AGNIHOTRA, the first aspect of the Fivefold Path and witness how the tension from the mind disappears and how you become full of Love. It is a great material aid. True knowledge does not come by merely reading books or listening to sermons. Knowledge comes from within when the mind is purified.

[US Satsang, Vol. IV, No. 9, 1976]

* * * * *

Letters to Satsang

Our family has been practicing Agnihotra for a long time and this ceremony has a deep significance for us.

When the fire is lit and offerings are made, we experience purity and the energy of love radiating from everyone sitting around the copper pyramid. If more people practice it, the effect is accentuated.

The time is now. We must deliver love. All of us then will know the joy of living.

Ernestina Cerda
Vicuna, Chile

Here in Ibiza there is a dog with a strange spirit, as if an unhappy human spirit lives in him and seeks help. This dog always comes to the Agnihotra fire and seems to meditate, receiving healing for his soul.

The "House of Michael" in San Lorenzo is a beautiful place with great possibilities as a healing centre with retreats and courses. We are working on that.

T.
Ibiza, Spain

We know Homa Therapy in Poland for over two years. It is enough to get experience, but it does not mean our knowledge about it is too great. Now we manufacture the copper pyramids required for Homa.

We are doing our best to propagate this all over the country and people are trying to go along the Fivefold Path. We need more literature. Any information on Homa Therapy I receive from you I promise to share with my friends living in many places in Poland and use it during my lectures and in preparing our Homa Therapy Centre – which will be ready this spring.

R.P.
Bydgoszcz, Poland

The meaning of your statement "all of life is misery" has become very clear to my husband and me. It is just not the nature of this planet to provide a pleasant haven. Trying to arrange a pleasant life here by the usual desire-gratification method is like picnicking in a mine field. This is a place to learn, to pay our debts and leave! Although we are deeply engrossed in family life (the kids being a constant energy drain at this time), we have begun to realize that we are only travellers here, not permanent residents. I don't mean to sound negative. Actually we do have a very nice life and our way is smoothed a great deal by Grace. We just recognize that in the evenings we feel so strongly the illusoriness of life. We feel as if we're watching a movie. We feel so separate from what we're seeing. (Fortunately, the feeling is not so strong as to interfere with my driving.)

L.
Madison Virginia

I have watched with interest how, during the ten years since Agnihotra was introduced, a remarkably low-keyed approach has been taken. Unlike many growth and spiritual movements that have sought much publicity, you retain a very humble, mind-mannered tone that I find very interesting and rather unique.

S.L.
Baltimore, Maryland

[US Satsang, Vol, XI, No. 22, April 15, 1984]

SHOL—83

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THE SUN HAS RISEN ON A NEW ERA

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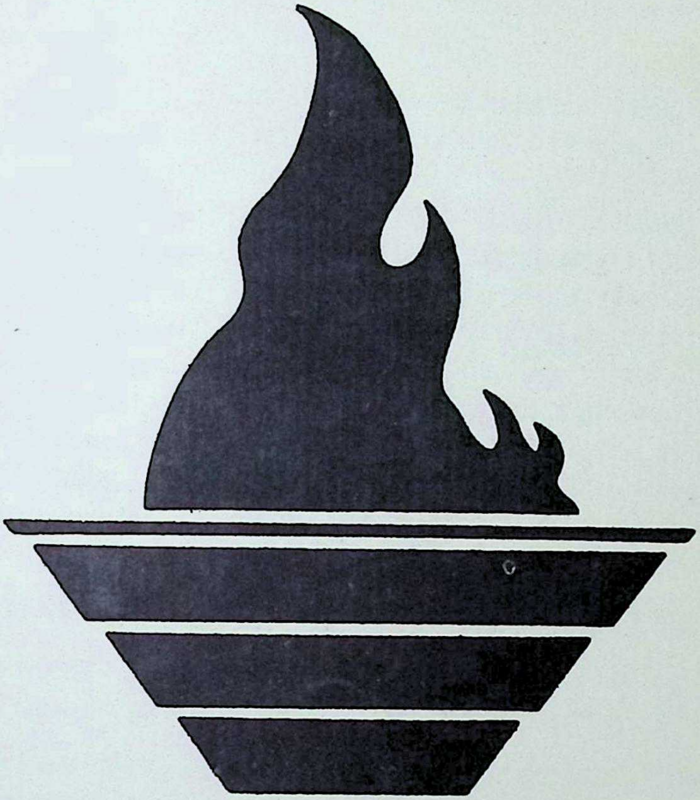
Bharatiya Satsang

August 1984 New Era 41 Vol. V, No. 3



THE KINGDOM OF HEAVEN IS NEAR AT HAND

Bharatiya
Satsang

August 1984 New Era 41 Vol. V, No. 3

The Dying Forests :
Ideas for Experiments with Homa

Barry Rathner
U.S.A.

In 1978, well before anything at all was heard about any serious problems with the world's forests, Agnihotra University (Washington, D.C.) published a set of eight Farming Bulletins which not only predicted certain of these developments, but offered solutions as well. (*Farming Bulletins available for $1.50 from publisher*).

There is controversy about the causes behind the dying forests. But we have to decide whether to waste time, money and energy on learning the causes or in finding a solution. Fifteen years of research may teach us the cause, but unless it provides us with some meaningful answers, it may represent a meaningless pursuit. In fifteen years the forests may be gone. This is somewhat reminiscent of the state of modern medicine: diagnostically sophisticated but ineffectual when it comes to treatments. Proponents of more natural forms of healing might draw a further analogy whereby they say that the cause of human disease or illness doesn't matter so much. The treatment would be more or less the same – fasting, rest, diet control, hot and cold baths, etc. – regardless of the cause. Only perhaps the rigorousness would vary according to disease severity.

A couple of theories behind the dying forests are mentioned in the media:

"Many scientists are convinced that acid rain and acid fog leach essential nutrients from soil and tree leaves.

"Still others believe that acidity breaks down the waxy coating on leaves that keeps diseases and pests at bay. Also as acid rain filters through the floor of a forest, naturally occurring aluminum may be drawn through the soil to damage roots."

(*U.S. News and World Report*, April 23, 1984).

Below are some ideas which may be used for experimental models based on Homa Therapy farming methods. Some further statements are given that speak specifically to the above-quoted theories of forest death. All of what follows comes from *Homa Therapy Farming Bulletins 1-8* (1978) by Vasant.

Green vegetation turns brown in some areas; all nutritional value in the land is deplete! From now on if Agnihotra is done in an area where this has happened land will again begin to produce chlorophyll and turn green.

As Agnihotra is performed regularly the area widens in which this happens. Therefore we have visible proof Agnihotra is an aid to plant life.

A change in nuclear structure in plants due to pollution makes it impossible for humans to extract nutrition necessary unless plants are grown in Agnihotra atmosphere with Agnihotra ash. Then the plant defies changes and maintains its place in the balance of nature.

When Homa is done in a garden or under a tree the effect of the smoke first goes to the leaves. The smoke acts as a catalyst for the generation of chlorophyll in terms of a chemical reaction, which can easily be shown to someone by a botanist who may choose to study the subject,

Trees begin to lose their hold in the ground. The soil is having difficulty supporting life. Trees tend to fall over. We must renourish the ground through Yajnya and Yajnya Therapy.

Agnihotra and Agnihotra ash, when put in the soil, help stabilize the amout of nitrogen and potassium present

The whole earth has been robbed of its elements by pollution. How to replace these things which are vital to all life? Yajnya is the only way.

The principles of life must be restated now on this earth. All life must be made aware that Yajnya is necessary to survive. We withdraw nutrients from environment. They must somehow be replaced.

Yajnya is the means.

Elements begin to change. Somehow, due to a magnetic-like pull set up where Yajnya is performed, the elements required to make certain life-sustaining essentials are again attracted to the planet by manifestation of some other mode of transference.

Subtle energies begin to have more obvious effect on plants now. It can be easily recorded if some scientists want to put their minds on it.

If a Yajnya is going on for 24 hours in proximity to a garden, that in itself is an effective aid to insect control. The atmosphere becomes saturated with ghee, and the plants are able to manufacture a protective coating due to a special chemical combination in their makeup which interacts with the ghee absorbed by the plants by breathing. The Yajnya atmosphere also creates something intangible that permits this situation to occur which is based on the vibrational content of the atmosphere due to the mantras going on all the time.

The root system in plants changes due to Yajnya atmosphere. Roots stay small and less troublesome due to the extreme quality of nutrients the plant extracts from the soil.

In Homa Therapy farming the result of the Homa process is that something physical interacts with the soil, making the nutrients already there more potent. When nutrients are absent, cultivating the growth of nutrients necessary for healthy plant life is achieved by the Homa process.

Homa atmosphere, especially that of this concise Agnihotra, acts as a catalyst on plant metabolism and causes the plant to reach for the nutrients it needs, necessiating strength and then yielding the nutrients, giving the plant health and allowing it to more efficiently blend with the ecological balance of things.

If a plant is diseased, feed the plant with Agnihotra water and Agnihotra ash twice daily, just before sunrise and within one hour after sunset.

When the plant remains in an atmosphere where Yajnya is performed regularly, the whole structure of the plant is strengthened and thrives. For instance, by doing this Om Tryambakam for one week the atmosphere is filled with ghee. A plant will reach for the nutrient. The more nutrient it can extract from the atmosphere, it becomes healthier and stronger. Because of the atmosphere being purer, the plant itself becomes more homogeneous with its surroundings and hence more nutritional. The amount of moisture a plant can retain increases. The taste, texture, color, and nutritional quality of the plant improves all from growing in Yajnya atmosphere.

(Note: The word "*Yajnya*" is used here synonymously with "*Homa*", referring to practices of fire employing simple disciplines including, in some cases, performance at certain biorhythms or circadian rhythms of nature.

[US Satsang, Vol. XII, No. 4, July 5, 1984]

* * * * *

Cymatic Therapy

Dr. Peter Guy Manners

[*Cymatic Therapy was developed by Dr. Peter Guy Manners M.D. and is practiced at Bretforton Hall Clinic, Nr. Evesham, Worcestershire WR11 5JH England.*]

A therapy that treats the affected areas with natural frequencies of sound.

An alternative to drugs and medication. A form of treatment working in harmony with the natural process of the body.

It can ease pain and discomfort and assist nature to clear the adverse conditions causing disease and breakdown in the body structure.

The body is a complexity of harmonic frequencies and any change in the body harmony pattern is the cause of pain, discomfort and disease. Cymatic Therapy is a form of easily applied treatment to correct any disharmony, and assist the natural pattern of sound within the human structure.

This technique of treatment is now used in many clinics throughout the World and is now available for home and self use.

Tomorrows medicine for Todays people.

No drugs, no side effects, no contra indication, a scientific application of a natural form of healing.

For far too long Man has applied and administered harmful and destructive methods of treatment to his system and body. Cymatic therapy works hand in hand with the natural process of the body, renewing and revitalising the natural healthy frequency patterns that exist in young healthy bodies.

A method of transplant, not of an organ, but of the energy and life force that holds and keeps that organ or structure in health and vitality.

One of the breakthroughs in understanding in their times is the realisation of the complexity of the human organism, which many no longer see merely as a body existing within a material world. Man is now seen as a composite being functioning on different levels. These levels have many sub-divisions and extensions but the simple trinity (Body, Mind, Spirit) is easily understood and a workable basis for exploring and understanding.

Following the acknowledgement that these different levels exist . comes the realisation that they are inextricably inter-related so that anything that happens on one hand cannot fail to affect the other.

Body, Mind and Spirit are sometimes depicted as a hierarchy with body at the bottom and spirit at the top. In this way body and spirit are seen as not directly connected and only come together through the function of the mind.

A truer way would be to represent Body, Mind and Spirit in circular or triangular form, for experience has shown that Body, Mind and Spirit may connect directly with each other, indeed this can most easily happen when the Mind is stilled.

Body, Mind and Spirit are now understood as a whole, which although not in harmony are inseparable.

What relevance does this understanding have with regard to Healing ? What is the importance of this understanding now at a time when the incidence of degenerative disease is reaching plague like proportions. We advocate a wholistic approach to healing when all levels are taken into account.

In the complex medical problems of to-day, Cancer, Arthritis, Mental Depression, Strain Tension and many others in which the whole metabolism of the Mind and Body are involved, the mechanical approach of drugs, pills, lotions, and the sometimes damaging results has proved itself inadequate and healing if it occurs at all is partial and/or transitory.

Cymatic therapy is a compact unit designed for home and personal use. It is safe to use for the young or the elderly, its application is simple and its sensation gentle. Full instructions are supplied with each instrument.

Composite frequencies are computed from the frequency pattern of healthy tissue, muscular structure, bone formation, internal organs etc. which can all be formulated on the computer system of the instrument.

The frequencies are listed and supplied with each instrument. It is a simpler matter to turn them up onto the visible window of the computer section of the instrument from which the completed formula can be recorded onto magnetic tape on the instrument for present and future use.

The frequency patterns can then be set to administer treatment using the hand applicator.

The instrument is also fitted to use induction pads in place of the applicator if required. This form is known as Bio Cymatic treatment.

A psycho indicator metre is also fitted complete with applicator rods. This form of treatment has no side effects and no damage can be done. The frequencies used are all in harmonic accordance with the natural frequencies existing in the human body.

No medical experience is necessary to operate the Mark-1 home use instrument.

NOTE: It would be interesting to measure how practice of Agnihotra pyramid fire tuned to the biorhythm of sunrise/sunset enhances the atmospheric healing effects mentioned in the article by harmonizing the energy cycle of the planet. The healing properties generated by Agnihotra atmosphere could be traced to the following known causes besides other subtle energy manipulations which science may find out in the near future.

- *The sudden impact of the food of energy which strikes the coordinates of the planet where the sun is said to rise and the effect of sudden withdrawal when the sun is said to set.*
- *The effect of metal copper and the pyramid form used in the process of Agnihotra fire healing.*
- *The combined and compounded effect of medicinal qualities of the substances burnt in the process of Agnihotra fire.*
- *The effect of two specific short Mantras used in the Agnihotra process in the special biorhythm of sunrise/sunset when Agnihotra fire is to be practiced.*

[US Satsang, Vol. XII, No. 6, August 2, 1984]

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Homa Garden

Melita Weber
Austria

Lu and I started a vegetable garden six years ago. We really had no knowledge about gardening but we had a really good feeling and began the work with much love. We purchased a good book about organic gardening but the most important thing which no book can give—my own experience—I will now relate.

First one has to see what kind of soil the garden has. In our garden we have loam soil. When we prepare new beds we add primitive rock powder and peat which quickly loosen up the loamy soil and attract earthworms and beneficial micro-organisms. We also add Agnihotra ash and at sunrise and sunset we practice Agnihotra in the garden. We had learned that in addition to its other benefits Agnihotra and other Homas make earthworms so happy in the purified atmosphere that they secrete harmones which increase moisture retention in the soil.

We also have a hotbed where we sow cabbage (early variety), savoy cabbage, cauliflower, kohlrabi, lettuce, tomatoes, celery and peppers in the beginning of March. We cut back the small plants once or twice so they develop strong stems. Before we sow in the garden we draw up a plan and determine the vegetables which go along well together. We practice plant combination systems which is a really good method. The various kinds of vegetables protect each other from pests and strengthen each other while growing. Also herbs play an important part in plant combination systems. Sage, rosemary, thyme, peppermint and mugwort threaten the dangerous cabbage butterfly by their smell. Satureja hortensis keeps lice away from beans. Basturtiar protects tomatoes and fruit trees from green flies and bloodlice. Chervil keeps snails away from the lettuce.

Important combinations for every garden are :

Carrots-onions or carrots-leeks : each combination protects each other from the carrot and onion fly.

Beas - cabbage, beans - carrots - cauliflower, celery - leeks - French beans carrots-lettuce-chives, tomatoes-celery, lettuce-kohlrabi-radish-cabbage-French beans, celery-cauliflower are all good combinations.

Lettuce combines well with all vegetables except celery.

As soon as the soil becomes warm we begin to sow. We sow and plant at full moon vegetables that grow above the earth and at new moon vegetables that grown under the earth, all root crops. If it rains during these days we use a sowing almanac. If possible it is good to use seeds from organic crops. Around March we soak seeds two hours in cow's urine and then coat them with wet cow dung. Distances between rows and spaces between seeds in the furrows are mentioned on the seed packages. In each furrow we also put primitive rock powder and Agnihotra ash.

When we sow we sprinkle water on the seeds with the right hand. This brings the blessings of our Creator. We mark the rows with wood sticks. We cover the beds with grass and put a wire netting or plastic with holes over them. Birds like pea seeds, and would otherwise pick them out. We continue to sow peas until July.

From now on we sow in a sequence of 10-16 days. We sow lettuce as well as parsley, satureja hortensis, chervil, chive, dill, radish which we sow thinly so that they can develop well. For the first lettuce crop we buy saplings so we have an early harvest. At the end of March we sow onions and early carrots. In the beginning of April we again sow peas, radish, lettuce. At that time the stinging nettles, the queen of herbs, are big enough to prepare a liquid manure from them. We fill a wooden or earthern container with the herb and add water, preferably rainwter, till it risess above the herbs. We let it sit 14 days stirring it once daily.

In the middle of April the later cabbage varieties are sown like white cabbage, savoy cabbage, kohlrabi, red beets, cauliflower, broccoli, brussel sprouts, curlycale, leek, again peas, onions, carrots and lettuce. Then we also transplant the early cabbage varieties from the hotbed into the garden. All saplings are watered with the nettle liquid manure. One part liquid manure is mixed with 10 parts water.

Now it is time to plant the potatoes. When they begin to grow they have to be weeded and a heap of soil has to be formed around them. Height is one-third of the plant's height. Beside the potatoes we plant marygold.

By the end of April we sow French beans, scarlet runners and cucumber. Scarlet runners need little space. The rows of beans act as protection from wind. Now there is enough grass so all beds can be covered. The grass should not be longer than 15 cm. Before we cover the beds with it, we leave the grass in a heap for half a day. The grass layer protects the soil from drying out or from heavy rainfall. We don't have to water so much therefore. The soil remains loose under the grass layer and is also nutritious for earthworms who provide rich manure to the soil.

French beans can be sown until July. We still harvest these delicious beans in autumn. Cucumbers need their own bed because they spread far. Sourds (zucchini) need much space. We need 3–5 plants for the whole summer. We only harvest the small fruits. To get seeds we let one plant germinate.

From middle of May onwards we plant tomatoes in groups. It is the only vegetable that we plant in the same place for three years. Tomatoes are only watered at the roots, never over the leaves. The young shoots on the leaf axils are cut.

Celery combines very well with cauliflower. While planting we leave only a few roots so the dumplings can develop well. Peppers grow better in groups also.

By end of June all late cabbage varieties, leeks and red beets are transplanted only in cloudy weather. Red beet combines well with pea, onions and carrots. All cabbage varieties need much space to develop well otherwise they become prone to pest attacks. By middle of May we once again sow summer lettuce so we are provided with green salad in the hot season. This year we also planted a large bed with mung beans.

We let French beans, cucumbers, peas, zucchini, tomatoes, peppers, all kinds of lettuce germinate to get our own seeds, Root crops are planted in the garden in spring and after blossoming time one can harvest the seeds. There are good books available about how to get seeds.

Caring for the plants is very important. The beds have to be weeded and covered with grass layers. Young saplings have to be kept moist. For watering we use the stinging nettle liquid manure. We water them abundantly twice a week.

This year the bean and cucumber leaves got brown spots. We sprayed them with horsetail tea and Agnihotra ash water and they recovered quickly. Now we use some liquified manure preparations against pests and fungus.

Against lice on beans and cabbage varieties one kilogram of fresh stringing nettles are put in 10 liters water. This solution is sprayed in the evening. Repeat the spraying several times. Against fungus on tomatoes cucumbers and beans one kilo of fresh horsetail is soaked in 10 liters water. Next day this brew is boiled lightly for half an hour. It has to cool down and be strained. We mix the brew with five times as much water and two parts Agnihotra ash water. It is sprayed immediately but only while the sun is shining.

Against leaf diseases on tomatoes and potatoes a tamsy brew is used. 300-500 grams fresh tamsy is put is 10 liters water, mixed with horsetail tea and 100 grams salt and sprayed.

The tomato brew is used against the cabbage fly and caterpillars. Two handful of leaves and cut shoots are soaked in water 2–3 hours. This solution is poured over the cabbage plants every second day with the watering can while the cabbage fly flies.

Since five years I have been writing a garden diary about each day I spend in the garden. It is very interesting when I go through the past years and realize that I learn more and more.

These methods are a short introduction to making a garden in tune with natural laws.

When we perform Agnihotra at the center of the garden and four hours of Om Tryambakam Homa it invigorates the crops and they become healthy.

[US. Satsang, Vol XII, No. 6, Aug. 2, 1984]

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Harvest of Dust

By Dr. Mostafa K. Tolba,
Executive Director and
Secretary General of UNCOD

Courtesy : United Nations Environment Program

Almost seven years ago the world's nations agreed to a sweeping Plan of Action to halt the process of destruction we call desertification. UNEP has just completed a two-year assessment which reveals that the global threat posed by desertification, far from diminishing, has actually increased in severity.

Currently about 35 percent of the world's land surface is at risk and the livelihoods of the 850 million people who live there are directly threatened. Three quarters of the 45 million sq. kms that make up the world's drylands, which included the sub-humid tropics is already affected, between half and a quarter severely so. That is the measure of the problem facing the world community. The international community must act now if we are to avoid shortages leading to chaos on a scale hitherto unknown.

In many ways the term "desertification" is misleading. The popular image of sand dune encroachment is only a minor part of the problem. Sometimes thousands of kilometres away from the margins of the Sahara, Gobi, Atacama and the other so-called "true" deserts, desertification is taking place. The situation has been accurately likened to a skin disease in which existing eruptions worsen and coalesce with new outbreaks of the disease. And as with any disease, treating the symptoms is secondary to tackling the causes.

In the case of desertification, the main cause is not drought as many still believe, (drought tends to exacerbate the problem) but human overexploitation of lands through overcultivation, overgrazing, poor irrigation practices and deforestation. And in turn, the underlying causes of these reside in bad management, rural neglect and in political and economic forces resulting mainly from the world's inequitable financial arrangements and terms of trade.

The knowledge that humans are responsible for most of the problem gives us hope that desertification can be halted. Unlike some environmental problems we know not only the causes, we also have the solutions, some of which have been applied and are working well.

This message of warning and hope is the one UNEP will convey to the representatives of probably more than 75 nations who will attend a special two-day session of our Governing Council in Nairobi (May 16-29). The delegates will be presented with the findings of UNEP's assessment of the progress registered in applying the Plan of Action to Combat Desertification (PACD) agreed by the 94 nations attending UNCOD in 1977. They will also be presented with a set of practical recommendations which, if applied properly, could go a long way to improve the situation by the year 2000. The goal set by UNCOD to stop it completely by then has been shown to be no longer feasible.

Our conclusion is that the 1977 Plan of Action remains essentially viable. Indeed, given the main finding that the problem has grown in severity, the Plan is many times more relevant today than in 1977. The Plan of Action and the goals it set have provided us with a yardstick to judge nations' performances in tackling the problem of desertification. Without the awareness it stimulated (who beyond the environmental community had heard of the term "desertification" before 1977?) and the admittedly-patchy national and international action it inspired, the problem would be a great deal worse.

We can point, for example, to the success of the U.N.'s Sudano-Sahelian Office (UNSO) in coordinating action in the Sahel; to government, nongovernmental and community-inspired agroforestry projects; to the work of country-to-country, international and U.N. aid schemes which are promoting soil conservation and so on. A radio reporter sent by UNEP to report on the situation in the Indian State of Rajasthan returned with one success story after another.

But anxious as UNEP may be to promote the successes, to show that desertification can be defeated, such a tendency is tempered by the facts revealed by our survey. We have found that a total of 3,475,000 hectares of the world's range, rainfed cropland and irrigated land – an area approximately the size of North and South America combined – is affected by desertification. Currently each year some 21 million hectares is reduced to a state of near or complete uselessness. Projections to the year 2000 indicate that a loss on this scale will continue if nations fail to step up remedial action. Surely a hemorrhage of productive land at such a rate must lead to cataclism? One that is already occurring in the poorer developing nations, and one that will inevitably spread to the industrialized nations, some of which – notably Austrialia, USA and USSR – are experiencing severe desertification problems of their own. If these nations, with all their vast resources and know-how, are in difficulties, how much greater are those of their underprivileged neighbors?

The main difference between UNEP's understanding now and seven years ago of the nature of the problem is a more through appreciation of the universality of its impacts and causes which extend well beyond the drylands most immediately affected. Desertification results not only in the loss of nations' productive resources bases, but also in the loss of valuable genetic resources, increase in atmospheric dust (which could have as yet unknown consequences on the global climate), disruption of natural water recycling processes, loss of markets – the list is long.

Such consequences of environmental despoilation are helping to destabilize nations. Desertification and the other threats to the planet's life support systems are causing social and political breakdowns which, in turn, threaten our tenuous global security. In UNEP we believe that a failure to recognize this ultimate, environmentally-induced threat lies at the root of the apparent unwillingness of nations to tackle desertification, and resource exhaustion in general on anything like the scale demanded.

We need look no further than the absurdly inadequate level of contributions to the Special Account set up in 1979 to finance the PACD for an illustration of the low priority nations attach to tackling the problem. By the end of last year it had received less than $50,000 – all from developing countries. The special machinery the General Assembly set up to mobilize funds to tackle desertification has raised in its six years of existence only $26 million, 25 per cent of the minimum target figure. These sums should be weighed against the $4.5 billion needed annually over a period of 20 years to stop desertification. If this seems like a great deal it should be balanced with the U,N.'s 1980 estimate which put the annual cost of agricultural production from land lost through desertification at $26 billion. And this figure takes no account of what must be the very much higher social and other disguised costs.

From every angle–cost effectiveness, political and social stability, self-interest, humanitarian concern–the case for a massive mobilization of resources to tackle the global problem of desertification appears overwhelming. UNEP says that this will not come about unless, and until, decision-makers and the general public alike develop a new perception of the nature of the threats. The meeting that UNEP is planning in May will help stimulate that required new level of awareness. Afterwards, it will need the help of the NGOs, sister U.N. agencies and the responsible media to sustain concern and pressure for action.

In the light of the experience gained in applying the Plan of Action, we have come up with a set of precise and eminently practical recommendations. Taken together, they call for a more integrated approach to dealing with desertification. National plans to combat land deterioration should be merged with plans for economic and social development but at the same time should have a clearly defined place and clearly allotted resources. A properly funded and well-placed national machinery to combat desertification would act as a motivator in the overall governmental process, ensuring that all development plans take account of desertification. It would also act as a point of leverage for raising funds from donor nations and multilateral organizations.

Experience over the previous six years has shown that a precondition for success in carrying out field projects is community participation. Our evaluation of such projects show they are far more effective than large downward-directed projects.

The success of NGO-run schemes (which have tended to be small-scale and directed at community problems) is, in particular, something which UNEP is keen to see extended.

The 1977 Plan of Action recommended the establishment of a series of transnational projects, but in virtually all cases these failed due in part to strained political relationships. Desertification, like most environmental problems pays no heed to national boundaries and the need for greater regional cooperation remains a top priority. UNEP is recommending the setting up of joint ventures, along the lines of UNSO, for nine Southern African countries and for South Asian and South American countries affected by desertification.

Three studies carried out in the period after UNCOD showed that adequate resources do not exist to pay for anti-desertification programmes. UNEP is proposing a series of novel fundraising schemes ranging from the establishment of a Trust Fund financed from gold sales reflow by the IMF to the establishment of an Independent Financial Corporation to finance interest-free loans. Such measures are vital as financial returns on investment in schemes to halt desertification are nearly always long-term. These financial arrangements would also guarantee a measure of automaticity and predictability in the flow of funds.

Equally important is the need for a dramatic change in the priority of bilateral and multilateral development assistance agencies. For too much technical and financial assistance has gone to show-piece projects and into measures aimed at appeasing the more politically advantaged urban populations. By comparison, rural populations which tend to lack political clout – especially in the more remote semi-arid regions – are all but ignored. And even when it comes to allotting funds for rural development, agroforestry and other ecologically sound activities are nearly always at the end of the queue..

The irony is that many of the urban problems of developing nations have their origins in the countryside. Loss of land productivity has forced villagers into the towns. It has also caused food shortages which result in food riots and other forms of unrest. But how often do we see newsmen and other commentators establishing the link with desertification ? A prime example is the flooding which has caused by siltation which arises from soil erosion. Soil erosion is a major cause and also a result of desertification

It is the failure to perceive these linkages and interconnections which lie at the bottom of the failure to arrest desertification. When the minority, in government and among the general public who now perceive these linkages become a majority, one crucial battle in the war against desertification will be won.

We need, as Indian Prime Minister Mrs. Indira Gandhi said at the launch of the World Conservation Strategy to "once again put our car to the ground so that the earth can whisper its secrets to us." We need also to listen to the inhabitants of the million or so villages of the developing world who are in the frontline. They know the problem and how difficult they are to solve.

UNEP has been involved in the making of a film in Ethiopia on the subject. We recorded a meeting of villagers, all of whom expressed their anger and frustration over their apparently hopeless position. One peasant remarked that less than 10 years ago his harvest was good, but in the meantime his top soil had been washed away. He said, "Now all I have is a harvest of dust." That Ethiopian peasant spoke for hundreds of millions more like him. This time we must listen or pay a terrible price.

[US Satsang, Vol, XII, No. 4, July 5, 1984]

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Homa Therapy Farming : Wholistic Healing for Agriculture

Michael Billion
USA

Homa Therapy farming is a system of agriculture from the ancient Vedic science of Bioenergy. Homa or Yajnya as it is also termed, is a process of purification of the atmosphere done in accordance with certain biorhythms. Agnihotra is the basic Homa which creates a healing cycle in the garden, on the farm or in our home. In Homa Therapy the change in the atmosphere is brought about through the agency of fire. By burning specific organic substances like dried cow dung, ghee (clarified butter) and a little brown rice in a copper pyramid of specific size at the timing of certain biorhythms (e.g. sunrise/sunset) and to the accompaniment of specific Mantras a beneficial change in the atmosphere takes place.

The aim of Homa Therapy farming is :

* To heal and improve the land that we cultivate rather than pollute and destroy it with chemical poisons and thoughtless farming practices.

* To grow superior crops without the use of chemicals fertilizers, pesticides, herbicides and the like.

* To give back to the earth by improving and healing the soil, air and water resources, as we take our food from her.

Due to pollution soil is having difficulty supporting life, weather patterns are changing, acids rains are destroying plant and animal life. Insects are becoming resistent to pesticides.

Wouldn't it be wonderful if we could raise crops of superior quality without the burden of knowing we have poisoned and polluted our lands to do so ? Explore Homa Therapy Farming and see that we can.

Homa Therapy Farming Practices

A. Preparation of soil.

A soil test can be done to find out what nutrients and pH modifiers are needed in your soil.

Soil should be prepared using strictly organic fertilizers and pH modifiers.

Compost, well rotted manure, Homa ash, phosphate rock, dolomite lime are some recommended materials.

Spread Homa ash especially Agnihotra ash over the soil along with your other fertilizers before tilling or digging.

It is probably best to plant in mounds like the Biodynamic/French Intensive method. It allows more food to be grown in less space and it is much easier to care for (See "How to Make Raised Beds by the Double Dig Method. (Satsang Vol. 11 No. 16).

B. Planting the seeds

Vedic method of seed treatment

Use organic seeds, seeds which have not been treated with chemicals. Treating seeds by this method you can make them more disease and pest resistant and give them an initial nitrogen boost.

1. Place the seeds in paper cups or jars and label each container with the name of the seed.

2. Cover seeds with cow's urine (obtain from a local dairy farm) and soak the seeds for one to two hours. Make sure that seeds mix well with the urine, that none are floating on top.

3. Drain the seeds and cover them in cow dung. Seeds can be mixed with enough dung to coat them thoroughly. The dung and seed mixture can then be spread out to dry on paper plates, screens or boards.

As some seeds cannot survive complete dehydration after having been moistened, it is advisable that the seed-dung mixture be dried until just damp-dry. The mixture can then be crumbled easily and sowed down a planting row in your garden or in planting pots or flats. If you are planting a small amount of seeds and if the seeds are not too small, each seed can be wrapped in an individual bit of cow dung.

Phases of the moon by which we plant have a great deal to do with the success of Homa gardening. Plant on new moon day or full moon day depending on the type of seed planted. Try planting root crops on or before the new moon and above ground crops on or before full moon day.

When you plant the seeds try to be full of Love, do Mantra, be clean in body and mind.

Plant the seeds with Agnihotra ash. It can be sprinkled along with the seeds down each row. As you water the newly planted seeds Mantra should be performed.

When transplanting seedlings to the garden be sure to plant them with Agnihotra ash around the roots. Planting or transplanting should never be done in the heat of the day.

Women in their monthly period should never plant or venture near the garden.

Daily Care of Garden

1. Do Agnihotra at a central location on the farm or in the garden. If the farm is a large one Agnihotra can be done on the four extreme corners of the farm, North, South, East and West. If the farm exceeds 200 acres and if the personnel is there you can perform Yajnya in the interior. Use a lot of dung and other ingredients when doing Agnihotra in the garden. Make offerings when fire is fully ablaze. The Agnihotra pyramid is a generator of life sustaining energies.

2. Agnihotra plant Therapy

To make Agnihotra plant food solution, put 2 to 4 tablespoons of Agnihotra ash plus 2 to 4 of powdered dried cow dung into a gallon of distilled water and mix well. Plants will thrive if watered with the ash-water and with Love.

A spray solution can be made by mixing 2 to 4 tablespoons of Agnihotra ash to a gallon of water. Let the solution stand for 3 days. Then strain through a tea strainer or paper towels as if you were making ghee. Use the spray to protect the plants from insects and disease.

If a plant is diseased feed the plant with Agnihotra plant food solution twice daily, just before sunrise and within one hour after sunset. Be full of Love but with compassion not pity. Talk to the plants, tell them to be strong and get well. At the same time you water the plants with the food solution, spray them with the ash-water solution.

Agnihotra ash can be spread on the ground around the plants and on the leaves to help protect the plant from insect damage.

If a plant has disease on its roots, a paste can be made with Agnihotra ash and a little water. Apply the paste to the affected roots and water the plant minimally and only with Agnihotra ash-water solution. The plant will heal quickly.

In an area where Homa is done twenty four hours a day the plants can manufacture a protective coating due to a special chemical combination in their chemical makeup interacting with the ghee absorbed by the plants through breathing.

Some General Recommendations

1. It is a good idea to layer the compost heap with Agnihotra ash, it energizes the material as it decomposes giving the earth it is treated with subtle energies to aid growth.

2. When first starting a garden it is helpful for future yields if green leafy vegetables are planted in initial stages. This will enable one to grow anything suitable to the climate later on.

3. Alfalfa can be grown on most farms. It puts something special in the atmosphere, something more when grown by Homa Therapy farming methods,

4. Try to set aside part of the planting area for soya beans if possible. When using Homa Therapy farming techniques a strange situation occurs with respect to the pathological structure of the legume. A chemical reaction occurs whereby antibodies are introduced into the body by the ingestion of soya beans that will help combat severe diseases.

5. When Agnihotra and Homa are done in an orchard regularly the trees will yield fruit double the size and with twice the meat. Orange

and tangerine trees show especially quick results in this regard. Agnihotra acts as a catalyst on plant metabolism.

6. Whenever possible put Homa ash, especially Agnihotra ash into water. When ash is put into water at the source of a body of water, the water becomes energized by Devayona and it begins to take on healing properties.

[US Satsang, Vol. XII. No. 7, August 16, 1984]

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Agnihotra In Tokyo

Edward Aichbauer
Austria

In November 1983 Ingrid and myself went to Tokyo, Japan. We visited Tokyo Yoga Center and also a new age community near Tokyo,. We stayed one day at this community and the next day we met Mr. Hanari, Director of the Tokyo Yoga Center. We had a good talk on Agnihotra and afterwards he invited us to stay for a couple of days at his center. Mr. Hanari has been running this place for 15 years and has written several books on yoga. He has trained many yoga teachers.

We spent a couple of days at Mr. Hanari's center and did Agnihotra with different people daily. Some of them already knew about Agnihotra from Vasant. Mr. Hanari got copper Agnihotra pyramids from India which Barry had gifted. Once we had a meeting with Mr. Hanari and his teacher. Ingrid and myself talked about Homa Therapy as it is given in the Vedas. Mr. Hanari translated into Japanese. We told about the healing effects of Agnihotra on the human body and mind, and the connection between atmosphere and mind. We explained the medicinal substances which we use for this healing fire and how to make medicines from the Agnihotra ash. We also told about the wonderful effect on plants.

We told them of our experiences on the world tour, about the pollution and the disturbances which we could see and feel everywhere, whether in North or South America or in any country in Southeast Asia. Of course the same troubles are in Europe, especially the dying forests. So we shared the information about Agnihotra as a solution to bring back the rhythm of nature. Many times we sang together the morning and evening Agnihotra Mantras.

From there we flew further to Hong Kong on our world tour.

[US Satsang, Vol. XII, No. 6, Aug. 2, 1984]

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From Vasant's Correspondence

1. Whole world. Whole world. No one realizes the importance of this work. Do you see atleast how things work so accurately? Even in dream you are told to keep disciplines. Of course I am never angry with you. You are so highly blessed for this work. Surrender more each day. So much is to be given to children through your instrument.

2. Do not be afraid to make more effort. Effort has to come from within. Serve your husband. I do not mean that because you are a woman you should serve the man. That way of thinking is missing the point. I tell also your husband to serve you. Actually we have to be of service to everyone but at least let us begin practice of humility in our own homes. So if you have humility automatically you rise higher. Other person will not take advantage of you. They will only feel more like serving you. So you have to treat eachother as you would some high Guru, with that love and respect. That is a marriage. Otherwise why is it so? For children, of course but spiritually marriage is a great opportunity for upliftment. Both of you practice this. Always look to the other person. "How can I help him/her with the dishes or with the children, house work etc?" "How can I create a positive atmosphere for my husband/wife to come home to?" That is the main thing. "How can I curb this nasty anger and be full of love?" It can be done. It can be done very, very easily. Now we must concentrate time and effort on this marriage. Together you can do a lot of work in many places. Do not criticize each other.

3. You have to do a lot of work. Now you have to come up quickly. come out of old bad habits. Then any fast you do for proper health should be able to sustain normal activity. If you become too weak you eat something. By this I am referring to your cleansing fast you have planned. It is a good one, just so far as your blood pressure and general health is concerned. Take care not to be too extreme. You will lose weight naturally now. This cleansing fast will do wonders if done properly.

4. Remember to do Yajnya in the evening before resting. There should be adequate ventilation in the meditation room when doing Yajnya.

Be conscious that thoughts are positive. Daily reminders will be helpful. If you follow what is told to you will do a lot of work in a short time. Very quickly things start to come by Grace.

Now you understand the urgency of the planet, the extremes we live in. Do as you are guided and all will come.

5. Just pull yourself out of the rut that you are in. Then everything comes. Chances given now are for a life time. You can receive your great healing power where you are, Devotion is the key.

When things disturb you go to your room and be silent because otherwise it affects thc whole atmosphere. You must be considerate of others, particularly child.

6. Practice yoga asanas now to get in shape. Pay strict attention to diet. You will feel better. Whole problem is diet with you.

Have compassion for your husband. Difficulties may be less if you practice one hour Yajnya daily in your house.

7. Your mother is critical of you but there are two ways you can respond. One is with resentment and anger. Other is to be grateful to her for her suggestions and respond in a loving manner. Then you say it is not fair the way she treats you. But you are the one, you are to be given high powers and she knows this somehow perhaps on a different level. So realize that you have a duty to uplift her. If you feel she pulls you down then just do your mantra and stay away from her for a time.

8. In old days no one would talk back to the parents. The children were taught to respect and revere their parents. Now more problems than before.

[US. Satsang, Vol. XII, No. 7, August 16, 1984]

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SHOL—83

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THE SUN HAS RISEN ON A NEW ERA

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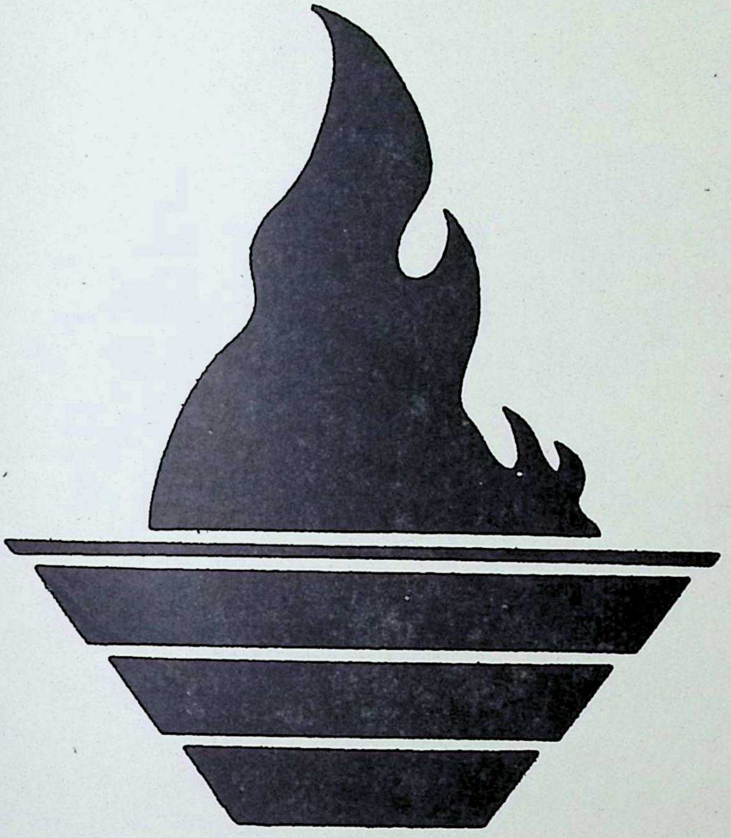
Bharatiya Satsang

September 1984 New Era 41 Vol. V, No. 4



THE KINGDOM OF HEAVEN IS NEAR AT HAND

Bharatiya
Satsang

September 1984 New Era 41 Vol. V, No. 4

Agnihotra Goes To United Nations Tree Project

The first official meeting of THE TREE PROJECT, co-sponsored by the united Nations Environment Project (UNEP) was held on June 14 in Geneva. In attendance were 14 persons including SATSANG editor Vasant Paranjpe, Homa Therapy teacher Monika Jehle of W. Germany and various UN officers, UN consultants, institute directors, teachers and journalists.

Designed to be a project for International Youth Year (1985), The Tree Project has taken on added significance in the light of the deteriorating situation facing forests worldwide. The forest death in so many Western and Eastern European countries that continues to defy solution despite the efforts of forestry experts worldwide now shows signs of spreading to USA. A state of virtual panic exists among scientists and laypeople alike.

Now appears to be the time to put into action what we have been telling people for nearly 12 years. WHEN NOTHING ELSE WORKS, TRY AGNIHOTRA AND HOMA THERAPY.

Below are excerpts from a booklet printed by Tree Project officials after the June meeting.

R.B.

JILL CARR HARRIS

Program officer of NGLS/DPI, New York,
full-time administrator of the Tree Project

Miss Harris – who had spent the day previous to the Geneva meeting in discussions of the Tree Project with FAO authorities in Rome – offered the following introductory explanation of the Tree Project.

"The Tree Project is meant to provide the International Youth Year with a vital activity. It is the outgrowth of the enthusiasm for tree planting activities expressed in various NGO's and UN agencies after the initial momentum fostered by the 1982 UNEP effort, 'For Every Child a Tree'. The present world-wide deforestation problem, according to recent statements from government forestry services, cannot be solved by governmental efforts alone – in fact, the efforts and commitments of lay individuals throughout the world has become, and will increasingly be, of critical importance. At the same time, organizational endeavours have also been improved and increased. A feasibility study having been concluded already on March 26th of this year, the Tree Project is now coordinated by NGL's and further supported by UNEP/UNDP and FAO. And there is also a list of NGO's sponsoring the project.

"Personally, I see our present tasks at NGLS as being :

1) the channeling of enthusiasm already present,
2) the linking up of NGO's with national as well as UN agencies, and
3) the creation of the International Tree Project 'Clearing House'.

"At a more concrete level . . . there are already two environmental projects under way in Bangladesh and Senegal.

"At another important level, the T.P. focuses on the need for improved environmental education – i. e. promoting a more realistic awareness of trees, creating better attitudes towards forests, and developing appropriate projects in countries with deforestation problems - as well as encouraging the planting of trees by young people during 1985, International Youth Year."

RENATE MEIER

Journalist, Euvironmental Specialist

"Yes, the healing of the earth is one important task. Reports from all over the world show that plants and trees now have difficulty growing. Forests are dying. I myself am promoting remineralization of the soil. This is an undertaking started last year, here in Geneva, by Betson Coats, president of the Australian society, 'Men of the Trees'. There is a company in Zurich which is now producing 'Rock-Powder' (made by grinding up specific natural stones) which is added to soil with extremely impressive results regarding the health and growth of plants and trees.

"There is a new book out now, THE SURVIVAL OF CIVILIZATION 1, which gives scientific evidence that we could very soon find ourselves in the middle of an ice age . . . IF mankind does not change agricultural attitudes before the year 1990, we have to get a whole new perspective regarding our lifestyles and a fresh outlook regarding our relationships with our fellow human beings."

MEN WAGNER

Coordinator, Living University - LUMEN
Geneva

The Living University was founded in 1983 as an international dynamic educational project for the service of positive human evolution.

"It seems to me that the Tree Project is not only concerned with the 'outer' Tree, it is the vitality of the Inner Tree, the Tree of Life, which is an important condition for a healthy environment and a true understanding of the mysteries of nature. In order to grow trees we will need to encompass all human, animal, plant, and mineral life expressions on this planet; this means approaching the desertification problem in a holistic way.

"The Living University is happy to make its educational and networking facilities available for participants in the Tree Project."

ULRICH CORDING

Economic Affairs Officer, Commodities Division,
UNCTAD, Geneva

"I share Renate Meier's concern about the present dramatic world situation. But I prefer to look at things in a somewhat more positive light. I am glad to join forces with you in a constructive enterprise where all action aiming towards the healing of the environment and the conservation of forests through reasonable exploitation are equally considered and respected. The Tree Project gives a new dimension to the UN, namely a broader cooperation with the public. Tree Project activities should, I think, be known and supported by the largest possible number of people.

"I would like to draw your attention to the 1983 International Agreement on Tropical Timber which UNCTAD succeeded in establishing on November 18th, 1983. With a relative degree of certainty, we can say that by October of 1984, this agreement should be fully enforced[2].

"In many developing countries, tropical timber is an irreplaceable foreign exchange resource. And it is here that economic and ecological considerations can be reconciled. Along these guidelines, I would like to offer my fullest support to your efforts."

E. G. RICHARDS

Forestry Consultant, England

"I am very pleased to participate today in this important task of reforestation on a planetary scale. I can offer you an outlook on forest activities from the viewpoint of a forester. Most of us professionally engaged in this field are primarily concerned only with the forests themselves. But recently many foresters have become involved in growing trees outside forests. In Great Britain, for example, tree planting is totally supported by the government. In India, foresters try to gain local public participation. Myself I am presently working on a paper which I find absolutely fascinating.

'The Use of Forests Considered in Non-Economical terms'. The first conclusion of this study is that the non-economical use of a given forest can be far more profitable than the exploitation of that forest's timber. For example, beehives kept in a forest will bring more income than the cutting of timber. In addition, of course, we should also consider the recreational use, protective role, aesthetic importance, and the healing power of a forest.

"All of this is a clear indication, in my opinion, of how important it is to think new thoughts, to build new economic structures. I leave you with the address of a remarkable forest training program.[3]

JOHN HAMORI

STAFF MEMBER

Frèce des frères, Geneva

"I would just like to mention the Frères involvement in service projects. We can help in many ways to establish links with the Tree projects. And I would also like to mention an important reforestation project taking place in the Sahel thanks to a campaign launched and supported by Prince Sadruddyn Aga Khan."

DR. MAX BORLIN

UN CONSULTANT

Economist, world-wide conference lecturer, Geneva.

"As an economist, I wish to establish a healthy relationship between economics and the well-being of the environment and of people. Planning is the most vital part in any forest economy. But other problems, such as pollution, sustainable development. impact on mountain regions, mental well-being of people living in these regions and others, must all be taken into consideration. Perhaps because I am in contact with so many organizations, I feel that all of us, both individuals and nations, crave for the same thing, expressed in various terms, a green and peaceful world in which we can live a fulfilling life. Accomplishing this goal in a balanced way is only possible, I feel, through worldwide cooperation and consideration of our mutual needs."

TERENCE HPAY

UN Consultant, Geneva.

"I see different aspects of the Tree project. The tree planting part of the project will contribute towards linking together thousands of children. Their enthusiasm is sure to bring a real change in public consciousness. For example, children will cross borders with tree saplings, plant them with their friends from another area, or participate in international exchange programs. This will encourage direct cooperation among neighbor nations. Kids also have an amazing facility to handle computers. Guided by adults, they can easily take care of the Tree Project networking activities.

"But planting is not our only concern. I know that THE EARTH AND SOIL NEED HEALING BEFORE WE WILL BE ABLE TO GROW LONG-LASTING, HEALTHY TREES AND FORESTS. Here again, a worldwide tree consciousness is urgently needed. Foresters who are in one way the guardians of the trees, can back up this process through educational programs. It is also now the time to launch a 'Decade of the Tree' as Australia has done already. I hope for full cooperation worldwide."

VASANT V. PARANJPE

Director, International Homa Therapy Research Institute - Shivapuri, Akalkot, India and organizer of Homa Therapy Centres throughout the world, Editor, Satsang Magazine.

"Homa Therapy, the science of Yajna given through the Vedas, takes care of all the problems faced by modern medicine. Homa Therapy lays stress on purifying the atmosphere in order to bring about changes in the functioning of the mind. Any change in the atmosphere automatically leads to a change in Prana, the life energy which pulsates through us and connects us with the cosmos. The effect of change in the atmosphere is automatically transposed to the realm of the mind.

"In Homa Therapy the change in the atmosphere is brought about through the agency of fire. By burning specific organic substances in a copper pyramid of specific size in tune with the biorhythms, a beneficial change in the atmosphere is brought about which affects the universal mind. It is now time to once again make use of this ancient body of knowledge-to make this available to all people. IT IS NOT, AS SOME SAY, A FEW MINUTES BEFORE MIDNIGHT BUT RATHER ONLY A FEW SECONDS TILL MIDNIGHT. If pollution goes beyond certain limits, an irreversible nuclear change in molecular structure of plants will occur which will then make those plants indigestible for mankind.

After a tour of W. German forest project in Germany involving the Bodensee and Lake Constance region-where we have been asked by the Forest Department to take care of a 90 acre of the local forest. Homa Therapy fires are now burning in that forest at sunrise and sunset in addition to four hours daily and 24 hours round the clock on no moon and full moon days. The aim is to heal the atmosphere and thus the forest itself. The first results are already now becoming visible.

"Homa Therapy needs to be practiced on a mass scale today if we want to save forests world-wide. We are willing to teach these ancient healing techniques to any group or forest department which wants to learn them, to work with them.

MONIKA JEHLE

Teacher, Direcior
Homa Therapy Centre, Radolfzell,
West Germany.

In order to start proper treatment of the forests, we need to look at all the reasons behind desertification. We must gain a holistic view of the whole process. Only then can we find the right way to heal forests, and make the trees grow again. The ash of Homa Therapy fires is the best possible medicine for dying trees or plants (as well as sick people).

JILL CARR HARRIS

The Tree Project is and will be whatever we make of it. Already it is an exchange platform for people and groups interested in forests and environment. It has become obvious that without a holistic view and the will for a change in our attitudes, we will not succeed in overcoming desertification. The three hours of sharing and networking we have experienced here today show that we already have considerable resources of knowledge and techniques at our disposal :

- Cutting down wastage
- Working with the ancient body of knowledge for well being of our planet
- Using organic soil ingredients
- Cooperation of science with alternative approaches and the mystical, more subtle understanding of nature
- Setting the frame for an enthusiastic and cooperative enterprise. .
- Transmuting 'competition' into cooperation.

I thank you all for your most precious contributions and inspiring visions. Together we create a new cell for the larger Tree Project. I feel strongly that this is definitely a project whose time has come. Thank you all.

Notes

1. Published by Hamaker & Weaver Publications, Box 437, Potterville, MI 48876, USA.
2. See article, "Timber Framework", from 'Development Forum,' June 1984.
3. Sim Douglas Douglas; 'Forester Training School, Wondo Genet, Ethiopia.

[US Satsang, Vol. XII, No. 8, Sept. 6, 1984]

* * * * *

Plants and Subtle Energy

Barry Rathner

The past 20 years has shown heightened interest in research demonstrating 1) the existance of subtle energy in the plant kingdom and 2) possible practical benefits that such energy may provide. When "The Secret Life of Plants" was published some years ago, many thought that "feelings" in plants had been proved. Though later some critical reviews of this work called into question some of the theories, there remains a significant body of persons interested in this.

As Homa Therapy pyramid healing fires continue to spread across the planet, farming methods based on Homa are drawing increasing attention. The devastating effects of air pollution, acid rain, overuse and misuse of chemical fertilizers, pesticides, herbicides etc. threaten to change the shape of planet earth. As solutions thus far have provided no relief to scores of drought and famine scorched areas nor to the dying forests of Western and Eastern Europe, just to give two blatant examples, it is not surprising that local, state and national governments in several countries are looking more carefully at HOMA THERAPY. Even the United Nations now has joined the list of serious students of Homa.

As reference to Homa Therapy Farming Bulletins 1-8 (publisher, Agnihotra University, Washington, D. C.) will reveal, subtle energy i. e. a kind of energy detection of which is beyond the five senses, is one way by which Homa does its "miracles". Of course what is a so called miracle one day can become common place the next once experimental science unravels the apparent mysteries. Once an instrument e. g. that was subtle and discriminating enough to detect aura energy fields around plants was invented, a whole new world of investigation was opened. This technique which reveals a plant's "bioplasma" is called Kirlian Photography, named after the Russian scientist who developed it and is being used by Moscow biophysicist Victor Adamenko and several Alma-Ata scientists.

Eastern Europe, the Soviet Union in particular, has taken the lead in this kind of research. A team of scientists at the Biological Institute of Kiro University (Alma-Ata, Russia) has been experimenting with philodendron plants using electroencephalographs and similar devices. Using as background Backster's work as detailed in "The Secret Life of Plants" and other places, they are exploring the hypothesis that plants may be able to perform a "mental" learning process normally thought to be possible only for highly developed animals.

According to a report in Das Neue Zeitalter, Das Magazin Der Zukunft (no. 17/84), Russian scientists have found that plants "feel" rain in advance, some react to particular kinds of music, some need a "family" around them to feel well and SOME PLANTS TRANSMIT HEALING ENERGY TO SICK OR UNDERDEVELOPED PLANTS OF THE SAME VARIETY. This last point may be worthy of further notice for Homa Therapy research as intimated in Homa Therapy Farming Bulletin No. 5 as noted below :

> A strange phenomenon occurs when plants are bred in Agnihotra atmosphere. An aura type field of energy is generated from the plant while Agnihotra is performed in its proximity. The field contains nutrients and vibrations of love. The plant is continually able to draw on this resource that is given by performance of

Agnihotra in the area. This gives the plant the ability to maintain maximum growth and yield levels. At the same time a feedback of love is given to the area helping to negate the effects of thought pollution.

The scientists are especially trying to improve communication between people and plants. One psychology Professor W. Puschkin of Lomonssow University, Moscow, combines the theory of evolution, brain physiology and biology to hypothesize that human percept and other psychological qualities are based on celluar processes which exist already in an undeveloped form in the plant kingdom. He has also worked with measuring the reaction of plants to human emotion.

At the Agrophysics Institute, Leningrad, an apparatus has been developed by Prof. Karamorow which allows plants to regulate themselves their water supply and also light needed. This work has been done at the "Laboratories for Biocybernetics."

It is possible and perhaps potentially very fruitful to investigate Agnihotra pyramid fire and Homa Therapy farming methods on several levels-physical, mental, so called spiritual, psychological etc. Such work is of extreme importance now in the light of the status quo in which we find ourselves. No stone should be left unturned now. The consequences are too great and the number of people affected too large.

[US Satsang, Vol. XII No. 9, Sept. 20, 1984]

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Air Quality Testing For 24-Hour Homa Area Proposed

September 9 marked the completion of six years of 24-hour, round-the-clock Homa at Agnihotra Press Farm in Randallstown, Maryland (Suburb of Baltimore). This unique experiment literally the only one of its kind on the planet consists of Om Tryambakam Homa being done continuously while ghee is put into the dried cowdung fire at regular intervals. Ofcourse Agnihotra pyramid fire is done at exactly sunrise and sunset.

Previous SATSANG articles have related the "Miracles of the Homa Herb Garden and the enormous harvests that have been reaped from the vegetable garden nearby the Homa room.

We are how investigating the possibilities of having air quality control authorities do some measurements of the air quality in the area around the Farm. We were told that to get an accurate overall air quality testing a monitor is set up for air coming in and air going out (one up-wind and one down-wind) and one monitor within the area being monitored.

Normally air quality testing is done only when there is a complaint. What a paradoxical, Catch-22-like situation in which we find ourselves? Here according to ancient science we are cleansing and purifying the atmosphere and we were told that usually only bad air gets tested.

The truly emergency-like situation that more and more people are realizing we are approaching must open the minds and hearts of more of us so that even unconventional or unorthodox methods as one might label Homa Therapy receive their proper investigation and analysis.

The top scientists of the Western world who have through the doors of perception opened up by breakthroughs in physics come to realize that they don't know' are now called upon to save us from ecocide. Government red tape, vested economic or political interests, laziness or ignorance must be ameliorated by those of us with clearer vision.

Even a skeptical, close-minded approach to experimentation with Homa Therapy will yield positive results. There is no placebo effect with Homa. It purifies the air, the plants and our minds.

Note : Homa is a Sanskrit word for special, medicinal fire tuned to biorhythms. Homa Therapy is used for healing the body and mind wholistically and also for growing crops as nature intended.

[US. Satsang, Vol XII, No. 9, Sept. 20, 1984]

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Homa Therapy Reaching Many in Remote Areas of Chile

Ann Norton
USA

Among the green hills, clear, blue waters and volcanoes of southern Chile lies the rural area of Coipue. Judith Selby lives here, for the most part, a self-sufficient life off the land. Fruits, vegetables and herbs grow in abundance and the cows give generously of their milk for drinking, making cheese, butter and yogurt. The atmosphere is very peaceful and harmonious. In a small fire temple that overlooks the hills, Agnihotra, the basic process of purification of the atmosphere through a pyramid fire, is practiced each day at sunrise and sunset.

Many people are attracted to this small homestead. If not controlled, the place would be inundated by those coming for help. These people, many being native Indians, arrive on horseback, homa drawn carts or foot to meet with Judith. She is well versed in holistic healing modalities and gives of her total, loving self to help these suffering persons gain harmony in their lives. Homa Therapy is the important part of her treatment.

[US Satsang, Vol. XII, No. 9, Sept. 20, 1984]

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Ecological Crises Everywhere

What follows are excerpts from various magazines and newspapers as compiled in "Solar Age or Ice Age ? Bulletin" (Burlingame, CA.) Preliminary trials using HOMA THERAPY FARMING methods have uniformly shown the highest potential to 1) increase quality and quautity of yields of fruits, vegetables and herbs, 2) eliminate the expensive and dangerous practice of using chemical fertilizers, pesticides, insecticides etc. Results of HOMA trials in the West German Forests which began in June should soon be known.

As planet earth groans under the devastation being wrought upon it by humans, are there enough open-minded individuals humble enough to accept the possibility that they don't know all answers ? It is now the time for top scientists with such humility to step forward and begin serious experimentation with HOMA THERAPY. The benefits that may accrue can save millions of dollars and lives. *R. B.*

'A renewed threat of soil erosion: it's worse than the Dust Bowl' – "what scares the experts today is that in many agricultural regions of the United States, the erosion rate is far above tolerance. Varying studies show the average erosion figure to be somewhere between five and nine tons per acre but in some crucial farm areas the rate is strikingly higher. The soil is leaving the land at a record pace not only rich farm states like Iowa, but also in the East, the South and the Pacific Northwest. So far, farmers have been able to mask the damage by applying more and more of the chemical fertilizers that have become available in the past 30 years, but a day of reckoning may be near ..... Those struggling with that question might ponder the words of Dr. Priscilla Grew, Director of the Department of Conservation for California, another place where farm fields and orchards have been hard-hit by both water and wind erosion. 'Where soil is lost, civilization often goes with it, 'she observes, taking the long view. The decline of our soils is not easily perceived'. It is a chronic, slow process without the urgency of an environmental crisis. (Smithsonian, March 1981)

The people who 'Poison Our Water' - "If you want to watch a horror show, ABC has a big one for you tonight. It should be enough to frighten every American with a tale of anger and frustration that affects all of us -- even the culprits. The title is 'Water: A Clear and Present Danger'. If this were the plot of a James Bond movie, we would be fascinated at the villainy of the situation in which a flood of chemicals has invaded America's drinking water -- chemicals that cause birth defects, nerve and kidney damage as well as cancer and death, turning a universal source of life into a source of fear . . . . ' and while we wait, new chemicals proliferate -- 20 a week 1000 a year -- all added to the 63,000 already in our environment, all deepening the danger for our future. . . . ' concludes ABC." (S. F. Chronicle, 8/5/83).

'Drought Victims Raid Stores' - Thousands of victims the worst drought in a century in northeast Brazil have been raiding supermarkets for food, authorities said yesterday. A spokesman for the governor's office in Pernambuco, one of two States parched by the drought estimated that 300,000 people were suffering from famine. In some areas it has not rained for five years." (S. F. Chronicle' 8/17/83).

'Worst drought in century leaves dead land in Brazil' -- "Five years of drought have baked the earth hard and it lies in a cracked wasteland on both sides of the road. But it is the silence that is eerie. No birds sing; no crickets chirp. The land is dead and so is all that it supports. Francisco Amado, one of the 24 million Northeasterners afflicted by it, trudged along Cotton Road one recent day in 122 - degree heat, carrying a cloth sack with seven pounds of beans, rice and other food and some medicine. He said he had walked more than 100 miles to the Ceara's state capital, Fortaleza, to get his little handout from a government relief program. It was that or starve. Doctors estimate that 250,000 people in the draught area will die this year of hunger, thirst or malnutrition. The dry zone covers 575,000 square miles -- an area more than twice the size of Texas -- in the nine-state Northeast, where South America juts into the Atlantic Ocean.

The drought affects the lives of 24 million of Brazil's 131 million people. 'The drought is producing a race of sub humans' said Dr. Gentil Porto, a physician in the area for 19 years. 'Babies born during the drought undergo physical, mental and social degeneration. They regress to a pre-animal state. You could say the Northeasterner doesnt't live, he hides. '..... The Most Rev. (Dom) Helder Camara, the Roman Catholic archbishop of Recife and Olinda in Pernambuco agreed with the evaluation. 'The great affliction, of the area and, in general, with the country is that less than 10 percent of the Brazilians are getting richer at the expense of the population,' he said "(S. F. Sunday Examiner & Chronicle, 12/4/83).

'Famine in Africa "Worst in 10 Years"' - A two-year drought in Africa has brought the worst famine in 10 years, acute starvation and widespread disease, the head of the U. N. Food and Agricultural Organization said in an interview published yesterday. 'The situation in Africa today is even worse than the 1973 drought, 'Edouard Saouma. said in an interview with Newsweek. 'There were 30 million inhabitants in eight countries affected there', Saouma said, 'Now 150 million inhabitants have been affected in 22 countries in eastern, western and southern Africa.' Saouma said two consecutive years of drought, civil disturbances in some countries, cattle plague, bush fires and economic troubles have combined to create the famine." **(S. F. Chronicle, 11/28/83).**

'Dead Forests and Acid Bananas' - "In 1981, reports began to surface in the acid rain research community in the United States and Canada that a West German biochemist, Bernhard Ulrich of the University of Gottingen, was discovering extensive damage to tens of thousands of acres of forests. Ulrich's theory is not that acid rain alone is killing trees, but rather that acid flowing through watersheds is mobilizing aluminium, 'a normally insoluble metal abundant in almost all soils. According to Ulrich's scenario the acidification of forest soils is able to neutralize much of the poisoned rain and snow. During the second phase, acid begins to accumulate in the top layers of soils, progressively stripping away vital plant nutrients such as calcium and magnesium, thus causing tree growth rates to slow. But it is not until the third phase that the most devastating effects occur. With the soil's calcium balance destroyed. aluminium is suddenly released from the links with organic molecules that otherwise render it stable and harmless. It begins to attack the tiny root hairs of trees, through which the plants normally extract water (and nutrients) from the soils. The aluminium ravages the cells of the root endodermis, the inner passageway through which water moves. The trees begin dying of thirst (and malnutrition ... Bulletin--Ed.) from the crown down. And with the root system weakened, fungi and bacteria invade, and the tree has no hope of survival. By 1982 West Germany's interior ministry was estimating that some 1.2 million acres of its treesalready were dying in forests from the Harz Mountains in the northeast to the Black Forest in the southwest. In Bavaria, some 150,000 acres of forest are now composed largely of dead trees, and another eight million acres are showing earlier signs of damage. Just across the border, in Czechoslovakia's Ore Mountains, some 247,000 acres of forest are dead, and reforestation efforts are failing. If Ulrich is correct, the already evident damage is only the tip of the iceberg. His research suggests that phase two has been completed in millions of acres of forests in Germany and phase three-full-scale mobilisation of toxic aluminum-may be about to begin.

Camel's Hump is a a 4,100 - feet peak in Vermont's Green mountains that just two decades ago was verdant with red spruce. Hubert Vogelman, Chairman of the University of Termot's botany department, writes of a 1965 visit to the wild, virgin forest on the top of the mountain 'The trees were luxuriant, the forest was fragrant and a walk among the conifers gave one a feeling of serenity - a sense of entering a primeval forest. But you would not belive it today. The forest is collapsing. A University of Vermont research Scientist, Tim Sherbatskoy, has drilled out small core sections of living trees from Camel's Hump and then analized the annual growth rings. Not only do the rings indicate steadily declining growth rates in close correlation with historical increases in rain acidity, but chemical analysis also shows a tripling of aluminum in the rings since 1950. It also has become obvious that destruction on Camel's Hump was not limited to red spruce. Vogelman's latest survey shows signifcant declines in balsam fir near the peaks, in the transitional birch community farther down and even a startling decline of 25 percent in the mature sugar maple forest near the base. 'That', he says, 'is what's really important. Quite frankly, I' have been surprised by the levels of decline. But it is evident now that the total productivity, the biomass of the entire forests, is going down, down, down." (Audobon, September, 1983).

'Hard Rain Falls on Germany' Hardly a day passes in Germany without horror stories of the death of the German woods. The Tannenbaur (fir tree), symbol of Christmas, is dying/ along with the rest of the beautiful forests that comprise 29 percent of West German's land area. The situation is so dire that the Environmental and Nature Protection League of

Germany calls it an 'ecological holocaust.' And Peter Schuett, Professor of forest botany in Munich, doubts 'whether we have five years to prevent the death of the woods,' and warns that the 'ecological systems of Central Europe are breaking down and will be difficult to rebuild.' Whereas industrial pollution formerly afflicted trees near heavy industry as in the Ruhr Valley, trees are now dying in areas known for their 'clean air'. The whole continent is affected by the problem. The effects of acid rain are most dramatic in the Erzgebirge (ore mountains) on the East German border with Czechoslovakia. The once lush wooded area is now totally denuded. More ominous, efforts at reforestation have failed. Rye, potatoes/, and other vegetables can no longer be raised and water is undrinkable. The woods are dying at an alarming rate. A 1980 study showed that 60 percent of the fir trees in Baden-Wuerttemberg were healthy; two years later only 2 percent of the trees were healthy. In West Germany at least 8 percent of its trees are damaged or dead. Politicians in Bonn have been slow to acknowledge the problem. Last year legislators dismissed warnings of foresters, ,biolologists and Green the enviornmentalist-peace party) as 'panic-mongering. Now however politicians engage in a 'Fluchnach vorn' (rush to the front) on the issue. The Greens who made 'waldsterben' (death of the woods) a major campaign issue, forced many politicians to recongnize the need for action.

Industry, however, is not keen on fitting power plants and factories with scrubbers. The German coal industry argues that 90 to 95 percent of the problem in the woods is due to the natural process of soil acidification. The chemical industry proposes that fertilizers containing lime and magnesium be used to restore the forests to good health.

('Not Man Apart,' Nov' 83).

[US Satsang, Vol. XII, No. 8, Sept. 6, 1984]

* * * * *

United Nations Environment Programme

NEWS FEATURE

Latest Assessment of Global Status and Trends in Desertification

By Alastair Matheson

Although the countries of the developed world are least affected by desertification, they must accept a special responsibility for the problem and should contribute their resources and technical advantages in a common effort to combat it. This is the conclusion of a geographer Professor Jack Mabbutt who is the author of one of the key documents prepared for the meeting on desertification, held in Nairobi on May 17 and 18, as part of this year's Governing Council of UNEP.

"It is not just common humanity that requires this, but a recognition of common culpability", he writes in a survey which serves as a supporting document to the "General Assessment of Progress in the Implementation of the plan of Action to Combat Desertification".

Professor Mabbutt, who is now on the staff of the University of New South Wales, Australia, and a leading authority on desertification, points out that both the consequences of and the responsibility for desertification reach beyond the areas and people directly affected, drawing in the entire world community.

Mabbutt's assessment examines the present status of the problem and the trends towards further desertification around the world. After dealing in detail with conditions in three major land categories : rainfed croplands, irrigated lands and rangelands, Mabbutt concludes that the most serious example of desertification is to be found in the well-populated rainfed croplands, since desertification in these drylands threatens the largest number of people. It also has the potential for high rates of desertification with the eventual "irreversible destruction of land resources".

According to the author, the second largest population group at risk are those people living on irrigated lands, where the main dangers are the waterlogging and salinization of the soil. The impact in this case is more severe on the farmers in the developing world because of their poverty and their lack of skills.

The most widespread manifestation of the problem is, however, found in the world's rangelands. The Sahelian crisis of the early seventies gave prominence to this particular aspect of the desertification problem and Mabbutt cites it as an example of how a traditional system of extensive grazing can become a serious cause of land degradation when constrained by population or political pressures or if opened up to commercial exploitation or to challenge from agricultural settlements.

Professor Mabbutt describes as "the most dynamic form", the desertification which takes place in forests and other areas of woody vegetation when trees are destroyed. This not only reduces the biological resources but has adverse physical consequences such as accelerated water and wind action.

This form of destruction has been severest in semi arid zones where there is a high rate of population increase but a slow regeneration of the land due to climate. The threat is seen as being most severe in Africa, especially in West Africa, but also in the semi-arid lands of South America and Mexico and more locally in parts of Asia. The main cause everywhere, but especially in the tropics, is the demand for fuelwood in the absence of alternative sources of energy, also land clearing for more cultivation.

Mabbutt forecasts that this feature of desertification could have "the most dramatic environmental consequences by the year 2000". This threat will not be relieved by urbanization and the worst-affected areas will probably be in Africa, south of the Sahara, Andean South America and Mexico, with parts of Asia such as Nepal. In West Asia the problem is already advanced, but Mabbutt expects that alternative energy sources there will probably have been forced into use by 2000.

His assessment confirms the desertfication problem which was presented to the United Nation Conference on Desertification (UNCOD) in 1977, namely a threat to 35 percent of the Earth's land surface in its most vulenerable part and to 20 percent of its population. Already 60 percent of that area and an equivalent part of the population have been affected with between 25 percent and 50 percent of that number severely so.

Between the UNCOD conference in 1977 and the present time, the problem has continued to extend and intensify in all its forms and on persent trends the populations affected and at risk will have increased by an additional 30 percent or more by 2000; the area desertified will also have increased and the proprotion "severely desertified" significantly enlarged, with proportionately increasing losses in production and recources and mounting costs of remedial action.

Professor Mabbutt considers that the representation made at UNCOD of the dimensions, urgency and nature of the desertification problems, on the basis of which the plan of Action was formulated, were "essentially sound". He notes than this assessment, seven years later, reaffirms the need for the inventory which the plan of Action stressed, as too little is known yet about the areas and livelihood systems affected or threatened by desertification.

Looking again at the plan of Action, Mabbutt states that it usefully identifies three inter-related dimensions in its objectives, namely (a) arresting current desertification processes; (b) establishing an ecologically-sound and productive land use and (c) ultimately the social and economic advancement of those communities affected.

So far, however, most of the successes in combating desertification which have been achieved are in the first category, such as dune stabilization and reclamation of irrigated land. This shows the correctnees of the Plan's promise that technological means for successful intervention already exist. Measures involving management have been less successful and little has been achieved in establishing productive and ecologically sound land-use systems. Commenting on this, Mabbutt states it is clear that this stage cannot be separated from the broader one of economic advancement as a whole, in that social and economic considerations permeate every aspect of land use.

Professor Mabbutt considers the Plan of Action rightly draws attention to the climatic risks, enviornmental vulnerability and low productivity endemic in the drylands and the need to recognize these in actions under the Plan. This has been well borne out by experience since 1977, through the continuance of generally unfavourable seasons and by the recent critical expansion of drought in Africa, by the slow recovery of damaged ecosystems and by the impact of generally adverse economic conditions.

These aspects need constantly to be re-emphasized, states Mabbutt, not only to gain acceptance of the need for sustained actions, but also to assist in establishing priorities for actions and to give a realistic appreciation of what can be attempted. More attention should be given to the protective maintenance of such desertified lands, rather than to false prospects of complete reconstitution.

Apart from his global summary of the status and trend of desertification, accompained by some informative tables and other data. Professor Mabbutt deals extensively in his survey and assessment with regional situtions. The broad framework within which the regional assessment have been made coincides with that of U. N. regional commissions. Africa provides a special case where it was earlier on decided that the Sudano-Sahelian region should be the subject of a special report because it was the prime early focus of international concern with desertification.

In view of the important envitonmental and socio-economic contracts within the ESCAP region of Asia and the Pacific, separate assessments have also bcen made for Australia, China, South Asia and the USSR. Where single assessment have been made for commission regions, subregional differences have also been recognized in the text.

Ending with his projections to the year 3000, Professor Mabbutt summarises thus : It is anticipated that by the year 2000, on present trends, the problem of desertification will have extended and intensified further and that the drylands of the developing world will be even more clearly identified as the major problem areas. Within those regions the centres of maximum impact will have shifted towards the semi-arid tropical lands with particular critical conditions in the rained croplands and their bordering rangelands.

The trend will be accompanied by an increasing exodus of population from the desertified areas, but it is anticipated that in the less-developed countries, should present economic trends continue, this option will no longer maintain the growing urban populations. Under such conditions the need to combat the desertification problems on the ground, rather than to avoid it by migration, will need to have been more generally accepted than it is today. Brief Excerpts from the Assessment Document by Prof. J. A. Mabbutt entitled "Assessment of the Status and Trend of Desertification".

"*The regions most desertified in terms of population affected are :– South Asia with China, the Sudano-Sahelian region, Southern Africa, West Asia and South America, which together include about 80 percent of the people affected by desertification*".

* * * * *

"*Even allowing for the fact that the present assessment includes additional areas, and allowing for natural population increase in the interim, it would appear that the estimate of population severely affected by desertification, as presented to UNCOD. was much too low, particularly as regards crop–-based populations*".

* * * * *

"*That the driest part of the Sahel is not included in this category (rangelands with accelerating desertification) also reflects a view that desertification status there is already such that acceleration is no longer likely. Elsewhere, most drylands show a continuous downward trend and evidence of long-term improvement is restricted to a few favoured and more productive areas, as in the U.S.A. and U.S.S.R., where reclamation measures have been carried out*".

* * * * *

"*There is little evidence that severely–desertified rangelands will completely recover naturally, and reclamation works are generally unfeasible there on* *economic grounds. In such areas it is, however, the rangelands on sandy soils, commonly first to suffer during oncoming desertification, that show the best potential for partial regeneration under better climatic and stocking conditions".*

* * * * *

"In the rainfed croplands, accelerating desertification is widespread in tropical areas of Africa, South Asia, South America and Mexico, where subsistence agriculture under pressure of close settlement is extending on unfavourable terrain or erodible soils under persisting unfavourable climatic conditions with a high inherent risk of accelerated water erosion under intense summer rainfalls. These include the areas with greatest potential for increase in rural populations, and the situation has potential for a very rapid desertification to a virtually irreversible stage. In Mediterranean Africa and West Asia, a downward trend continues in the croplands, particularly associated with the extension of cultivation into marginal areas and with continuing unfavourable economic conditions.

* * * * *

"The only areas of stable or locally-improving trends are the temperate croplands of Mediterranean Europe, North America, and Australia, but in the last two areas the potential for renewed desertification through wind erosion remains, should severe and prolonged drought recur".

* * * * *

"By the year 2000 it is estimated that the population in the drylands will have increased from its present 850 million to almost 1,200 million and the rural component from approximately 500 to almost 600 million".

* * * * *

[US. Satsang, Vol. XII, No. 7, August 16, 1984]

SHOL—83

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THE SUN HAS RISEN ON A NEW ERA

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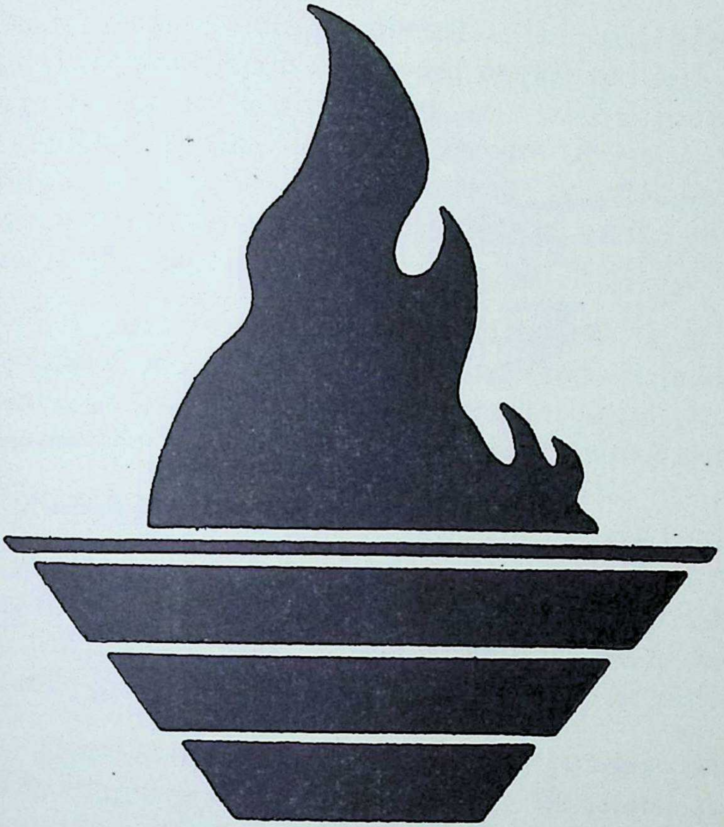
Bharatiya Satsang

October 1984 New Era 41 Vol. V, No. 5



THE KINGDOM OF HEAVEN IS NEAR AT HAND

Bharatiya
Satsang

October 1984 New Era 41 Vol. V, No. 5

DAAN (Share your assets in a spirit of humility)

To become happy we have to learn to eliminate factors which put tension on the mind. Practice of Agnihotra reduces the tension, and anger and greed are reduced. Agnihotra and Daan are two material aids for happy living.

What is Daan? Daan is sharing your assets in a spirit of humility. Learn to share a part of your income and your possessions with others. This is Daan. Daan is not mere giving cash or material possession. It has several disciplines. If the disciplines are not observed, Daan becomes mere donation. We practice Daan to reduce our attachment to worldly possessions. Such attachment puts great tension on the mind and makes it difficult for us to become happy.

A rich man has many things and he is attached to them while a poor man has nothing but he is hankering after them. Both of them tend to put a premium on unhappiness because of attachment. Practice of Daan helps to remove the tension which comes due to attachment.

Daan has following disciplines :

1. You give Daan because it is your duty to do so. This means you are not obliging the person to whom you give. You should consider yourself obliged by the person who accepts your gift. He is the instrumental cause to enable you to transform your mind hence he is obliging you.

2. Do not give Daan for name or fame. If you give cash or material possessions for name or fame it is not Daan. Daan has to be done in secrecy. "Let your left hand not know what your right hand does." If you talk about it to others it is likely to nourish your pride and our aim of removing tension on the mind will not be achieved.

3. Everyone wants to be happy and hence everyone has to share his assets in a spirit of humility. A rich man has to give and a poor man has to give. A rich man can receive and a poor man can receive Daan.

4. Daan needs to be made out of one's own earnings.

5. The person to whom you give needs to be a proper person. A hungry man is a proper person to receive food. A person in need of necessities of life is a proper person to receive them in kind or cash. In all other cases Daan should be given to a person who is normally given to what according to you are good habits. If you give Daan to somebody who you think is likely to spend it on wrong purposes, then it is not Daan. Not only have you not done a good act but you involve yourself in a bad act as you become instrumental in pushing him into wrong things and you become a partner in his guilt. If Daan is given to a rich person he is likely to spend the amount again in Daan by adding his own to it. If Daan is given to a poor person he is likely to spend it on good works. If Daan is given to a holy person you are always safe as he would certainly spend it for the benefit of society. Use your discretion in such matters.

Money in English is also called 'currency'. The world is not 'stagnancy'. It means, like the current of a river it has to be kept moving in Daan.

If you practice Daan with all the discipline involved, what happens? You part with one hundred dollars and within a short time you get back a little over a hundred dollars in cash or some material benefit. This is a superphysical law of nature and hence inviolable. Daan is therefore called a material aid to happy living.

You will also notice that in times of your need things come to you without asking for them. More important, you do not feel the tension when things go bad materially as you get into the habit of non-attachment to worldly possessions.

Agnihotra and Daan, the first two aspects of the Fivefold Path give a push to the mind in the right direction and your ability to choose between right and wrong improves. Your will to act according to the judgement given by your power of discrimination is strengthened and you are aided to get out of a vicious circle into a virtuous cycle. The biggest push in this direction comes from Agnihotra as it totally changes the colouration of the mind and your journey on the next three aspects of the Fivefold Path becomes facile.

[Reproduced from the book
"Light Towards Divine Path" by Vasant V. Paranjpe]

* * * * *

Too Little, Too Late

Barry Rathner

The dying forests in Western and Eastern Europe, the unmistakeable signs of the same things happening to USA forests and the disappearance of millions of acres of forests in the Third World by deforestation all bring us to the point of asking "What's happening?" Many wonder if there is any way out. The word IRREVERSIBLE now appears with greater frequency in reports of these ecological nightmares. What doctors politely call "terminal illness" in people is now confronting the trees.

Broadly speaking, efforts to combat these situations fall into two categories. Efforts to reduce polluting emissions from autos, factories etc. and to reduce the toxicity of effluents deposited into natural bodies of water try to keep the polluted environment from getting worse. Use of chemical NPK for newly planted trees, insecticides, pesticides, herbicides etc. aim to save what exists now. The pattern that is emerging however is one of TOO LITTLE, TOO LATE. Closing the barn door after the cows have run away, I am afraid, is what is happening.

The **Kronen Zeitung** newspaper in Austria (March 25, 1984) called the results of an environmental Conference "a joke !" It was referring to an agreement among nine European countries to reduce sulfur gas emissions by 30% up to 1993.

In Czechoslovokia in addition to desulfurization they plan to introduce new forestation techniques. However according to news reports (**Selte Kleine Zeltung** July 15, 1984) "a through change isn't expected before the turn of the century when the power supply will be changed to atomic power stations."

When facing situations which in some cases have become four times worse in the last 1½ years alone – as has happened to dying forests in W. Germany – people might not be blamed for being skeptical of alleged solutions that are to take effect in 9 to 16 years.

For years we have heard that "IF YOU HAVE TRIED EVERYTHING ELSE, THEN TRY HOMA THERAPY."

HOMA THERAPY FARMING BULLETINS (publisher Agnihotra University P.O. Box 43288 Washington D.C. 20010) as well as previous SATSANG articles detail treatments that speak precisely of the problems being identified in the forests. They also predicted many of today's problems as well as many yet to come that may – unbelievably – be even worse !

Whereas Austrian forest official Hannes Mayer of the Institute For Forest Construction of the University For soil Cultivation in Vienna expects an invasion of harmful insects in Austria which may create similar conditions to what happened in Germany and Czechoslovokia – forests in large areas perished after insect invasions – SATSANG portends :

> WATCH THE INSECTS. IT IS AMAZING HOW THEY WILL SHOW A TREND TOWARD MUTATION FROM THIS POLLUTION. IT IS NOT JUST RADIOACTIVITY THAT CAUSES MUTATION ON THE REPRODUCTION PROCESS BUT INSTEAD ALL FORMS OF POLLUTION CONTRIBUTE, ESPECIALLY THOUGHT POLLUTION.
>
> INSECTS BEGIN TO PLAY A ROLE IN THE DESTRUCTION OF MAN. IT WILL BE TERRIBLE WHEN THE MUTATIONS BEGIN TO MULTIPLY. THEY WILL ATTACK CROPS AND DESTROY THEM. BECAUSE NATURE IS OUT OF BALANCE. DUE TO POLLUTION THEY HAVE NO PREDATOR. ADD THIS TO THE DROUGHT, FLOODS AND OTHER DISASTERS AND MANY WILL STARVE. AGNIHOTRA ATMOSPHERE IS THE ONLY WAY OUT.

[Satsang, Vol. V, No. 9, September 15, 1977.]

Then remember it was January, 1979 – long before dying forests were dreamed of much less identified – when SATSANG warned :

> TERRIBLE THINGS COMING. REGIONS OF GERMANY WHERE THE SOIL IS EXTREMELY FERTILE TREES WILL JUST FALL OVER, PLANTS WILL NOT GROW. WHEN THE SCIENTISTS TEST THE SOIL THEY CAN FIND NO REASON EXCEPT SMALL PERCENTAGES OF ELEMENTS ARE MISSING AND SOME TRACE ELEMENTS. IT IS THE RADIATION FROM THE BOWELS OF THE EARTH CAUSING IT,
>
> CROPS GET PLANTED ONCE, TWICE, THRICE AND NOTHING GROWS. NOT EVEN WOODS. FARMERS TAKE CARE. LISTEN TO WHAT WE HAVE BEEN TELLING. IT IS ACCURATE, PRECISE.

[Satsang Vol. VI No. 17 January 18, 1979]

From Farming Bulletin 6,

ALBINO BUGS CAUSE CONSIDERABLE DAMAGE TO CROPS. THEY ARE WORM-LIKE OR LARVAE-LIKE CREATURES. ONLY WAY TO PERFORM AGNIHOTRA ON THE FARM AND PUT ASH AROUND THE PLANTS.

From Bulletin 7,

IF YAJNYA (HOMA) IS GOING ON ALL THE 24 HOURS IN PROXIMITY TO A GARDEN THAT IN ITSELF IS AN EFFECTIVE AID TO INSECT CONTROL. THE ATMOSPHERE BECOMES SATURATED WITH GHEE AND THE PLANTS ARE ABLE TO MANUFACTURE A PROTECTIVE COATING DUE TO A SPECIAL COMBINATION IN THEIR CHEMICAL MAKEUP INTERACTING WITH THE GHEE ABSORBED BY THE PLANTS BY BREATHING. THE YAJNYA ATMOSPHERE ALSO CREATES SOMETHING INTANGIBLE THAT PERMITS THIS SITUATION TO OCCUR WHICH IS BASED ON THE VIBRATIONAL CONTENT OF THE ATMOSPHERE DUE TO THE MANTRAS GOING ON ALL THE TIME.

From Bulletin 8.

THE SMOKE FROM THE AGNIHOTRA FIRE TRAVELS DIRECTLY EAST IN A COUNTERCLOCKWISE SPIRAL THAT IS PECULIAR TO THIS YAJNYA ONLY. OTHER YAJNYAS MAY BE DIFFERENT. STILL THE EFFECT SHOOTS STRAIGHT UP A DISTANCE OF APPROXIMATELY EIGHT MILES. SMOKE GOES IN OTHER DIRECTIONS FROM THE FIRE ALSO BUT IT IS MOST FREQUENT AND SPIRALS TO THE EAST. THIS IS WHERE MOST OF THE CONCENTRATION IS.

From Bulletin No. 9

IT IS FROM THE DIRECTION OF EAST THAT THE FLOOD OF ENERGIES, ELECTRICITIES AND OTHERS COMES. THIS IS WHY WE ARE TOLD IT IS BETTER IF ONE FACES EAST WHEN ONE MEDITATES.

THE ENERGIES SPIRAL IN A COUNTER-CLOCKWISE FASHION WHEN COMING FROM THE AGNIHOTRA PYRAMID BECAUSE A TREMENDOUS AMOUNT OF IMPACT AND ACCELERATION OF THOSE ENERGIES IS GENERATED

> THAT WAY. ALSO AS THE ENERGIES MOVE IN AN UPWARD DIRECTION, THEY ARE SIMULTANEOUSLY MOVING OUTWARD FROM THE COPPER PYRAMID IN ALL DIRECTION, THEREBY SPREADING THE EFFECTS OF AGNIHOTRA TO WIDER AREA. THERE IS THOUGH A CONCENTRATION OF THOSE ENERGIES THRUST TO THE NORTH. THE WORD "THRUST" IS IMPORTANT HERE.

An old SATSANG revelation though referring to reptiles rather than rodents seems reminiscent of what's going on in Australia with the mice infestation. (Many direct references to rats and mice are in previous SATSANG's as well including successful treatment of rats with Homa Therapy in Egypt.)

> REPTILES MULTIPLY AT FANTASTIC RATES BUT CHANGE THEIR DIETARY HABITS DUE TO POLLUTION. THOSE THAT USED TO SUBSIST ON INSECTS AS A BALANCE OF NATURE NOW CHANGE THEIR SUBSISTANCE DIET TO CROPS CAUSING MANY TIMES MULTIPLICATION OF INSECT POPULATION WHICH FEEDS ON CROPS AND ALSO DEPLETION OF CROPS DUE TO REPTILES. IN SOME PLACE THEY WILL BE CRAWLING EVERYWHERE AND THEY WILL BE AT PLACES WHERE THEY WERE NEVER SEEN BEFORE. TERRIBLE IT WILL BE. THOSE THAT ARE VENOMOUS, THE POTENCY OF THEIR VENOM INCREASES.
>
> IT SOUNDS LIKE SCIENCE FICTION WHAT WE ARE TALKING. ACTUALLY IT IS ABSOLUTE TRUTH.

[Satsang, Vol. V. No. 1 October 20, 1977]

Newspaper reports of mice popping out of people's toasters and building nests in the hair of sleeping women make one wonder whether Australians are indeed living through a truth that is stranger than (science) fiction. Better they start Homa Therapy as quickly as possible. Better we all do.

[US. Satsang, Vol. XII, No. 11, October 18, 1984]

* * * * *

Green Deserts

Notę: With increasingly greater frequency we are learning of decreases in arable land due to either directly manmade reasons or due to the whims of nature. Of course much of what we blame on nature seem to have manmade bases also viz. acid rain, temperature extremes and erosion resulting from deforestation etc. Fixing the blame however doesn't solve the problems. "Green Deserts", the organization responsible for the following article, quotes Alan Grainger who says.,

'Desertification is a manmade phenomenon. Thus it requires modifications in the ways which man uses land.'

HOMA THERAPY, simple processes of pyramid fires designed to heal the atmosphere, is a gift to mankind. The gift must however be utilized in order to be of benefit. For minimal effort and even more minimal expense anyone can today begin to experience himself the effects of Homa on mind. Within a month or less he will be able to observe easily the the effects of Homa on nearby plants. Interested scientists could work within simple experimental models to demonstrate Homa's efficacy.

The following is another example proving that the age of complacene is over. How long will it be before even tomorrow's meals cannot be taken for granted–be it in the Saheil or in New York City? The time for action is now. The risks of further delay are far too great.]

R. B.

"Forests preceded people, Deserts are following them", Voltaire

Some 80 million people around the Earth are in their daily fight for survival in the process of turning the fragile arid and semi-arid lands around deserts kilometers-an area larger than China, Canada and USA combined is endangered. This ugly process has an ugly name–Desertification.

Deserts create deserts. Deserts deter rain. Without trees and perennial vegetation to absorb extremes of weather, a cycle of drought and flash flood further devastates the land.

Green Deserts acts as a catalyst encouraging communities threatened by desertification to mobilize their resources and skills to lay the foundations of long-term environmental recovery.

Green Deserts is motivated by an idea that has fixed the imagination of many to see the deserts green again. It is within the capabilities of man to halt the desertification process and reclaim areas already lost to useful production. Green Deserts exists to channel resources into forestry, agriculture and appropriate technology enabling rural communities to become self-reliant.

"Over 100 countries are affected by desertification," says a United Nations Report.

Courtesy : Green Deserts. For more information write them at Rougham, Bury St. Edmunds, Suffolk IP30 9LY U. K.

Homa Therapy Farming Bulletin No. 4 states

> GREEN VEGETATION TURNS BROWN IN SOME AREAS; ALL NUTRITIONAL VALUE IN THE LAND IS DEPLETE. FROM NOW ON IF AGNIHOTRA IS DONE IN AN AREA WHERE THIS HAS HAPPENED. LAND WILL AGAIN BEGIN TO PRODUCE CHLOROPHYLL AND TURN GREEN.

Scientists are encouraged to investigate this bold statement.

[US Satsang, Vol. XII No. 11, October 18, 1984]

* * * * *

Comments on Survival

John D. Hamaker

December 1983

HOW MUCH TIME IS LEFT BEFORE IT IS HOPELESS TO ATTEMPT TO PRESERVE CIVILIZATION?

1. A continuation under the NRC and EPA do-nothing recommendation will result in starvation and anarchy at which point nothing can be done to stop glaciation.

a. Two crop years in a row like the 1982-83 crop year may be sufficient to cripple the world's social structure and prevent a successful effort to reverse glaciation.

b. Collapse of the world's debt-ridden economy may have the same effect.

c. A combination of the two is likely to occur.

2. The deadline for action to stop glaciation is now because :

a. Starvation is the critical factor. We have just lost about 45% of the 1982–83 crops to drought with the CO_2 at 340.44 ppm. In six years CO_2 will be at least 354 ppm. Drought and other weather problems are certain to become much more damaging to crops. Increasing food shortage is running into increasing population. Extensive starvation is now assured. The question is, can we keep sufficient order in the world while the effort to get the CO_2 out of the atmosphere is in process?

3. It will take four years of growth of fast-growing trees before we will have a minimal program operating. Lead time to get the program started in about two years for a total of six years. We will begin to have some effect in three or four years.

4. Beyond 1990 the rate of increase is so fast that we could never catch up with it before starvation destroys us. The reason lies in the huge potential of the system to put CO_2 into the atmosphere.

a. The NRC–EPA analyses overemphasize fossil fuel CO_2 because they are not aware of the fact that both soil carbon and plant carbon are moving into the atmosphere because of soil mineral depletion. The major increase in forest fires and the huge quantities of CO_2 found to be released from dead wood by termites are clear indication that the soil and plant carbon will go into the air. The death of the soil and plant life means death to all living organisms dependent upon them. That means an end to fossil fuel usage which fact reduces the NRC–EPA reports (detailing a "warming" caused by fossil fuel CO_2 emissions in the next century) to a display of ignorance caused by their failure to work in an interdisciplinary manner.

b. There is enough hydraulic fluid in the tectonic system to insure enough volcanism to maintain glacial conditions for 90,000 years.

c. The curve* for number of earthquakes per year shows three distinct ranges. The low range held in the 1920's, 1930's and 1940's. Quakes more than doubled in the 1950's and 1960's. In the early 1970's the frequency of earthquakes jumped to about 8 to 10 times the low rate and is still climbing. These three stages are clearly indicating three different conditions in the tectonic system. The low range is that of the low-pressure half of 100–year ocean floor cycle of feeding into the continenta heaters. The second range on the curve is that at the start of the high pressure side of the 100–year cycle. The third range is caused by the feedback of hydraulic fluid, pushed by the accumulating weight of ice, into the unglaciated areas of the crust. The more land area becomes glaciated, the more hydraulic fluid is forced back into the system.

* for quakes of Modtfied Mercalli Intensity greater-than-or-equal-to 5.

d. Both the earth's life system and the tectonic system are putting CO_2 into the atmosphere at a rapidly accelerating rate which by 1995 will be approaching the infinite. The present difficulties with food production all over the world strongly indicate that our chances of survival are less than 50% - if we start immediately. Anything less than a maximum effort to carry out the drastic reforms outlined in "The Survival of Civilization" will not have any chance of success.

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Footnote : I have been asked many times how I can be so positive that there is no time left. What proof do I have ? There is no signboard down the road which says, "This is the point of no return." My forecast is a judgment based on knowledge of how the climate cycle works. It is my judgment that we may have passed the point of no return for humanity in 1980. If I have underrated our social and technical capacity to respond to the crisis, then perhaps we can survive. It is my judgment that if the NRC-EPA advice is accepted by the nation, then we will be decimated by 1990. By 1995 atomic installations all over the world will be blowing up for lack of personnel to maintain them. The final end of the species homo sapiens may very well have been portrayed in the movie "The Day After".

1. **NRC = (U. S. National Academy of Sciences') National Research Council**

Report : **Changing Climate**

("Essentially, what we do find is the report predicting a gradual "global warming"—probably noticeable beginning next century - and concluding there is really nothing we need to do about it presently." D.W.

EPA = Environmental Protection Agency (USA)

Report : **Can we delay a Greenhouse Warming ?** (September 1983).

"THE SURVIVAL OF CIVILIZATION" by John D. Hamaker and Donald A. Weaver
This paper is an excerpt from the SOLAR AGE or ICE AGE BULLETIN No. 4-5, December 1983 edited by Donald Weaver.

Courtesy - HAMAKER COORDINATION EUROPE, by Renate Meier, Geneva, Switzerland.

[US Satsang, Vol. XII, No. 10, Oct. 18, 1984]

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Thoughts on Seeds

(HOMA THERAPY farming methods i.e. using cooper pyramid healing fire to grow more and better crops without chemical fertilizers, insecticides, pesticides etc. operate on the gross and subtle levels to effect their benefits. The following article presents some ideas that provide food for thought on some subtle aspects of plant life.)

R. B.

A seed is not a random accumulation of matter, but a well organised one. Hence only certain freedoms of vibration are permissible and in the whole seed the directions are axially polarised. This freedom of vibration along some specific axis, will depend on the chemical combinations existing in the seed and their chemical bond. The resultant pattern of these vibrations and molecular arrangement, if amplified. will influence the growth of the plant. Now let us suppose that, for instance in a seed of a particular species of a plant, we have a combination of three fundamental proportionalities, or simply tones, thanks to their chemical constitution. These tones will have different frequencies and different harmonies according to their pitch. They may also have different amplitudes that is intensities. A combination of these tones, thanks to their interference, will produce a definite pattern in three dimensions. It would be enough to amplify these mechanical vibrations which lie hidden in the seed – where this vibration is extremely minute and faint – in order to produce an outburst of the seed. This amplification can be compared to a singer singing its resonance tone into a glass. The glass breaks into pieces when the amplitudes of the molecules become too large for it cannot grow. On the contrary, the plant being a living thing begins to grow, but it will begin to grow according to the particular interference pattern of its component tones, the amplitudes of which have been increased. The cause of the amplification, which increases the momentum of the molecules (which is dependent on their freedom of vibration) is Light. To its different wavelength the molecule will react differently. We know that the infra-red band of the light spectrum increases the momentum of molecules by thermal agitation. We see why heat is indispensible for the plant's growth. Other frequencies of the light spectrum will produce analogical effects in their wavelength range. Ehrenhaft's photophoresis and his latest experiments with graphite dust, leave no doubt about this effect of light. This aspect of the problem explains in one stroke a great many facts.

From the combinations of the possible freedoms of the vibration (due to the chemical bond, etc) of the seeds, different patterns will result and the growing plants will assume a different shape and acheive a different morphological form. We see that the shape of the plant, the peculiar shape of the species, results from the interference pattern of the combinations of the mechanical waves, which we usually call "sounds". From different collections of tones, intervals and their amplitudes, specific shapes will emerge. Such shapes are literally music petrified in form and matter.

The environment of the growing plant will also affect it. In different positions and environments, a slight change in the accidentals of the shape will appear. But the fundamentals will not easily change. Actually the very root and basis of genetics are tangible here.

Considering all these quite logical factors and accepting them as a working hypothesis for a possible solution of these most interesting problems, it was concluded that the sap of the plant must essentially have in itself the same vibratory combinations as the plant. By crystallizing the sap one would expect that shape of the crystal will correspond in some way to the morphological appearance of the plant from which the sap was taken. Therefore specimens were taken and examined under the microscope. In several cases of very typical shapes of the plants the results were definitely positive. The best examples were obtained with the sap taken from the leaf of Yarrow, or otherwise called Milfoil (Achilles Millefolium) Nasturtium or Indian Cress (Tropaelum Maius) and Dandelion (Taraxcum Officinale), The sap was simply dropped on the microscopic slide and permitted to dry and crystallise. This proves that the principle is not without foundation anyway in some cases. We leave the more exact determination to specialists. One curious phenomenon was observed. In order to obtain these crystalline patterns, the sap had to be put on the slide shortly after the plant had been picked up. Also better results were obtained when the plants were picked after rain than during a dry spell.

From these results and the logical trend of thought, we may presume that the future shape of any plant is concealed in the vibratory motions of the seed. It is also believed that the general lines given above can be accepted at least as a working hypothesis.

COURTESY : DR. PETER MANNERS. THE BRETFORTON SCIENTIFIC AND NATUROPATHIC MEDICAL RESEARCH TRUST, BRETFORTON HALL, BRETFORTON, EVESHAM, WORCESTERSHIRE, U.K.

[US Satsang, Vol. XII, No. 10, Oct. 18, 1984]

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Programs In Austria
(One Week each)

YOGA AND MEDITATION FOR ADULTS

5.00 Agnihotra
Pranayama
Prostrations
Salute to the Sun
Head Stand
Yoga Mudra
Shower

7.30 Preperation of Breakfast (each day with two different people)
(Musli, sprouts, nuts, dried fruits, fresh fruits, curd)

8.30 Breakfast
Cleaning
Personal Things

10.00 Homa
Food Class
Preparation of Lunch (each day with two different people)
(3 different salads, cooked grains…..)

12.00 Homa

12.00 Lunch
Cleaning
REST

3.00 Class : Introduction
Agnihotra
Daan
Tapa
Karma
Swadhyaya
Mantras, Songs, other activities like drawings, Mandalas.)

5.00 Preparation of Dinner (each day with two different people)
(1 salad, bread, butter…..)

6.00 Homa
Dinner
Cleaning
Shower

8.00 Satsang (questions, music, other activities, Asanas)
AGNIHOTRA
"Who am I" - Book - Activity
10.00 Sleep

YOGA AND MEDITATION FOR CHILDREN

5.00 AGNIHOTRA
Pranayama
Prostrations
Salute to the Sun
Head Stand
Yoga Mudra
Shower
7.30 Preparation of Breakfast (each day with two different children)
8.00 Breakfast
Cleaning
Personal Things
10.00 Homa
Food Class
Preparation of Lunch
12.00 Homa
12.30 Lunch
Cleaning
Rest
3.00 Class : Introduction
Agnihotra
Daan
Tapa
Karma
Swadhyaya
Mantras, songs, drawings, Mandalas, other activities, Yoga asanas
5.00 Preparation of Dinner
6.00 Homa
Dinner
Cleaning
Shower
8.00 Satsang (stories, music...)
AGNIHOTRA
Sleep

[US Satsang, Vol. Vol. XII, No. 11, Oct. 18, 1984]

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From Vasant's Correspondence.

If we allow loneliness to trouble us, then we are merely falling prey to our own desires. If you are doing exactly all the disciplines and things told to you, then absolutely no disharmony can accompany you.

* * * *

Start devotional singing once a week. Anything else you want to do is fine but include or actually center whole thing around devotional singing. Of course do YAJNYA. The singing is the key now.

* * * *

Use your new found strength wisely. The strength does not come from sitting with Vasant. The strength comes from disciplines and doing what is given to you to do. That is why you are feeling this.

* * * *

Things change and also if you follow guidance it goes as planned. Otherwise plans change.

* * * *

Every answer comes in silence.

* * * *

If you do the disciplines your job will seem easy to you. Your house will be simple to maintain. It is not necessary to put lot of money into fixing up a house. Just keep it clean and neat. Then do all disciplines in the house and the atmosphere will clear and become peaceful and serene.

* * * *

Remember your husband does better when you improve. He is like a mirror of your development. You have the position of a teacher with him and whether or not you like it, it is there.

* * * *

Devotional singing of songs as well as Mantras are good now. In Baltimore a group can meet. YAJNYA may be performed and devotional singing led. Music of all kinds is very important now. In conjuction with YAJNYA music is very powerful.

* * * *

So much is there but if you don't take a step to take, it does not come. It does not go away. It just does not come to you.

* * * *

You should be very strict with yourself, strict diet and absolutely no drugs or stimulants of any kind. Of course, gradually get rid of coffee and some such things. Main thing is drugs. Now Marijuana will not be safe because of pesticides and other sprays being used. Of course it is not safe to Design with and it is actually poisonous in some areas.

* * * *

Because there is so much stress in environment everywhere we have assigned the discipline timings for meditation and if followed they have cleansing effect on mind and body. If you do these timings you will see how, much more calm the day goes even if things do not happen exactly as you planned. You will find it easier to face change and daily life situations.

* * * *

Answers come in silence. The guidance is given when you are quiet. At times some guidance can be interjected but most times it comes in meditation dream or vision when the mind is more still.

* * * *

There is so much difficulty now all over.

* * * *

Go on utilizing your time with great care and you will see so quickly how all of it comes to you.

* * * *

We are not weakened by the pain in physical body. When the Physical body suffers we are lifted higher. With meditation and Yajnya fire you could rise above it. Remember that. No pain is too great to bear.

* * * *

All these difficulties you will rise above it. You are doing right action in not talking before having clear in your mind what you will say.

* * * *

Do not lose the strength you have been given. Strictly follow all disciplines. Sit for atleast 15 minutes after Agnihotra time. This is so important for you.

[US Satsang, Vol. XII, No. 10, Oct. 4, 1984]

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Homa Psychotherapy : Going Through The Pain

Barry Rathner

In an article published in May, 1976 I wrote in my first SATSANG article about a lesson I had learned from Carola Waterman, Homa Therapy and yoga teacher from Holland. What she said basically was, "You may as well learn to go through the pain; by avoiding it, you merely postpone and delay the inevitable."

Often we experience the desire to do some Hatha yoga on a regular basis but then faced with the moment of beginning some morning we think of our tiredness, the hint of a sore throat coming on (maybe) or of the pain that doing some exercises might endanger. Were it necessary to think of anything, perhaps better to think of the multiple benefits we would have and feel after completing the session. Ideally of course would be not to think at all and to do our **Tapa**-self-discipline-because we know it's the right thing to do.

In Patanjali's Yoga Sutras human experience is put into one of two categories-painful and not painful. On first glance we may be surpised to find which experiences are considered painful. Most things we would usually label "pleasurable" are considered to be painful. Many things we would think of as being "unpleasurable" are called not painful. What's going on here?

When the Bible states that the chances of a rich man entering the Kingdom of Heaven are the same as those of a camel passing through the eye of a needle, we get insight into the perils of socalled pleasurable life experiences. More and better color TV sets, videos, stereos, quadriphonic systems, autos, clothes, perfumes . . . . usually do nothing more than create the desires for more of these items. Rarely do we hear of anyone being **satisfied** by what he or she has. The fulfillment of one desire brings two desires in its wake. Human existnce thus takes on the quality of that of mice going round and round on treadmills, going nowhere except back to the beginning. Thus what most consider pleasurable in reality beomes painful as the attachment the experience creates further binds the individual.

An experience we might normally consider unpleasurable furthermore can serve to help us on our way. Visiting someone in hospital may be unpleasant and much less "enjoyable" than going to a concert but the feelings of gratitude e.g. that we may have that we are enjoying good health may be valuable, not to mention the happiness of the person whom we visit because of our visit. Such an experience can therefore be called not painful.

"Pleasure seeking" may be looked at alternatively as "pain avoidance." Recreational drug usage e.g. at first may be construed to be an act of seeking the pleasures of being high, giddy, more aware of colors, sounds, tastes, etc. How often however does using drugs quickly progress into a manifestation of trying to avoid pain, avoid responsibility, avoid thinking, avoid feeling, avoid living? What trys to sell itself as enjoyment and pleasure in reality is a painful experience. This is true not only because of the everpresent and common danger of attachment to drugs– physical as well as psychological – but also because of the underlying purpose for the drug taking – the attempt to **avoid pain**.

Whether it is the housewife trying to escape the drudgery of dirty diapers and dishes, the printer wishing to be high while his press rolls or the student looking for a way out of thoughts of Statistics 101, basically the same process is involved. Escape from boredom, listlessness, absence of goals – is an escape from the pain of life. The ignorance underlying this is pitiful.

In truth the pain is our separation from our inner Selves. If we mask the pain we lose a strong impetus towards doing what is necessary to return to that place, to the God within us. The pain can strengthen our will, enlighten our minds, push us closer to the Light. Trying to escape it through sensual pursuits is a mockery of the precious gift of human birth.

We wrote earlier of another of Patanjali's Sutras "To avoid the misery that is yet to come." Were it not possible to avoid future life misery it would be foolish to spend time even discussing it. But it is possible: But to do it we must learn to go through the pain, experience it for what it is and what it isn't. We must pay our past debts not delay them so that they can crop up at any given moment and bother us. We must decide to begin again from **this moment** and try to be as perfect beings as we can. Why? Not because it is our duty, not because it would make our parents happy, not because the Bible says to do it, not because 9 out of 10 nuclear physicists advise it .... We must do it because our happiness depends upon it. It's just that simple.

Our happiness depends upon doing the right action at this moment, using the momentum generated to carry us into right action in the next moment and so on. Our happiness depends upon using past mistakes as lessons to help avoid future ones. Our happiness depends upon acting in such a manner that we learn more truly to love ourselves.

More and more the message is heard that THERE IS NO MORE TIME TO LOSE. The world's stage is set. The negative forces surround us and it is only the positive potential within us which can protect us and attract the grace essential for our survival.

The Fivefold Path is given as a concise plan for survival. If you're not doing it, try it. If you're already doing it, think of doing more of it. If something feels wrong, do some more **Tapa**. If you have a spare hour, do some **Swadhyaya**–self–study. Evaluate for yourself what is truly pleasurable and what is painful. It's not really that difficult to see. The rewards moreover may make it an extremely valuable endeavor.

As THINGS become more difficult everywhere the tendency just to survive or just make ends meet may come to us. We feel the justification to "reward" ourselves at the end of a long day by getting stoned. But truly these days present unprecedented opportunities to us and to take advantage of them requires unceasing vigilence and maximum efforts. Being a "weekend warrior" just won't cut it now. Of course if you are satisfied with half a cake, fine. If partial happiness is sufficient for you, so be it. But the truth is deep inside of all of us is a striving for supreme happiness, perfection, total wisdom, all love. Once you' have been to the top of the mountain, you do not want to go back.

Through Agnihotra many had glimpses of the mountaintop. The glimpses may have been 'given' to us or we may have 'earned' them. Whichever, we want to go home, return to the place where we belong. No less a chance is being given to us right now. We must learn to THINK BIG. Nothing bigger is likely to come down the road.

[US. Satsang, Vol XII, No. 9, Oct. 1984]

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SWADHYAYA (Self-Study)

Vasant

We are the creators of our pain. We are the ones who cause our own suffering. This should not be repeated. If we have doubts we are subjects to confusion. This weakens us.

Let us first become humble. It will not hurt us to become humble. Let us be grateful for everything given. Automatically this comes in silence.

Let us see how it works. Let us call this a new day and beg we should not wait for tomorrow. We have gone into the habit of expecting others to serve us. It is not like that. Let us serve others. If we have that frame of mind we will instantly be the recipient of Grace given. Immediately the effect will go to other people regardless of past behavior or mistakes. Automatically if, in every action we be of service, things come. We are here to serve. Once we practice this the doors we have closed in our arrogance will open to us once again. Let us not think at all except love. Let us not utter a negative thought. Let us try to eliminate negative thinking. Let us think of those who love us. Let it flood our being. Then let us give love to all around us. It is within us.

We create monsters in mind who do not help. We do not feel, hear or see but Sadguru is with us always. We just have to love people and the love comes back to us. If we follow the simplest guidelines we will find marked difference in our entire life. Let us forget about whether or not we are devoted. We do not know our own mind much less what is in our heart. Shree does not only look to our thoughts but to the soul. Let us just be nice to others. That's all. Instantly we will experience joy in return. Intense action of any kind fructifies in shortest possible time. That is the way ego can go. Let us just be nice and the ego starts to go away. Everyone on the Fivefold Path has love. The distance we create. The separation is our own imagination. Let us start being a part of this family of Fivefold Path. We have to laugh or we will remain in the same trap again and again. No need to talk to anyone. Only to. love !This is our need. Love and make others happy.

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हरिद्वार
10/4/86

THE KINGDOM OF HEAVEN IS NEAR AT HAND

Bharatiya
Satsang

November 1984 New Era 41 Vol. V, No. 6

TAPA (Self-discipline)

Tapa is the third aspect of the Fivefold Path for happy living. Tapa is self discipline voluntarily imposed by yourself with total cooperation of the mind and intellect. While we are crossing the river of life there are six crocodiles which trouble us: passion, anger, greed, attachment, pride and envy. Unless the trouble from these crocodiles is reduced we are not going to be happy.

Constant pursuit of material objects will never culminate in finding worthwhile solutions to our problems. The problems multiply giving rise to a built-in mechanism which defies all solutions. The problems are resolved only by practice of Tapa. Tapa sensitizes the body, makes the flow of PRANA harmonious and the will power is strengthened. The resistance that the body and mind offer in the pursuit of the Path of Light is broken and the bodily vehicle becomes a more sensitive instrument of consciousness.

Control over the body brings about harmony between intellect and emotions. This is Tapa, the process of character building through discipline. Tapa is an effort to exercise control over Prana, the life energy that connects us with the cosmos and pulsates through us. Control over Prana means control over mind. Tapa establishes us in a state of fearlessness born out of love. Tapa begets utter humility which accentuates our journey on the Path of Light. Tapa grants us true understanding wherein love synthesizes with discipline and duty takes the total colouration of bliss. Tapa improves our perception and grants us the ability to see through vicissitudes of life. By practice of Tapa we bear with fortitute unpleasant situations in life and experience without infatuation the pleasant ones. Tapa unburdens the mind by transformation of the attitudes.

Tapa unlocks the latent powers within us and makes them patent. Creative powers and true knowledge dawn through Tapa. If we remain unattached to these creative powers and do not hanker after them we enter higher states of consciousness. Tapa is like fire which finds its own way to spread itself. Tapa makes us realize the evanescent nature of material conditions and thus our attachment is reduced. Then the fountain of joy gushes forth and mental agony, anxiety and tension are relegated to the limbo of the past.

If a desire is fulfilled it gives rise to two more desires If it is not fulfilled it leads to anger. Thus a satisfied desire leads to hunger for more desires and an unsatisfied desire leads to anger. What is the way out? A person feels that the moment of gratification of his desire is his highest moment of happiness. However a little more examination will show us that it is not the gratification of the desire that has brought about this happy state of mind but it is the eradication of the desire that makes him happy. There is no more burden of the desire on the mind and hence he feels happy. If we are able to bring about this happy state of mind by eradication, then our work is done.

There is a difference between appetite and hunger. Hunger is a natural demand by the body. Supposing one evening you have overeaten and you go out for a stroll. While walking through the streets you pass by a restaurant. From the glass show window you see sizzling food being cooked inside and your eye is stimulated. You go a few steps ahead; a waft of breeze brings the smell of food and you hear soft music being played inside. Your ear is stimulated. These stimulants create an appetite and quietly you enter the restaurant and help yourself to your heart's content. The momentary contents of the heart however are not shared by your overwrought stomach, contributing to ill health.

Someone abuses you or says something bad about you or you think he has said something bad about you and you get angry. If you decide to cut your own fingers because of this, you would be called a fool. Now look what happens when you get angry. The pupils of your eyes expand and your breathing becomes fast. The metabolism is affected; the endocrine system is affected. This puts a strain on the nervous system and the mind is disturbed. Is this not similar to cutting your own fingers, if not worse? What do you gain by getting angry? You hurt yourself and in no way do you improve the person who you think is the cause of your trouble. The intellect thus tells us that one should not get angry. However, mind is in certain grooves of habits and it needs to be trained to get out of those habits. This is Tapa. Practice of Agnihotra helps a good deal in this effort.

Most misunderstandings and quarrels arise because we cannot control our tongue. Hence we may start practicing a few things. The list is not exhaustive but merely illustrative.

Do not show your importance while you speak.

Do not use harsh or spiteful language. Truth can be told in a palatable manner.

Do not indulge in backbiting.

By describing other persons' faults you wish to show that you are superior. Avoid this. With speech much energy is consumed. We should learn to conserve it.

If someone speaks ill about another person in his absence, treat him as an uninvited guest.

Get rid of the habit of blaming others when things do not come about the way you wish them to be.

Never speak ill of others. You create evil thought forms which impinge upon you and weaken the mental fibre.

Do not get into a holier-than-thou attitude.

A wrong thought, word or action creates a groove in the mind and your future thought, word or deed tends to flow in a similar pattern. This puts a great burden on the mind.

The moment we are disturbed we feel we must get away from this state of mind and be happy. Happiness should be a natural state of the mind. This is possible when all our reactions to outside conditions flow from LOVE. In fact, when the mind takes the total colouration of LOVE the journey on the Path of Light (Divine Path) is nearly done. Methods to achieve this state are Tapa.

From the cradle to the grave vanity takes a heavy toll of mind energy. Due to vanity we are unable to see the other man's point of view. Opinion is ultimately an end product of intellect expressing itself as an attitude of the mind. There can be several attitudes out of which ours may be only one. Religious dogmatism is the worst kind of vanity which has taken a heavy toll of human race. The swollen ego struts about the stage of life and we become miserable at every point of friction.

Vanity breeds smugness and intolerance. Our errors come disguised as righteousness due to vanity. So called self-righteousness is also the manifestation of ego. Vanity is the breeding reactor where fanaticism, orthodoxy, dogma and cultism thrive. Bigotry never admits mistakes and invents long-winded defense for its misdeeds. Anger and vanity thrive upon each other. Therefore practice the following.

Do not hanker after name and fame.

Do not make a vulgar show of your possessions or your academic accoutrements.

Avoid talking about yourself. Listen more. Talk less. We have two ears but only one tongue.

In conversation, avoid dogmatic self assertions.

Be humble. Humility is the hallmark of a person on the Divine Path.

Do not try to pose what you are not. Attempt to become as you wish others to see you.

Envy is grudging desire or discontent at someone else's success. Envy coexists with prejudiced hostility or animosity. Envy blinds us to our own blessings. Envy clouds the intellect and disfigures the mind. Envy leads us off the track of discrimination between right and wrong. The Law of Karma is inviolable and hence there is no place for envy. To overcome envy learn to be happy at the success of others.

Sex, when permitted to run riot becomes lust. When sex becomes the instrument of self indulgence much energy is drained off and the will is enfeebled. The more we are trapped in sex the cloudier the intellect becomes. Passion haunts all humanity and keeps people in a tantalizing state. It dangles the carrot of pleasant sensations before us and makes us labour like the proverbial donkey. When the sap is squeezed we are fit for the trash can. When sex is not channellized, it envelopes the mind and all the sensory stimuli apparatus is enslaved towards this end. Sex then acts like a parasite on the whole organism. This leads to violent emotional disturbances. To restore the sexual instinct to its natural function and to bring the emotions under the contral of intellect is Tapa.

Greed chains us down to the objects of phenomena, draining all our energy over trivial things, the same energy needs to be harnessed to higher achievements. Initially, a person starts piling up material things as a means for comfortable living. Later on he gets dragged into the habit of piling up things for their own sake. People try to adopt devious ways to acquire wealth not realizing that they have to reap as they sow. Just think for a moment what all this is for. It only hardens the chain of desires around us and chokes us further.

To eliminate the tension on the mind which comes due to attachment, practice DAAN, the second aspect of the Fivefold Path. Bear in mind that wealth is merely the means to an end and not an end in itself. If robbery is sin, so is a massing material objects without the habit of giving.

Tapa is training the mind. This training could be considered from various aspects, e.g. :

— Removal of tension on the mind which comes due to bodily causes. Practice of Yoga Asanas (physical postures) is helpful in this regard.

— Removal of tension on the mind which comes about due to disharmonious flow of Prana (Life energy) through the nervous system Prannyama (Yoga rhythmic breathing) helps eliminate this tension. Yoga Asanas and Pranayama lead to good health and better performance ability.

— Removal of tension on the mind which comes due to atmospheric pollution. Agnihotra is the most scientific method to remove this tension and simultaneously nourish plant life around us.

— Removal of tension on the mind which comes due to wrong habit patterns. For this, we have first to deal with the six crocodiles mentioned above. Mind is in the grooves of habits which exact a great toll of energy for purposes that take us away from the Divine Path (The Path of Light).

You like to eat your favourite dish because it grants you moments of happiness. You like to read a novel or watch T.V. or play at the pool table because it grants you moments of happiness. However, you soon get tired of these external stimulants. Their capacity to make you happy becomes marginal. Later on, sometimes, they even tend to play on your nerves. By practice of Tapa you realize that no external stimulants are necessary and you can be happy when all the Light within shines.

The mind training which is Tapa needs to be undertaken with the cooperation of the intellect. The methods have to be within the reach of the average person. The Fivefold Peth presented here takes into consideration all the above aspects of the psychosomatic man and teaches new biopsychological habit patterns which act as reinforcers to Tapa.

Tapa purifies the body and the mind and enables us to notice subtler aspects of behaviour. It strengthens our perception and improves the evaluation of that perception. This results in better action. When the mind gets purged of these six crocodiles KNOWLEDGE dawns. This is knowledge transformed into wisdom We enter into higher tiers of consciousness and we feel LOVE towards all creation. This is happiness that is not followed by unhappiness. Tapa is the key which unlocks the hidden treasure and accentuates our journey on the Path of Light. The traveller on the Path of Light experiences intellectual illumination, peace of mind and total joy. Tapa enables us to perform better in any given situation in life as we land ourselves in higher consciousness where Universal Love is the ultimate value. The Kingdom of Light is within you. This is the Eternal Truth. LOVE is the key to this Kingdom.

[Reproduced from the book
"Light Towards Divine Path" by Vasant V. Paranjpe]

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Vasant on Homa

When Homa is done in a garden or under a tree the effect of the smoke first goes to the leaves. The smoke acts as a catalyst for the generation of chlorophyll in terms of a chemical reaction which can easily be shown to someone by a botanist who may choose to study the subject.

Pear trees will bear sweeter fruits in Yajnya atmosphere.

The amount of force that is thrust from the copper pyramid at Agnihotra time cannot be harnessed. There is enough energy released from one Agnihotra pot to give light energy to an entire city.

Birds would be another means by which one could measure the effects of YAJNYA of living organisms.

[US Satsang, Vol. Vol. XII, No 9, Sept. 20, 1984]

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Pyramid on Mars ?

A recent Associated Press news clipping went as follows (dateline–Moscow) :

"New Soviet studies of space photograph of mars show weird 'quadrangular pyramids.'

Latest special photos of the 'Cyclonia' area on Mars reveal features which can't be explained by the geological structure of the planet.

Soviet studies incline towards the 'pyramid' theory. If these pyramids were made by somebody then they are really big. They are being linked to amazing pyramids found on the ocean bottom near Bermuda and other just located in Brazil's jungle. Some of these structures on Mars are nearly a mile wide (at the base) and rise up half a mile high. They extend over 10 square miles."

[US Satsang, Vol. XII, No. 9, Sept. 20, 1984]

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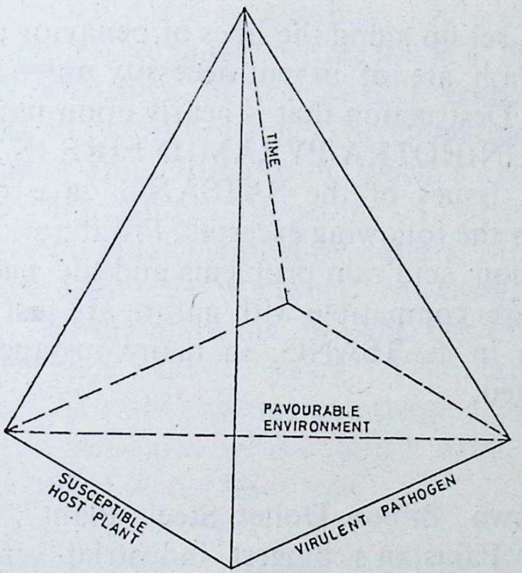
Fight the disease Pyramid with Copper Pyramid Fire

Disease in plants develops only when a susceptible plant, a virulent pathogen and a favorable environment occur together for a critical period of time. The volume of the pyramid represents the amount of disease that develops.



This analysis comes from the Cooperative Extension at Cornell University (Ithaca, NY). The Extension consists of the New York State Colleges of Agriculture and Life Sciences, and Human Ecology working with the U. S. Dept. of Agriculture.

As Homa has demonstrated in preliminary studies the ability to neutralize virulent pathogens as well as to create an unfavorable environment for disease by reducing air pollution and acid rain, perhaps now is the time to make wide use of the copper pyramid (in which Agnihotra is done) to fight the disease pyramid. By working directly on plant metabolism and strengthening plants through cellular structural changes and changes in root system configuration. Homa further reduces plant disease by reducing the susceptibility of the host plant.

[US Satsang, Vol. XII, No. 9, Sept. 20, 1984]

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The World of 1984

Below are excerpts from magazine and newspaper articles published between March and April, 1984 in the areas of environment, appropriate technology and health-pollution. These are topics SATSANG has dealt with in detail over the years.

As 1984 comes to an end the planet finds itself clinging precariously to some sembalance of homeostatic balance which however seems capable of falling apart at anytime.

New Age lifestyles set up along the lines of behavior and action outlined in the Fivefold Path are of urgent necessity now for those wishing to survive the Age of Destruction that is nearly upon us in full swing. Daily performance of AGNIHOTRA PYRAMID FIRE IS THE ESSENTIAL ELEMENT, Back issues of the SATSANG gave revelations of many areas mentioned in the following excerpts. Proliferation of rats, warnings against desertification, acid rain problems and the need to adopt living standards which are compatible with nature are just a few examples of information given in SATSANG, in many instances long before the situations manifested.

ENVIROMENT

"Rats Sabotage Two Billion Doller Steel Plant". Rats have caused major damage to Pakistan's biggest industrial venture, the 2 billion Pakistan Steel Mills near Karachi. A multinational firm has had to be hired to eradicate them. "Sabotage" by the rats during the last three years has often led to explosions, short circuits, blowing up of control panels, fires and halting of major works. To prevent rats from eating wires and other installations the management was putting out special bait at 1.5 mill-on strategic points in the plant but all bait was soon consumed and had to be replaced.

"Warning Against Soil Erosion"

"State of the World-1984", a global assessment of the world's resources and economy, carried out by Washington's Worldwatch Institute observes that in the years to come soil erosion will be a more serious long-term threat to world economy than oil supplies and prices. It says that the ever increasing demand for food is destroying more topsoil everywhere. Soil erosion has now reached epidemic proportions and its effect on food prices could ultimately be more destabilizing than rising oil prices.

OZONE POLLUTION 'Mass Killer'

A Worldwatch Institute study has highlighted the mounting threats to the global environment from acid rain, ozone/and cabon dioxide buildup. Co2 buildup itself to raise global temperatures enough to increase sea levels diminish water supply and alter rainfall patterns.

"The Daunting Deserts' March"

A seven-year assessment of the UN Program started in 1977 to check desertification has shown it to be a failure. It seems nothing can be done to stop the relentless advance of the world's deserts. And by the turn of the century one-third of the world's arable farmland in 100 countries will be lost to desertification. The phenomenon is leading to further impoverishment and adding to the world's one billion malnourished people. More than 510 million people - 15 percent of the world's population - now live on lands claimed by deserts. More than 67 million acres are lost to the creeping deserts every year causing losses totalling $ 26 billion a year. To maintain the present position $ 96 billion will have to be spent over the next 20 years ($ 4.5 billion per year) on fighting the deserts. The causes of this catastrophe are primarily man's misuse of resources in semi-arid areas coupled with overgrazing, overcultivation and bad use of water resources.

" Rare Species Saved ".

Using a unique inbreeding system, the St. Louis zoo has succeeded in saving a rare gazelle from sure extinction. The home of the Speke's gazelle, a desert plateau between Somalia and Ethiopia in northeast Africa, has been torn by civil war for the past 25 years and none of these animals has been seen in the wild since 1972. Starting with only one male and three females, the only specimens left in captivity anywhere in the world, the St. Louis zoo has bred them in captivity and brought them back from the brink.

APPROPRIATE TECHNOLOGY

" Bacteria As Source of Power "

Scientists at the University of Florida have discovered strange bacteria and alage that convert solar energy into hydrogen. Over 100 of such organisms have been isolated from sea water, salt ponds, sediments and seaweeds. The discovery of this photosynthetic, nonstop hydrogen source has created enormous interest in the energy field because hydrogen is an efficient, clean fuel. A high efficiency (30 per cent) of conversion of solar energy to hydrogen makes these bacteria a better system for solar energy conversion than other existing systems.

"Solar Rerigerator for villages"

The energy Technology Division of the Asian Institute of Technology, Bangkok, has developed a village-size solar refrigerator with a collecting area of about 25 square miles which can make 100 Kg. of ice per day or provide 0.5 cubic meter of cold storage below 10°C. The refrigerator utilizes an intermittent ammonia-water absorption cycle wherein heat from collected solar energy boils a 46 per cent solution of ammonia which is then condensed in a condenser immersed in water and collected in a receiver. The cooling action takes place by falling temperature and a liquid seal system incorporated into the refrigerator makes its operation automatic.

"Phillipine Energes Device"

A phillippine inventor has developed an add-on device that effects up to 47 per cent fuel saving in motor vehicles and 13-24 per cent improvement in engine power. When attached to a conventional gasoline or diesel engine, the device converts the fuel directly into gas avoiding the atomized stage of conventional combustion. It also reduces air pollution by exhausts and minimizes carbon buildup in valves and combustion chambers.

"Fuel from Eucalyptus ?"

The importance of hudrocarbon producing plants as a possible source of energy came to be recognized ever since the energy crisis forced the world to search for alternative energy sources. Such plants grow in abundance in Asia and the Pacific region. A recent UN-funded study covered Australia, Bangaladesh, India, Indonesia, Japan, Malaysia, Nepal, Pakistan, Phillippines, Sri Lanka, Thailand and the USA to gather material for a state of the art report on these plants. It identified one vine, two herbs, 18 shrubs, 23 trees, besides species of Euphorbia, Pittosearom, Agathis, Canarium and such plants that can be grown in the region and are promising as sources as fuel or as illuminants. In the last five years research and development has been initiated in various Asian countries and the fact that several target species are common to many of these nations provides opportunities for international cooperation.

HEALTH–POLLUTION

"Bone Disease Due To Irrigation Dam".

Studies by the National Institute of nutrition (NIN) in India have established that environmental changes following the construction of the Nagarjuna Sagar Dam were responsible for aggravating fluorosis as well as for genu valgum, a crippling bone disease prevalent in three Andhra Pradesh State districts. The dam raised the subsoil water and caused a rise in its alkalinity. This led to concentration in the soil of trace elements like molybenum and their accumulation in the human body through foodgrain causing bone diseases. Although NIN had observed the occurrence of genu valgum 10 years ago and submitted its recommendations seven years ago, no action had been taken and meanwhile the diseases have spread.

"Bees May Help Fight Flu"

Studies by Soviet scientists have revealed that bees help people fight flu and some other infections. In a survey on beekeepers they found these people are quite impervious to colds. The scientists believe this immunity is bestowed upon them by propolis, a "bee glue" which is collected by bees from tree buds and flower pollen.

Note : (SATSANG has reported earlier that in Yajnya atmosphere the male honeybee changes its sex and then secretes a hormone that is medicinal for humans.)

"Acid Rain Threat to Taj Mahal"

Experts participating in a national conference on pollution management organized by Aligarh Muslim University, India, have warned against the possibility of disastrous effects on the Taj Mahal of acid rain over the Agra City's region. Pollution control measures taken by industries in and around the city have not been found satisfactory. The conference also made several recommendations for better pollution control including institutional finance for forestry development in the region. Continuous air and water quality monitoring at source, establishment of institutions for environmental education and research and the need for a more judicious approach in the exploitation of natural resources.

"Ganga and Yamuna Rivers Self-Purifying"

Studies by Roorkee University, India have revealed a remarkable capacity for self-purification in the Ganga and Yamuna rivers are removed 10-25 times faster than in any other Indian river. A water quality survey covering a nearly 1000 km. stretch of these rivers from Debra Dun to Varanasi showed that within 30-60 minutes of the waste discharge, up to 60 per cent of the pollutants are decomposed and oxygen recovery is extremely fast.

"Nuclear Waste"

According to the International Atomic Energy Agency there are more than 100 nuclear reactors around the world which are close to retirement age and will soon have to be dismantled raising the problem of how to dispose safely the nuclear waste. The IAEA announced it was preparing a special safety guide to deal with this problem. The guide is expected to be available by mid-1985.

"Animal Lovers on the Run"

Two young Britons have left London to run round the world in aid of the world wildlife fund. They are followed by a New Zealander on a bicycle with a trailer of supplies. Security consultant Henry Weston, 22, and commercial artist Robin Cross 23, estimated it would take them two years to complete the 25,750 km. global marathon and be the first people to achieve that goal. Their run will take them across Europe to Bulgaria, Turkey and Egypt, then to Pakistan, India, Indonesia, Austrelia, Mexico and USA.

[US Satsang, Vol. XII, No. 9, Sept. 20, 1984]

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From Satsang Correspondence

Yesterday evening I had a very good talk with the farmer on whose farm I do Agnihotra. He doesn't know anything about Agnihotra and said about our proposed Homa experiments that he only wants to see results.

He saw the results in less than one week; One cow had problems with her milk. Since we started Agnihotra this is okey. The farmer was astonished to see hia bulls so quiet in the morning. Normally they are very agressive in the morning and fight with one another.

His old milk yield figures are based on green grass fodder but from last year he is giving hay so he will give me exact results of effect of Agnihotra on milk yield after he gets the new information about milk and cream from the central milk company.

It is amazing how after Agnihotra the cows start eating again as if they had never been fed before.

Berthold Jehle
Radolfzell, W. Germany

Since you were here my life changed. Since you were here Traudel and I are doing the fire regularly in the morning and in the evening without leaving out one.

We feel the power of the fire. We get more and more in contact with the cosmic energies and we both feel much more relaxed, protected and happy.

We are so glad that you brought the fire to us and we want to thank you very, very much. The fire is needed so much in the world.

Susanne,
Berlin, Germany.

Since your last visit to Vienna, the level of consiousness increased. More and more people come to Alexandra's place and join the meditations. Last full moon day two 24-hour Yajnyas took place in the same district. Our work starts to bear fruits.

Thank you for all.

Thomes Konecny,
Vienna, Austria

As I was moving my residence during Christmas (one of the coldest Christmases in history), my Large avocado plant I've had for years froze and all the leaves fell off. Leonard and I thought it had died and put it in a dark corner of our Agnihotra room to be thrown out when we got a chance.

Three weeks later we looked at it and it had come back to life. Now it has lots of brand new leaves and is getting prettier than it ever was. MUST BE BECAUSE OF AGNIHOTRA. THERE IS NO OTHER EXPLANATION.

Karen Nabb
Glen Burnie, Maryland

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"If It Works, Do It And Do It Now"

Barry Rathner

The title of this article is a quotation of the response of Dr. Karl Menninger to the request from one person to be given lesson to guide the rest of her life. He very quickly answered, "If it works do it and do it now."

The woman who made the request is the daughter of a full blooded Apache Indian who speaks 14 languages and whose great grandmother was a Mohawk and a Theosophist. Both of them did healing. As an adult she became the 'adopted' daughter of Rolling Thunder, the famous healer. Her name is Oh Shinnah.

Many of Oh Shinnah's thoughts on life and on healing reflect truths contained in Fivefold Path. This is about Oh Sinnah, self-healing love and truth.

One of Oh Shinnah's goals is to bring to the public an awareness of self-healing. She combines so called spiritual with physical healing. AGNIHOTRA, the basic pyramid fire done daily at sunrise sunset, could be a cornerstone for those seriously interested in self-healing. Oh Shinnah says that humans channel the poser of heeling through an opening made by our love, compassion and surrender-to all of life's circumstances.

Oh Shinnah speaks often of subtle energies and forces. It is through the vehicle of **Prana the** life energy that pulsates in and around us and connects us with the cosmos that we can manipulate mind. Mind is subtle matter and since Prana and Mind are like two sides of the same coin, Agnihotra heals the atmosphere.

In 1778 Fredrich Anton Mesmer took Paris by storm with apparent healing by hand passes which, he claimed, channelled a space permeating "magnetic fluid" into the body. In spite of medical denunciation, Mesmer-trained practitioners fanned out over Europe, England and America.

In the intellectual insularity of the West, no one seemed to notice a certain similarity of this theory to the long-held . ... belief in "prana", an omnipresent life force which the strict application of. . . .disciplines could activate for physical well-being and the harmonizing of body, mind and Spirit.[1]

I open each seminar or workshop, I give with the smoking of ceder an offering of cornmeal to invoke the power of the Four Directions, Mother Earth, Father Sky, to come to aid and guide the work. She says. How interesting it is that remnants of pyramid fires that used to be done all over the planet millienia ago appear today in various forms.

Doing Agnihotra in the precise manner in which it has been given exact timings, Mantras and prescribed materials-produces a unique effect which differentiates it from all other Homas or purification fires.

Says Oh Shinnah,

"When we are involved in an act of healing we must be responsible to the one who is in need. Therefore we should not romanticize or be egotistic or attached to the doing. We serve and that is all we do. We serve as a Channel, a vessel, emptied, surrendered, to be filled by power beyond our own understanding."[2]

Step No. 4 of Fivefold Path, Karma, states that we should try to perform meritorious deeds without attachment, without expectation of reward. We should try to do this because it is our duty. Because of changes in ourselves which we experience if we do Agnihotra regularly, we may find ourselves better able to help others in need. The manner in which we offer this help goes a long way towards determining its ultimate value to others and to ourselves. This is where the conception of and behaviour in consonance with surrender are so important.

Oh Shinnah says further,

"Anyone who wishes to help "make better" must develop a deep sense of love and compassion, which is a reflection of one's spiritual self in union with nature and Source. One must be willing to explore his own illnesses and loneliness and welcome change. Through the looking within, we may become truly empty, leaving space to be filled by That which is Above We attach to and personalize our illnesses, claiming them as our own-my migraine, my cancer, my broken life. It seems the two legged has a propensity for suffering."

It was in Light Towards Divine Path (by SATSANG editor, publisher Agnihotra Press, Inc.) that we learned one aspect of SWADHYAYA, self-study,

> When you say 'This is my house', you know that you are not the house. Similarly you say 'my body, my mind. Therefore you are not the body nor the mind. Which is that entity which says 'My body, my mind'? Search for this is Swadhyaya.

Further oh Shinnah says

"A great deal of discipline is necessary for channeling healing energies in a conscious way. Learning to center through control of breath, sustaining optimum health on the physical and mental plans, thinking good thoughts require constant attention in this time of excesses and self-indulgencies.

So discipline which is TAPA, third aspect of Fivefold Path is also encouraged. Interestingly the reference to "this time of excesses and self-indulgences" aptly alludes to one major reason we perform Agnihotra copper pyramid fire TO DISPEL THOUGHT POLLUTION IN THE ATMOSPHERE. Vedas speak of thought pollution the combined effects of the anger, greed, jealousy, lust etc. in the thoughts of mass humanity–as the worst form of pollution.

How powerful are thoughts?

For the first time there exists irrefutable proof that even in the case of far-advanced cancerous situations, the patient's own psychosomatic process in a positive mode can be utilized to restore the healthy condition which that same process in a negative mode was previously destroying.

It is entirely possible for the patient to utilize his own thoughts and emotional processes to rid himself of cancer[3] . Agnihotra is an antidote to several forms of pollution especially including thought pollution. Though thoughts are subtle and mind is subtle and part of the theory of how Agnihotra works involves discussion of subtle energy, we should not allow such "lack of concreteness" to dissuade us from trying or valuing Agnihotra.

Why are alternative and wholistic healing models becoming more popular? When nothing else works for you, you try something else. The modern medical (allopathy) and psychiatric models so well known to all of us often are subjected to close examination. The examinations can sometimes be painful.

But the only unconscious they over pay attention to is the negative unconscious, the garbage people have tried to get rid of by burying it in the basement. Not a single word about the positive unconscious. No attempt to help the patient to open himself upto the life force or the Buddha Nature. And no attempt even to teach him to be a little more conscious in his everyday life ... These people just leave the unfortunate neurotic to wallow in his old bad habits of never being all there in present time. The whole thing is just pure idiocy :[4]

The physicians fare no better than the psychiatrists with Huxley.

Will Farnaby says, "so you think our medicine's pretty primitive ?"

"That's the wrong word. It is not primitive. It's 50 percent non–existent. Marvellous antibiotics-but absolutely no methods for increasing resistance/so that antibiotics won't be necessary. Fantastic operations–but when it comes to teaching people the way of going through life without having to be chopped up, absolutely nothing. And it's the same all along the line. Alpha Plus for patching you up when you have started to fall apart : but Delta Minus for keeping you healthy. Apart from sewage systems and synthetic vitamins, you do not seem to do anything at all about prevention. And yet you have got a proverb : prevention is better than cure."

"But cure," said Will, "is so much more dramatic than prevention. And for the doctors it's also a lot more profitable."[5]

The facts are that thousands on every continent report curse on physical and mental diseases and relief from stress. Later we may know the exact how's and who's of the process. But why wait ?

Indeed a substantial part of today's medical armamentarium used for the treatment of conditions .... is based upon little more than empiricism. **Which one of us, when ill, would disdain a remedy that offers relief because the mechanism by which it** is produced is obscure or unknown.[6]

In other words, IF IT WORKS, DO IT AND DO IT NOW :

1. Rindge, J. P., "Perspective-An Overview of Paranormal Healing" in Meek, G. W., **Healers and the Healing Process**, Theosophical Publishing House, Wheaton, Ill., 1977, P. 17.

2. From "Oh Shinna" in **Five Great Healers Speak Here' provided** by Clare Rosenfield.

3. Meek, G. W., "Teaching Cancer Patients To Accelerate Their Healing" in Meek, G. W., Op. Cit.

4. Huxley, A., **Island**, Granada Publishing Ltd., Great Britain, 1979 edition, P. 79..

5. Ibid,P.77

6. Eisenbarg, L., MD, Harvard Medical School in Safer, D. J., and Allen, R. P., **Hyperactive Children: Diagnosis and Management**, University Park Press, Baltimore, 1976, p. ix.

[US Satsang, Vol. XII No. 12, November 1, 1984]

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From Vasant's Correspondence

Everyone has troubles. No one is 'free' from burdens, be they physical, emotional, mental. At some level these disturbances no longer 'disturb' us. The body goes through suffering and still the mind remains clear. The troubles do not always become less unless one has good Karma. So, the thing is many spiritual aspirants complain they still have troubles with family or their financial burdens are worrisome. Well, spiritual path is not an insurance policy that states one will no longer be troubled when one seeks to devote oneself to a particular Guru or Spiritual Path. The reason for devotion is another thing. We do not become devoted so that our lives will be easier. Granted, this may occur and usually does become easier. That is 'easier to bear'. Then when the spiritual seeker finds what he is searching for he becomes 'devoted' and devotion to a high Master can alleviate much misery. But let the devotion be so strong that no amount of pain or suffering can sway the devotee into doubt or misgiving.

In answer to that first it is an ageold question. Still, the answer is we have to live in this world like normal people even though we know something much higher exists than this physical plane. We know this. We have had these experience. So, everyone has these difficulties living in this world and maintaining spiritual disciplines, nonattachement, humility and respect for the Almighty. Everyday these precepts are challenged. That is normal for all spiritual seekers. Still you can enjoy family outings, your children and social activities. Not only you can but you must.

There is no easy way out but practice all disciplines and people will be drawn to you because of your spiritual development. People are not drawn by a person's looks or personality for long. What holds them is what comes from within. You have the awareness and blessings of Divine guidance. Let THAT strengthen you rather than outer influences weaken you. If at any time you feel drawn away from this then you can come here whether I am here or not. You come and just talk with other people on the Fivefold Path.

———

So be grateful for every situation because in each there is a lesson to be learnt.

———

Yes, suffering does become less because joy becomes more, the joy of love and devotion.

———

TAPA is always required. Even I must perform TAPA every day. Through Tapa the mind and body are made strong.

A person also passes through many stages on the spiritual path. These may include difficulties, loss and 'soul searching'. This is like wedding the garden. Only the strongest plants will survive.

———

In the morning first you do your household chores. When these are complete then begin your work. Otherwise whole time you are doing your work you will find yourself distracted by household chores yet undone. So first take care of the responsilities you have to your family, your house and children or whatever work you have to do for whatever living situation requires of you. Then you are in harmony with others around you and, you are free to do your work. So daily chores first and then the work.

———

You are always looking for a reason not to be happy, 'Oh, I have this thing to do, this Chore. Until I do it I will not be happy'. First decide to be happy and then when you find the time do that chore. 'Oh, if my house was painted, oh, if I could pay all my bills, oh if my car was turned up' etc. Forget that be happy and do whatever you can do in a day that needs to be done. Don't let your happiness depend on outside circumstances. Otherwise you will never be happy.

———

Organise your time so you are efficient and not wasting time. Choose one or two days to go grocery shopping, not everyday. So plan for the week, not only each day. Organize your thoughts through meditation. Organize your actions through organized mind. It is all tied in together. You have at your fingertips so much talent and so much grace.

We all have choices and free will with which to make that choice. If the choice is to serve then automatically guidance comes. If the choice is based on desires then we are left to our desires. Always that choice is available. Any person's life can be turned around no matter how far astray they have gone. Still that right of way is there. In one woman's case, she is given clear direction and finds excuses why not to take it, still she is not to be blamed. We do not seek to discredit her capabilities. Still we have obligation to give guidance as and when it is requested. Let her make her choices now. Leave aside what you know and just say "The decision is yours to make, not mine. Thy will be done"

———

We do not project the future. We are not fortune tellers. We go beyond that. If you want to know what is the future then you can consult someone else. We are here to guide you in all matters. Still there is always free will.

———

If you want to read some studies of reincarnation you can if this helps widen your point of view. Then anything on mediums and that sort of thing will tend to confuse you. If you want to read Edgar Cayce it will interest you. But the main thing is you yourself are being used as an instrument in such a remarkable way you do not understand how it works.

———

It is easy to feel self important when you are given such a great task and that should not be. We do not display our powers like that in a public display. So do as you are told with total humility. You are an instrument of the Divine to spread Love. You are only an instrument.

———

Reserve opinions of others if the opinions carry judgements. Otherwise you are incurring judgement likewise on yourself.

———

You want honest interaction with someone then you have to be honest. Whether or not they choose to be honest with you, that is their choice. Still you be honest.

———

You should try and learn more about healing herbs. Have some herbal teas available for healing.

———

Diet and exercise are very important for you. Exercise daily. Fasting, raw food diet and yoga will greatly help you improve your health.

[US Satsang, Vol. XII, No. 12,Nov . 1, 1984]

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Agnihotra In Lonavla, India

Aleta Machan
Austria

In May 1984 I had the opportunity to stay a few days in Lonavla at the house which Mrs. Mulay and her daughter are using as a centre for teaching Agnihotra and Fivefold Path. There are now about 15 families who perform Agnihotra this small ceremony on all levels.

One day Mrs. Mulay took me to the local Government hospital for evening Agnihotra. A Doctor there who knows very well about the scientific results of Agnihotra arranged for her to have a small room there which for the past two years is used only for daily Agnihotra practice. While doing Agnihotra I felt that all energy coming out from the copper Agnihotra pyramid was being sucked up immediately by all the sick persons and by the surroundings. I also felt that it is very important to spread Agnihotra energy there and even to do some more Yajnyas.

At Mrs. Mulay's house each corner is filled up with tremendous energy, quieting and purifying the mind, the best conditions to release all disturbing thoughts and for concentrating fully and calmly on the fire. It's like a storage of energy there. Mrs. Mulay experiences the same thing when she has her kindergarten classes there. The children get stimulated in the direction of Love and sharing. It was a wonderful experience.

We went to the Ayurvedic Doctor in the area and we had an interesting talk about her usage of Agnihotra ash medicine, mainly in the forms of Agnihotra Ash cream, ointment and eyedrops. She said she could see diseases and wounds being healed with this medicine very quickly. She is still doing trials.

One afternoon we went to Khopoli to see the Agnihotra Fire Temple on the grounds of PAPCO Mills. It was really impressive, such a green and silent area, no noise or any disturbances coming from the big paper factory. The atmosphere is just pure and the river slowly flows near by the two temples where workers from the Papco Mills perform Agnihotra daily, and a soft carpet of green grass invites you to stay for some more time. After the sunset fire we were guests at the house of the manager's family, the Sadawartes. We stayed for dinner and enjoyed being together.

The last evening in Lonavla I got the chance to recite some Mantras to neighborhood children and they picked them up very easily and correctly. This was an astonishing and nice experience too.

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SHOL—83

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THE SUN HAS RISEN ON A NEW ERA

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पुस्तकालय
गुरुकुल कांगड़ी विश्वविद्यालय
हरिद्वार

10/4/86

THE KINGDOM OF HEAVEN IS NEAR AT HAND

Bharatiya Satsang

December 1984 New Era 41 Vol. V, No. 7

"Agnihotra is the Return at Home of the Father"

— Lord Jesus

CHILE. Cochihuaz, 6, Noviembre. 1984.

BELOVED GURUDEV:

Recive you love and we hope that you are in the light of Almighty Father and the Shree's love.

Feeling in oneness with you in praying and irradiation for our brother country India for the difficult times that he lives.

Now I want tell you two important experiences conected with Jesus:

First, it was a communication received for brother Francisco (he lives in San Felipe, Los Andes). Jesus said him that Agnihotra is the return at home of the Father.

Three months ago, in Villa Alemana. It is an important place of manifestations of the High Hierarchy, a girl (her name is Doris) she saw in direct vision in the sky that Jesus, was sitting in the similar posture when Sri Vasant performing Agnihotra. The form and size of the Agnihotra pot was exatly the same that we can using now in the Agnihotra Temple. All the place was impregnated of the Agnihotra arome. The vision stayed for ten minutes. It was like a big film proyected in the sky.

This experiencies teach us that is very important, for the world that we Agnihotra actually the tryambakam homa temple was finished.

We are performing only four hours the tryambakam dayly because we can't get enaugh ghee.

Receive you all our love and the best desires of exit in your divine mission.

We are hope your visit when the Divine will wants.

Cecilia.
HALER.

Note: The above letter was received by the editor of US Satsang from Mother Cecelia Rodrigues of Chile, South America

Brother Francisco Fernandez and Sister Claire lead a devout community in San Felipe in Chile, South America, based on the teachings of Saint Francis of Assissi.

Villa Alemana is a town near the Pacific Coast of Chile not far from the Chilean port of Val Paraiso where there is an Agnihotra Pyramid Fire

Healing Temple managed by Sister Angelina. It is interesting to note that the vision of Jesus portrayed in the sky lasted for ten minutes and she could smell the fragrance of post Agnihotra atmosphere.

Agnihotra is the basic yajnya tuned to the biorhythm of sunrise/sunset.

In Agnihotra atmosphere 'Om Tryambakam' Homa is performed to strengthen the healing effects. However, Agnihotra is the basic yajnya (Homa Fire) which is a must to maintain the energy cycle of the planet. In the Andes mountains in Chile the ancient Vedic Healing Fires are used by devout Christians led by Mother Cecelia, a Catholic nun, which is now an internationally known place of healing in the South American Countries.

This is in fulfillment of Daniel's prophecy in 8:26 in the book of Daniel which mentions morning and evening sacrifice (yajnya) which was to come a long time after Daniel.

* * * * *

Vasant's Christmas Message

Vasant

We are heading toward a time never before experienced in our history. Just as rapidly as disease has spread so will Agnihotra take over the planet. Just as quickly as the land, sea and air have deteriorated, so man will experience the phenomenal change in atmosphere by *Yajnya* fire. Now things are accelerated. So we must move with more strength and energy than before.

Some people think nuclear war is inevitable. We know otherwise. Politics is not the answer. Seeking solution through political candidacies is folly. You can campaign for a candidate but let us keep in mind that the answer lies elsewhere.

The world is in great turmoil. Naturally there is war, disease, famine, floods or waves of violence. However, there will be no nuclear war.

We have little time left, for the planet is headed for ultimate destruction. It is vital now that we conserve energy in other areas and devote all our time to the work. Family life is very important. Spreading of the message of *Love* by purifying the atmosphere through pyramid Homa fires throughout the planet is the work. How to combine the two so that neither is lacking is the question. However, spreading the message is the important task of the hour. We have our worldly responsibilities but now is a crucial time when we must conserve energy and use it in the right places.

Forest death and desertification, hybrid insects and acid rain are making food supplies less and less in large areas of the planet. Add to this supplanting of trees by winds and storms. All this contributes to imbalance in the oxygen recycling system of nature.

One might now find it difficult to keep one's sense of balance. It becomes like a feeling of disequilibrium periodically. It is all due to pollution. *Agnihotra* pyramid fire which is tuned to the sunrise/sunset biorhythm undoes the effect of pollution on the mind and one begins to feel happy. Sitting in front of Agnihotra copper pyramid fire makes one feel at ease, secure like one has come home. It is all Grace.

Now more people can do research on storing food in large quantities. There will be no nuclear war but still worse is the slow death of land and water resources. This is the reason for food storage. People should research this topic and put together a list of foods which can be stored for future use.

Through Yajnya our gardens will be saved. This process will be expanded to include other alternative gardening principles.

When we reach the stage described as "I and my Father are one" then we transcend all earthly cares-and yet we care more. We feel no attachment, yet we love in a way we perhaps have only felt in deep meditation. We rise above worry and despair, yet we are able to feel depth of compassion for all people. Therefore since we have achieved that state, *At Onement*, we have greatest respect for those who embark on similar spiritual journeys. Then we have great responsibility toward others and no person is too small. "The kingdom of Heaven is within you!', The day you start Agnihotra atmospheric purification and help all living beings and plants to regain harmony, you can be sure that "Kingdom of Heaven is near at hand." Let us fill all the spheres with *Love*.

[US Satsang, Vol. Vol. XII, No. 15, Dec. 20, 1984]

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No Place to Hide

Barry Rathner

Several years ago *Satsang* stated that the time would come when there no longer would be any place to hide. This is true today and getting truer day by day. The highest of mountains are becoming "magnets" for pollution from the cities. Our homes don't seem much less tense than our offices. What used to be places of retreat have turned into rundown institutions resembling mental institutions, i.e., physically run-down and and attracting persons otherwise well qualified for the mental home of their choice.

On nearly every imaginable and nearly unimaginable front danger, disease and destruction confront us. Though admittedly Lebanon is in some respects unique, a *New York times* series about the youth of Lebanon, "A New Lost Generation," contains many descriptions which may hold true for youth in many, many other places as well. "We have lost that feeling of being carefree. I think I have been serious since I was 14." "I guess we were just born in the wrong place at the wrong time." I told my mother she never should have brought us up to think that the world was beautiful. Everything I grew up believing turned out to be wrong in the last few years. She should have trained us to know that life was not so nice."

The destruction of the environment that *Satsang* has been chronicling of late is no less devastating than a civil war. In fact that it is fast approaching *Irreversibility* makes ecocide more the menace. We were told that if we lived in a place where water shortages occurred we would also be affected despite doing Agnihotra. As we live on a planet made dirty and tense by pollution, we should not be surprised that we were also informed. In a nutshell that describes our lives–*protected by Agnihotra from the misery and destruction that surrounds us.*

If I were the parent of one of the more than 3,000 Puerto Rican children affected with abnormal sex changes suspected to have been brought on by hormonal stimulants used in the cattle and poultry industries, then perhaps I might have wished that I had begun doing Agnihotra so that I and my children might have been able to develop enough self-discipline to stop eating meat.

Agnihotra practice helps a good deal in the effort to be disciplined.

On reading the September 1984 report "Nuclear Power, Environment Man" by the International Atomic Energy Agency in Vienna and WHO, which says that "natural background can give higher radioactive doses than nuclear wastes, "I might have wished I had heeded the warning in *Satsang* on August 5, 1976

> In future, scientists will reveal sets of nuclear radiation changes on on all plants and animals.

It was the August 19, 1976 *Satsang* that said :

> Research in the field of nuclear radiation yields more information about the planet's destruction than any other field of research.

Now it is eight years later. If I had started Agnihotra earlier, perhaps I would be less upset by the report's statement that "any naturally occurring radioactive elements have comparable or even longer lives than nuclear waste." *Agnihotra reduces danger of exposure to nuclear radiation.*

If I lived in Ethiopia and saw my family members or countrymen forming part of the statistics which show up to 40 persons dying daily at one food station alone as the country experiences its worst drought for at least a decade (Reuters report, October 5, 1984), then perhaps I might have wished I had started Agnihotra as part of Homa Therapy Farming methods.

"The whole of ecological system is benefitted by Agnihotra. For example, earthworms are able to generate more moisture to the soil due to performance of Agnihotra. It makes them happy and their hormone secretions increase, thereby benefitting the soil and, therefore, the plants that live in that soil."

Farmsng Bulletin No. 7
Agnihotra University
P. O. Box 43288
Washington, D.C. 200010

[US Satsang, Vol. XII, No. 15, Dec. 20, 1984]

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Self-Study

Joe, New Jersey

If something to reverse "Forest Death" in Europe is not discovered soon, we may see before too long a generation of children saying the same thing as one student in Beirut University College said about his brother who, because of the civil war, cannot go to certain parts of his country : "He doesn't know our house in the mountains. *He has never climbed a tree in his life.* From all preliminary observations and indications, Agnihotra can reverse death in trees aud can induce production of chlorophyll where it has ceased.

A psychologist at the American University of Beirut asked, "When will there be peace in Lebanon?" He gave the answer himself. "I guess it will be when the Lebanese start to love their children more than they hate each other." So we come back to Lebanon again and to the simplest, most basic way of describing Agnihotra.

Agnihotra is a great material aid to unburden the mind and begin to feel free. This leads to contentment in life since a push is given to react with love. This is brought about by the beneficial change in atmosphere induced by Agnihotra pyramid fire exactly at the biorhythmm of sunrise/sunset.

For information about Agnihotra, you may write Agnihotra University.

The conscious mind (its components being thoughts, emotions, intellect, and memory) is without a doubt, that tool of individuality which is quite capable of inflicting the most exquisite torment in existence. The intensity which this torture can reach is virtually without limit. However, when one is in a position to experience the highest pain, he is also in a position to experience the highest pleasure. Consequently, the conscious mind is one of the most enjoyable of attachments and so one of the most difficult to let go of.

Most of us derive pleasure from some mind-dependent activity. We enjoy reading, solving intellectual problems, daydreaming, sleeping and musing about whatever our heart desires, to name a few. Objectively speaking, it can be said that we use our minds to function in this world and when preoccupied with imagination and fantasy we use our minds to escape the world. Now, since the mind plays such a major role in our daily activities indeed, on our concept of what we are, it is extremely difficult for one to see it as anything other than one's self. The tragic repercussion of considering the mind as something that you are rather than something that you have is the resulting inescapable pain. For a time does come when this attachment, like all attachments, must be renounced so when one is in a state of unwillingness when this inevitable moment arrives, present will be the unavoidable pain.

There is however another type of suffering one can and does experience as a result of this attachment. This particular anguish results from the fact that mind like all the attributes of individuality, is not impervious to things which can upset its harmonious functioning. This pain, with the forms it can take as numerous as grains of sand in the world, is experienced to a small degree by every person on a daily basis though most people are oblivious to the fact that they are suffering. Contemplate for a moment upon these common experiences in life. While driving rapidly to arrive at a particular destination on time, you are plagued by the fear that you'll be issued a ticket for speeding. When you are supporting yourself or a family and you encounter a period when money is hard to come by you are preoccupied with the fear that you won't be able to pay the rent or mortgage. After committing an act which you know you should not have committed, you are bothered by guilt at the thought of whatever it was that you did. While thinking about the possible loss of cherished possessions you experience a certain amount of anxiety. All these situations are mild yet nevertheless painfull forms of mental suffering.

There is a school thought that maintains that anguish could be eliminated if one were to detach one's self from those things which provoke fear and guilt. Now, this type of discipline does work in many instances. However, since it is virtually impossible to be indifferent to certain things which cause fear and guilt at all times, its effectiveness is limited. This apparent failure in curative ability supports that fact that is impossible to find a complete cure for any problem indigenous to this world in this world.

Consider now more conspicuous and in most cases, more painful forms of mental suffering. To begin with, all individuals will experience a noticeable impairment in their ability to think and/or a mild or severe personality change when affected by one or more of the following: endocrine disorders, diseases, viruses, sleep deprivation, drugs, alcohol, psychic attack. These mind-affecting ills and agents are just a small sample of those things that one can encounter in life which are capable of affecting to a considerable degree the apparent base of one's identity. For the purpose of elucidation in this matter, consider the following predicaments of unspecified origin.

An individual, aspiring to be the archetype of saintliness, is suddenly beset with uncontrollable fits of anger. A person who is striving to be the embodiments of courage and fortitude finds himself seized by uncontrollable fears. One who enjoys being neat and orderly becomes the subject of convulsions which leave him completely exhausted after each act of tidiness. An individual who takes pleasure in being well-groomed and clean finds himself, at a time of each encounter with soap and water, compelled to participate in a time-consuming ritual to prevent the experience of certain fears (such as a belief that he will contaminate himself or others with some deadly bacteria) which would otherwise result. After some time, both the neat and body conscious individuals may forsake tidying and washing altogether because of the misery entailed in performing each act. Consequently, they find themselves in a situation directly opposed to what they believe in. In the eyes of others, then, they now appear to be indifferent to neatness and bodily hygiene. If only the observers of these unfortunate individuals understood what provoked them to behave in such a manner

It should be clear from the factual predicaments above that it is possible to act in a way which is totally contrary to one's very nature.*

> *Because such situations do exist, one cannot always accurately judge others by their words or actions. For in some cases, how an individual feels about a particular thing is known only to him, and in extreme cases, only to God. Note: It should be mentioned that some individuals suffering from certain mental ills who believe in an afterlife can derive little comfort from the prospect of post-death existence. Being attached to their mind has convinced them that they will enter some realm with a mind very similar to the one they now possess. So, with mental suffering being sometimes difficult if not impossible to see beyond, these unfortunate individuals are convinced that they will still possess their problems there.

Can you see, my brothers, that what many of you regard as yourself is nothing more than a delicate balance of conditions, conditions which can, at any time, be upset to deleteriously affect or deprive you of that which you hold so dear? That thread which one hangs on to in very trying times, the filament which seems impervious to severance, that gossamer link between sanity and insanity can, in fact, break?

It should be clear that there is no safe ground inside a mind. The only way one can rid one's self forever of mental suffering and its potential is by renouncing that which gives it reality. So, since this form of suffering would have no actuality without a mind, detachment from the mind and consequential realization of God (disembodied consciousness) is the only cure for this as well as for all forms of suffering.

[US Satsang, Vol. XII No. 15, Dec. 15, 1984]

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Homa Goes To Mapuche Indian Reservation

Judith
Temuco, Chile

In a three-day visit to Luz del Sur (Southern Light), a Homa Therapy Center in Southern Chile, Vasant expressed the need to reach the Mapuche Indians with the healing fire of Homa. For some time I had been working with these people teaching Homa Therapy and natural healing and therefore contact could be made easily.

On Febuary 19, 1984 at 9 a.m., Vasant, Leo from Elqui Valley Homa Therapy Center, Klaus from Santiago, brother Bernardo, my daughter Amaranta and myself arrived at the closest Mapuche Indian reservation, Puraquina in south Chile.

The reservation is located in a valley next to the Rio Tolten. The land is rocky, dry and poor. Culturally the reservation no longer follows all of the traditional ways. The center and reunion place of the reservation is the polio clinic, school and a church. It was at this center that we first met with a Mapuche man. He received us very nicely. He knew of Luz del Sur and the Homa healing practices that are offered to the community from the center. It was explained to him that Vasant was with us and that we wanted to do Homa Therapy for the sick people who wanted to come. The polio clinic was offered as the meeting place. Then we accepted his offer to travel through the community by motorcycle to announce the Homa Therapy session to others in the reservation. Since he said that it would take an hour, our group went to visit an old Mapuche couple. Here the small, old, Indian man with a big smile came at the barking of the dogs. He was surprised to see us and greeted us by saying "Welcome my brothers and sisters." We went in. His wife was sick and at the beginning she didn't recognize me but then she gave me a hug and seemed so happy. We sat in their small kitchen and talked about the fire, old times and traditions. The old man said that he was sad because the old ways were getting lost. He said that there was too much alcohol in the ceremonies. "God doesn't listen to drunken men,' he said. In response to our invitation they came along with us to the Homa healing ceremony at the polio clinic.

As we arrived at the polio clinic we saw people coming down the road by foot, ox carts and horses. We all took off our shoes and went into the room and started the healing Homa fire. Very soon people joined in the Mantras and we all united our energies and the healing started.

People with complaints of pain came in front of the fire. We gave them Agnihotra ashes and everyone together sent energy to the sick person. This lasted for two hours with Vasant keeping the fire burning the whole time. I sat alongside of Vasant and could see the healing taking place in the people. It was a very beautiful, powerful and rewarding experience. When we left we were all very happy, quiet and impressed. Vasant said, "For specific reasons, we had not done this type of mass healing before. It was necessary here and it will be necessary in the future. That is why we did it."

People here are familiar with the fire. Traditionally, they have used the "saumerios," a smoke ceremony, to clear the atmosphere in their homes. This ceremony consists of burning coal in a pot to which various herbs for various maladies are offered. Homa Therapy, then, was not unfamiliar to the people.

Two weeks later, Tom Herkel from Canada, Cristina and I again took the Homa fire to the reservation. This time, the people saw the car coming and began to gather.

The polio clinic was in use, so we met in the church for the healing Homa fire ceremony. Again, the people chanted with us. We did the Tryambakam Mantra, kept the fire going and chanted OM with everyone. I kept the fire going, Cristina gave them ashes under their tongue and Tom laid hands on the people. Again, healing took place.

It moved us deeply to see people with so much faith. After one and a half hours, the fire went out and we knew it was the right time to stop. Later we saw most of the people individually and gave them diets and herbs to take to assist with their illnesses.

We are very grateful to be witnesses to the powerful healing which occurs by using Homa Therapy.

[US Satsang, Vol. XII, No. 14, Dec. 6, 1984]

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Agnihotra at Psychotronics Conference

Jerry Hodges
U.S.A.

The 1984 Colorado Psychotronics Conference, held August 16-19, 1984 at the Regis College in Denver, Colorado, featured Dr. T. Galen Hieronymus, the "Dean of Radionic and Psychotronic Researchers" as keynote speaker. Approximately 250 people from around the United States attended to interact and hear advanced scientists and other explorers of subtle energy.

As part of the Hieronymus' keynote presentation for Advanced Sciences Research and Development Corporation on Psychotronic Agricultural Technology, this writer was asked to introduce *Agnihotra* to the conference. The following are excerpts :

Dr. Sarah Hieronymus : "We know that this earth is an old planet and it is in serious condition. If you consider how many cycles of civilization that we don't really know about, have flourished here; how many human bodies and animal bodies have lived and died upon this planet. You think about the soil being full of these vibes of death and destruction. We have not taken care of the earth that our God gave us. It is said that when this planet was built, the Sons of God shouted for joy because man's spirit immortal had a chance to grow and develop into being what he was destined to be, immortal spirit made in God's image.

Do we call it very good today ? We talk about all the problems that we have. Are we going to do something about it ? Whose responsibility is it ? Now, first of all, while we are thinking about this earth, let us talk about some other life streams of evolution who are evolving here. We are not without tremendous egos. We are not the only life stream of evolution making progress here upon this planet. We must learn to live in harmony with the elemental principles which are consciouness. You might have heard of the earth kingdom, the fire kingdom, the air kingdom, and the water kingdom. Through our explorations of other dimensions, we have learned to get in contact with many of these and to learn about them. We also know about the mineral kingdom, the vegetable kingdom and the plant kingdom. All of these are absolute forces.

Now, there are many people here who are beginning to think about these elemental forces and to try to learn to contact them and to make a good environment in which we can learn to be friends. There are ways to work with the elements of the weather, the earth, the fire and the water and that is the way it was supposed to be–in harmony, totally in harmony.

We have with us today a Research Associate of Advanced Sciences, a young man who has tried to find some answers. This is Mr. Jerry Hodges. He wants to tell you a little bit about a means of promoting harmony over all the earth and the network that is building now to help to promote harmony and peace between all life streams of evolution upon this earth."

Jerry Hodges : "We have heard scientists during this conference describe energy as that which cannot be created or destroyed. It merely changes form. Everything is vibrationally connected and interacting.

From the Vedas, the ancientmost storehouse of revealed knowledge, scientific methods are given for harmonious living upon the planet.

Revealed in Sanskrit, which has no mother language, the Vedas deal with a whole field of biogenetics in which methods are given to purify the atmosphere through combining certain organic substances with fire. The effect is to purify *Prana* or life force, which is transferred to all of life. This process of purifying Prana is called *Agnihotra* or Homa Therapy. Another application is called Homa Therapy Farming, in which this process is to assist with crops.

The specifics of Homa Therapy are as follows :

1. There are timings that correspond to one circadian rhythm, the rising and setting of the sun. At those coordiuates; where it is said that the sun is rising, there is a flood of enlivening energies and at sunset it is said that these energies recede.

2. The next component is a pyramid-shaped pot of cooper or gold; however, because of economics, copper is used.

3. The third is ghee. Ghee is unsalted cow's butter which has been clarified.

4. The fourth is dried cow dung.

5. The fifth is natural brown rice.

6. The sixth is a specific *Mantra* that has a specific effect on the atmosphere.

7. If available, medicinal wood such as sandalwood, banyon, mango, etc., may be used.

For the past ten years, I have been experimenting with Homa, on my own, mostly through observing the effects upon my own body and the energies that surround me.

A little over a year ago, I had the opportunity to meet these two wonderful people that are up here with me, Drs. Galen and Sarah Hieronymus. Actually, our coming together was around the *Oasis* magazine that I had coincidentally run into. After reading such a wonderful thing I wanted to find out what was behind it, so I made a trip down to Lakemont, Georgia. When I got there, I really was not expecting what I found. What I found was this fantastic instrument that had been invented and some people who had dedicated their lives to it. The instrument, as I saw it, was potentially capable of measuring some of the effects of *Agnihotra*. We agreed to set up an experiment to try to determine what the effect would be.

About fifteen minutes prior to sunset, we took measurements of intensity using four categories–vitality, heart, chlorophyll and adrenals–on the three of us. We selected three different plants and took measurements on these. We decided to perform *Agnihotra* and repeat our test. During *Agnihotra* time, I did what I customarily do, which is to meditate. Sarah also meditated. Galen decided simply to sit. After fifteen minutes, we took the readings and we found that on the three of us every area showed an increase in intensity. Our measurement of the plants showed increased vitality in every area with the exception of one plant which did not show an increase in one category. It was clear that *Agnihotra* had a very real effect on vitality. We have repeated this same experiment three times since and results have consistently showed a 98 to 100 percent increase in the intensity of the vibration with any category we have measured.

In February, the Hieronymuses and I met and did another experiment with a new instrument which Dr. Galen invented called the Agricultural Unit. My understanding is that the instrument is capable of gathering universal energy, then concentrating and directing that energy into the ground to the root structure of plants above. Again, using these instrument that are displayed here, we measured the vitality level of a nearby plant that was outside. Then we hooked up the AG unit and measured the vitality again. Vitality had increased. Next we used a reagent and I don't recall what that reagent was but it caused vitality to increase further. Then we took the ash from morning Agnihotra that I had done and used it as a reagent. Agnihotra ash doubled the intensity of the vitality. This result I had anticipated because I knew Agnihotra ash to be medicinal.

We have published articles reporting the effect of the experiments. The first article appeared in the *Advanced Sciences Advisory* and was reprinted in *Satsang*, a publication coming out of Baltimore."

Dr. Sarah Hieronymus : When you stop and think about it, Jerry is one person who is doing this practice each morning and evening and there are many others that he has brought to our home in Lakemont. He has brought many people from Europe and different places, including one friend who is in school in India, and they all do this. This is becoming a network all over the world and it is for peace. It is for harmony. It is for equalizing forces and getting to be in a position of spiritual—equivalent; I guess you'd say, of being able to commune with the elements with whom we must live in hormony if we expect to get along with weather, with the soil, with the fire, with the air, and with the water. And that's the thing that farmers are working with.

Other individuals asked for a demonstration of *Agnihotra*, so an anouncement was made at the evening session that *Agnihotra* would be performed in the Science Amphitheatre the next morning at 6 a.m., the last day of the conference. Fourteen people attended.

So as not to influence, the experience of those in attendance, it was stated that prior experiences of this writer would not be shared until after *Agnihotra*. Afterwards, each individual told of his experience. Most had something specific to relate to the peaceful hormonizing effect, however, it should be understood that many of these people have been practicing some form of discipline that allowed attunement to more subtle forms of energy.

Ms. Julie Hoovar, from Houston, Texas, shared the following vision :

"I experienced as we went in meditation, that we were all connected, that every person in this room and in the world were connected like a rosary and that we were being pushed up. Then, we saw the world form a distance, collectively. We were all one. Mother Earth was talking to us and she said that she and we were here to praise the Father and that we would see Christ and follow.

I never looked at the flame so I don't know what looked like, but I felt like I-we, had become smoke and had to move. We were cleansing fire and then we were all praying and smiling with the earth."

Invitations were extended to teach *Agnihotra* in Houston, Texas; and Grand Junction and Denver, Colorado. A series of lectures have been seheduled for November 2, 3 and 4 in Houston for Vasant and myself.

Meanwhile, experiments are continuing at the Advanced Sciences Research and Development Corporation.

[US Satsang, Vol. XII, No. 14, Dec. 6, 1984]

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Homa Ceremony To Inaugurate A New Village

Noni Ford

A copy of Kpelle trible village in Gbarnga, Liberia, Africa, which is Baltimore's sister city, was inaugurated on September 24, 1984 at the Baltimore Zoo with a dedication ceremony. Dancer Maria Broom performed *Homa* ceremony (a Vedic ceremony given in the Vedic sciences of bioenergy, medicine and farming) to purify the atmosphere in the village. Members of the African American Performing Arts Collective presented ceremonial dances.

Dr. Beryl W. Williams, Director, Baltimore Gbarnga Sister Cities Project had invited Major Vorkpor, superintendent of Bonn County, Liberia Africa to participate in a week-long schedule of events which began with a visit to Baltimore's Mayor William Donald Schaefer who presented to him the key to the city of Batlimore. After his visit to Baltimore Family Life Centre, a private mental health and family therapy centre run by Ross Ford, I had the wonderful idea of going to Kpelle village in Liberia to introduce *Homa* purificatory pyramid fire to the village folk. I plan visit Africa soon.

[US. Satsang, Vol. XII, No. 14, Dec. 6, 1984]

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Homa Therapy in Vienna, Austria

Thomas Konecny
Vienna

A few years ago Homa Therapy reached Vienna and the few people who did Agnihotra did not know the real magnitude of the effects of Homa Therapy. There was a lack of critical awareness and consciousness about the necessity for healing energy. The time was not ripe for wholistic thinking. There were several groups but no feelings for common actions existed among them.

To sow the seed for wholistic healing methods for the future in a big city like Vienna no doubt we would have to do longer Homas, we thought. In May 1983, therefore, we did the first 24-hour Homa there. About 20 people gathered and many started Agnihotra at this time. A lot of blissful energy was released and in the same month we got the opportunity to establish a fire temple meaning one room of silence only for Yajnya and meditation. Then more frequent and longer Yajnyas started and the message of Homa Therapy started to spread.

For all this we have to thank the indefatigable devotion and recurrent visits of *Satsang* editor Vasant and above all we are thankful for the Grace of the great Spirit. Today there are several places where Homa Therapy and Fivefold Path are practiced. The purified atmosphere attracted persons from all categories. In this way the idea of creating wholistic healing centers based on Homa is growing.

Concrete impulses for this project arose during a seminar where we experienced the healing energy of natural treatments. Only vegetarian food was served for three days. *Already by the second day many people recognized the rejuvenating effect of Agnihotra.* The possibility of integrating all the treatment methods seemed very practical. Our thoughts are now focussed on this plan.

The Fivefold Path

1. Perform *Yajnya* for purification of the atmosphere (Agnihotra is the basic *Yajnya* tuned to the biorhythm of sunrise/sunset to create the healing cycle).
2. Practice Daan (Share your assets in a spirit of humility).
3. Practice Tapa (Become better managers of your body and mind energy and try to cast off habits which you think are no good for you).
4. Practice Karma (Every action you do must be based on the criterion "Will this lead to my purification?").
5. Practice Swadhyaya (*Self-Study*. Who am I? What am I here for ?).

[US Satsang Vol. XII No. 14 Dec. 6, 1984]

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Homa: An Everyday Tool

Ernest Collier
New York

Once a person begins practicing Homa daily, it is soon noticed that everything else, especially the most important things, done in the course of the day become much easier. Homa is fire prepared in a copper pyramid under certain disciplines of biorthythms and sound vibrations.

Should we have a task to perform while seeking the wherewithal to get the job done promptly and efficiently, then we merely allow it to pass through our consciousness during the daily Homa to press the right button.

From the foregoing descriptions, the reader is correctly inclined to think Homa healing fire is a powerfully effective and practical tool. This is quite right. In fact. Homa fire is the most potent method of counteracting atmospheric and all other forms of mental and material pollution. It is at the frontier of current world thinking about healing and health. Homa is a scientific tool complex enough to reset the energy cycle of the planet yet so simple that it can be properly performed by a child, with daily benefits accruing to all creation.

Homa healing is a simple practice from antiquity, given through the Vedas, so particularly antipollutionary- and hence contemporary. It is very special. Why? For one thing, pollution is all but wiping out the planet, including the modern mind. For another, compassion and similar concerns one may have for a fellow being have been reduced to lip service. Disturbances are everywhere. Inspiration is on the wane. Creativity, like fresh air, it appears is disappearing from the globe. A mechanism that improves both habitat and its inhabitants is sorely welcomed in today's marketplace.

Daily sunrise/sunset Agnihotra is the basic Homa fire which establishes healing radiations around us. We may add four hours daily of Om Tryambakam Homa and twenty-four hours on New and Full Moon days. As little as fifteen minutes daily of Om Tryambakam Homa combined with Agnihotra assures maximum health of humans and environment while four hours daily enables one with minimum effort to reach the fullest possible potential in the least time.

Daily Homa is an easy and natural way to heal the environment-earth, water and air-while simultaneously gaining greater control over body, mind and spirit. Homa heals the atmosphere primarily by replenishing it with vital nutrition, literally injecting nutrients back into an atmosphere that has been robbed of its elements by pollution Farming bulletins published by Agnihotra University state, "Homa atmosphere, especially that of this concise Agnihotra, acts as a catalyst on plant metabolism and causes the plant to reach for the nutrients it needs. necessitating strength and then yielding the nutrients, giving plant health and allowing it to more efficiently blend with the ecological balance of things."

Homa practice maximizes the body's potential for optimal health. It is at once the zenith of preventive medicine. Due to the healing, protective shield set up around us by morning and evening Agnihotra, we generally feel better throughout the day and night. Whenever there may be discomfort, medicines, using Agnihotra ash as a base, affect a wide variety of common and uncommon illnesses and diseases, as researched in Germany and Poland.

Also, the consciousness is impacted upon, expanded and given a push in the direction of love. Homa turns all things to loveliness; it exalts the beauty of that which is most beautiful and it adds beauty to that which is most deformed. Like poetry, Homa inspires and ignites the best in us so that we may better contemplate the miracle of humanity and we can better serve that miracle. Homa, in short, makes it easier to think well of others.

Moreover, Homa lightens one's burden, no matter how heavy it may be. It is as if it clears the spirit of dross so that it rises high above quarrels, uncertainties, indecisions, worries, phobias, even tragedies, past regrets, present woes, future fears.

Agnihotra and daily Homa produce the record of the best and happiest moments of the happiest and most peaceful minds. It makes us, in the words of Shelley the poet, the inhabitants of a world to which the familiar world is a chaos. It reproduces the common universe of which we are portions and participants and it purges from our inward sight the film of familiarity which obscures from us the wonder of our being. Over the long run, these daily Homa practices compel us to feel that which we perceive and to know that which we once only imagined.

Daily Homa practice is the most unfailing herald, campanion, and follower of the awakening of a great people to work a beneficial change in habit, opinion or institution. Here again, it acts as a catalyst in lifting the mind from the unconscious grooves of habits. It acts as a magnet in the accumulation of the power of communicatiug, causing the reception of intense and impassioned salutary conceptions respecting humans and nature. Knowledge is revealed to one during the quiet calm of Agnihotra, the sunrise/sunset basic healing Homa fire.

The healing peacefulness of Agnihotra, the restorative serenity generated by Homa atmosphere, is conducive to meditation. It deepens the meditative processes, greatly enribhing the experience and making it much more profound. Many who sincerely wanted to but couldn't seem to "get into it," found Agnihotra simply made meditating easy.

Meditation, however, like poetry, is not like reasoning, a power to be exerted according to the determination of the will. A man cannot say, "I will meditate" any more than the greatest poet can say "I will compose poetry". Neither can be said because the mind in meditation, as in creation, is as a fading coal which some invisible influence, like an inconstant wind, awakens to transitory brightness. This power arises from within, like the odor, texture and color of a flower which fades and changes as it develops, and the conscious portions of our natures are unprophetic either of its approach or its departure.

Meditation, then, differs in this respect from logic in that it is not subject to the control of the active or conscious powers of the mind. Its birth and recurrence have no necessary connection with the consciousness or will. A plant's strength depends upon the nutrients of the soil and atmosphere that surround it (both of which are nourished and revitalized by Homa), so, too, does Homa facilitate the meditative endeavour to the higher worlds experienced principally by those of the most delicate sensibility and the most delicate unselfish devotion.

In summary, Agnihotra, which consists of burning dried cow dung, raw brown rice and clarified butter inside a copper pyramid to the accompaniment of specific Vedic Mantras at the precise moments of sunrise/sunset, sets in motion a process which begins to resolve today's problems—those facing the human society at large. When practiced on a mass scale, Homa harmonizes the whole environment as all of nature is brought into balance, with a breeze of clean, unpolluted, fresh air blowing through every open window. Homa, therefore, which is also a farming tool that causes, among other things, seeds to sprout and germinate many times faster than they otherwise would, itself becomes the seed and root and blossom of a new order of individual and planetary well-being. Homa gives a personal direct link on an everyday basis to the mighty forces of creation. In other words, Homa redeems from decay the visitations of the divinity in humans.

[US. Satsang, Vol XII No. 13 Nov. 15, 1984']

* * * *

How to Make Ghee

Mike Billian

Ghee, or clarified butter, is an indispensable ingredient in Agnihotra and other Homas. No Homa, large or small, can be performed without this basic material. Ghee is made by melting pure, unsalted cow's butter until the whey and milk solids separate from the oil. The oil is then filtered and put in jars for storage. Ghee can be stored at room temperature indefinitely without spoiling as the impure elements have been removed. To make ghee the following materials are needed:

Pure, unsalted cow's butter

A few paper towels or some cheesecloth
A large wide-mouth jar
A rubber band or some string

Ladle
A saucepan, double boiler or "crock pot"
(slow cooker). (Avoid pots made of aluminum.)

Steps to Making Ghee

1. Place butter in a pot and melt slowly. If you have an electric range, a saucepan will work well as long as the heat can be kept low enough so that the butter never boils. Boiling tends to mix the whey, which has settled to the bottom of the pot, with the oil or ghee above it. If you have a gas range, a double boiler may be necessary as it is difficult to keep the butter from boiling over a direct flame. A "crock pot" (slow cooker) is ideal for making ghee. It is a ceramic pot encased in a heating unit which plugs into an electric outlet. Set the control switch on "low". The butter will melt slowly and will not boil.

2. While the butter is melting you can prepare to filter the ghee.

3. Let the butter heat until it is completely melted. A white foam will appear on the surface. Skim all of this material off with a wide spoon and discard it. Under the white foam you will find the bulk of the butter has become a clear golden liquid. This is ghee.

4. Using a ladle, dip out the ghee and pour it through the paper towel or cloth filter. Be very careful not to dip into the white layer of whey and milk solids at the bottom as these are the substances you are removing from the butter to make ghee. Continue ladling out the ghee until you can no longer do so without getting droplets of whey in the ladle. Never pour droplets of whey into the filter jar because the whey will go through the filter and spoil the ghee. When the ghee has gone through the filters, remove them, cover the jar with a lid and store for daily use. Any ghee left in the cooking pot can be cooled until solid. The whey can then be drained off and the solid ghee can be remelted and filtered later.

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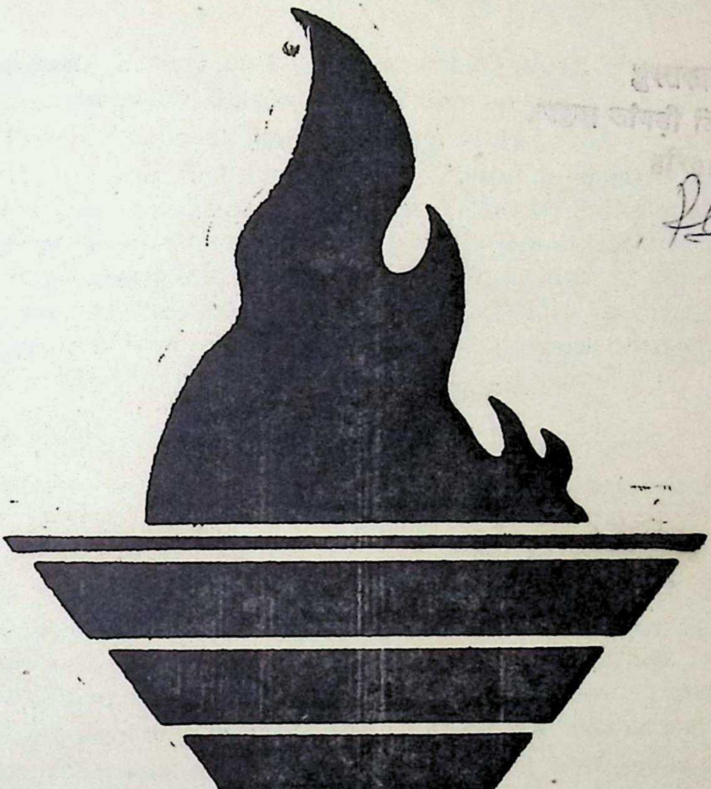

पुस्तकालय
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हरिद्वार
10/4/86

THE KINGDOM OF HEAVEN IS NEAR AT HAND

Bharatiya
Satsang

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REPORT FROM POLAND

THE INFLUENCE OF AGNIHOTRA AND OM TRYAMBAKAM HOMA ON HUMANS AND PLANTS

Krystyna Ojrowaska, Warsaw, Poland

(Radiesthesia Society of Warsaw is working under the guidance of its founder director, Mr. Lech Stefansky. Satsang editor Vasant and Dr. Ulrich Berk from West Germany attended the first International Symposium organized by the Society in Warsaw in 1981 when AGNIHOTRA was first introduced to Poland in modern history. AGNIHOTRA pyramid healing fire forms the basis of HOMA THERAPY healing and farming practices. Dr. Berk has since then been regularly visiting Poland and teaching HOMA THERAPY on behalf of the Radiesthesia Society. The English translation of the reports mentioned in this article relate to the period February-June, 1983. The work has now spread to seventeen cities in Poland and the surrounding village areas. Madame Krystyna Ojrowska heads the AGNIHOTRA section of the Society. Editor)

Introduction

AGNIHOTRA was introduced at the Radiesthesia Association Symposium in Warsaw in September, 1981.As a result, the Association began meeting regularly for evening Agnihotra. The practice was expanded to include the four-hour Om Tryambakam Homa following the arrival of Dr. Ulrich Berk of west Germany in the autumn of 1982. In February, 1983, the group acquired the Radomska Street Center where they gathered twice weekly for sunset Agnihotra and on new moon and full moon days for om. Tryambakam Homa.

More and more at these regular meetings where large numbers of people gathered for Agnihotra, we were able to have a dialogue with participants and collect their observations and experiences relative to the impact of Homa as well as the use of Agnihotra ash as a medicine.

The positive experiences and responses of participants stimulated the organization of a second center, Klub Osjediowy Strewki in Warsaw, where regular meetings were scheduled. Again, we observed positive results from the practice of Homa Therapy. We collected interviews from persons who had participated in the program of sunset Agnihotra and Om Tryambakam Homa during the period from February to June, 1983. The results of the interview are detailed below.

Observations of the Effects of Homa on Human Disease

Mrs. J. K., age 68, Warsaw

From 1976 I suffered from fits associated with "blinking" of the auricles.* In 1979 I spent five weeks in the hospital. After leaving the hospital, I felt well for five weeks and then the fits began; at first once a month, then once a week and then several times a day. I took various foreign medicines and was under the care of a distinguished doctor, a cardiologist, Dr., K. with no positive results. I visited Harris ten times, also with no results. Then I learned of AGNIHOTRA and in February, 1983 I started to attend AGNIHOTRA. After the first meeting the fits stopped. After some time. the fits came back but they were rare and brief. I stopped taking medicines but I visited the doctor for the control. The results from AGNIHOTRA are better. At present, the fit sometimes comes back but lasts briefly and goes in a subdued way. Now I get up in the morning and work in the garden for seven hours a day. Though I am tired after this work. I can stand the effort which was impossible previously. I think that practice of AGNIHOTRA and of Om Tryambakam fire is a splendid treatment and I am an enthusiast for this method.

* Common description of heart flutters and palpitations.

2. Mr. P. K.

I suffer from idiopathic excess pressure. I felt over-irritability which I could not get rid of. Outside I kept calm, but inside I felt great tension. After attending Agnihotra for a few times., I experienced inner relief. I feel as if the inner blockade has disappeared. I think that the practice of Agnihotra is a splendid treatment.

3 Mrs. M. K., age 40, Zielone Gora

From August 15, 1982, I suffered from a pimple on the forehead between the brows. At first it was a pimple of millimeter size which when scratched off, began to grow to the size of a bean. It was neither painful nor itching, but from time to time, it seemed to ripen and grow, forming a visible abscess inside. Outside it was surrounded by a hard cuticle filled with something. The doctor advised me not to touch this place, not to remove it by the means of cosmetic surgery, only to observe and he promised to send me to the cancer research in order to take a scrap for examination. On March 10, 1983 after participating in Agnihotra in Bydoszcz, I intuitively spread the ashes of Agnihotra on this Pimple. It reddened and swelled as if the pus was gathering there. The abscess was pushed out and was bagging above the skin. A week later this place was smeared with Agnihotra ointment. And then it was smeared with the ointment again. After the third smearing the abscess broke off, dropped and vanished. The convexity also vanished. After the third smearing with Agnihotra ointment, I additionally smeared this place with the extract of comfrey. On March 21, after the performance of Agnihotra I spread the ash of Agnihotra on it. After washing the face in the morning there was no trace of the pimple. There was even no reddening. On June 2, 1983, after inspection, it was stated that even the place of the pimple was hardly recognizable.

4. Mrs. H. I., age 40, Warsaw

I suffered from refractory deep fractures on the fingers for about a week. I applied Hemostin with no improvement. After applying Agnihotra ointment the fractures healed up in two days, leaving no trace.

5. Mrs. D. K., age 33, Warsaw

I had burns on the palm underrun by matter which was pulsating, painful and not healing despite treatment. After applying Agnihotra ointment, they healed very quickly.

I also applied Agnihotra ointment after cutting the palm in two places with a broken glass. After smearing the injured places, I felt pulsating and swelling of these places in the night. In the morning the cut places were catrized.

I also applied Agnihotra ointment to mycosis pimples on the body which were very hard to cure. After two weeks of systematic smearing, I noticed improvement.

6. Mrs. H. S., age 45, Warsaw

There appeared pustules around my eye. They remained in spite of treating them with various medicines. After applying Agnihotra ointment, they vanished almost immediately.

7. Mrs. P. M., age 60, Warsaw

I had warts on my foot under the heel and the toes which I could not remove. I spread the ash of AGNIHOTRA one night for ten times and on the following day, I rubbed them with the pumice. One of them vanished completely; the other left only a trace.

8. Mrs. M. J., age 56, Warsaw

I have attended AGNIHOTRA for three months. I suffered from lingering conjunctivitis. During the very performance of AGNIHOTRA, I feel relief in my eyes and see more distinctly. On the following day, the eyes are tired but to a lesser degree and they do not fester. Additionally, during the burning of the fire, I could feel increased pain in the ear, a condition I have been suffering with two years. I gave up the pharmaceutical treatment. Before AGNIHOTRA, I had a strong buzzing in the ears; now it is far milder. I am at present calmer and sleep better.

9. Mr. J. W., age 32, Warsaw

From January 1980 I suffered from asthma which I had after having an attak of flu All the time I was under the care of a specialist which brought some improvement. In 1982, the aggravation came. All the time I took the medicines like herogec, alargastin. I could not function without them. I took them every six hours and if I was late in taking the medicine. I had the fit of asthma. In March I attended AGNIHOTRA for the first time. During AGNIHOTRA I felt well. After going out into the street. I had the fit with hawking of phlegm. I had to rescue myself with medicines. On the following day, the fits came, but only every eight hours. After attending AGNIHOTRA the fourth time, the fits ceased. I must state that before I came in contact with AGNIHOTRA, in February, I was in a sanatorium where I felt relatively well. After my return to Warsaw, it turned out that there were no positive changes-in my health condition and I was sent to anti-allergic ward in the hospital in Otwock. After participating in AGNIHOTRA for the fourth time the fits ceased but the sultriness remained. After five weeks, I stopped taking chemical medicine and instead I applied the ash of AGNIHOTRA. After 15–20 minutes from taking the ash the sultriness used to cease. At present, I do not take chemical medicines. The fits ceased completely. Sometimes the sultriness comes, which I get rid of by ash of AGNIHOTRA. I attend AGNIHOTRA twice, a week. During the first two months, I took the inhalations of the AGNIHOTRA ash once a day in the evening. I did not swallow the ash. Then I took only the ash with honey. In April I was in Katowice and Bielsko and I did not have any fit, only there was some sultriness caused by the change of weather. The sultriness lasted for a short time. Besides that my demand for food decreased as I felt well. I lost 6 kg. and now I keep normal weight. I also noticed changes in the nervous system. I am calmer. I ALSO NOTICED CHANGES IN THE WAY OF THINKING FROM THE NEGATIVE TO THE POSITIVE.

10. K· K.. age 4, Warsaw

The child suffered from Enterobius vermicularis.* The applied routine chemical treatment was ineffective. In the evening the child was given AGNIHOTRA ash (on the tip of the spoon of honey). On the following day a great quantity of worms came out with the excrement. After the child's return to the nursery the disease came back but it was less intense. After a week the child got the ash with the recommendation to use it several times according to the period of hatching of the eggs. The observation continues to be carried out. If this method proves to be effective, this therapy could be introduced for all children at the nurseries where the disease spreads.

11. D. N., Warsaw

She used the drops for eyes. After one week of putting drops into the eyes watering and headache ceased.

12. Mr. M. J., age 30, Warsaw

After AGNIHOTRA I feel relaxed. After participating in Om Tryambakam fire burning I feel sleepy. I feel well at AGNIHOTRA and regularly attend it.

13. Mrs. P. M., age 82, Warsaw

I have undergone the operation for cancer of the breast and heavy repeated heart attack. Before the disease came. I could not sleep and I had not slept without sleeping pills. Now I feel relatively well and regularly practice AGNIHOTRA.

14. Mrs. P. M., age 50, Warsaw

I have been suffering from serious sultriness fits for many years. After the inhalation of the AGNIHOTRA ash I feel great relief.

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* The seatworm or pinworm, a small white worm parasitic in the upper part of the large intestine, occasionally in the female genitals and bladder and frequently in the rectum of children, causing itching and reflex disturbance.

15. Mrs. W. I., age 56, Warsaw

For the last few years I suffered from palpitation of the heart. I have practiced AGNIHOTRA for three months and I take the ash. I feel much better, have no palpitation of the heart, gave up taking, medicines and noticed better functioning, calm and better sleep.

16. Mrs. E. K., age 26, Warsaw

For four years I have seriously suffered from the female diseases. During this time I spent a year, at various intervals, in the hospital, where I underwent all possible treatment, medicines and injections. Despite the treatment, I was bleeding all the time; I did not have regular period. I could not get pregnant. The doctors said that my health condition would improve after bearing a child. I became pregnant. During this pregnancy. I stayed in the hospital for all nine months. After bearing the child nothing changed in my health condition I bled again and did not have period. For two months I have been attending AGNIHOTRA twice a week and have been taking a half of a spoon of AGNIHOTRA ash. For the first time during these four years, I had period on the normal 28-day cycle.

17. Mrs. M. K.

After first time practicing the AGNIHOTRA fire. I felt a worsening of the symptoms of vegetative neurosis, followed by a general calming. After the next few AGNIHOTRA meetings, I felt completely calm and noticed additional effect of AGNIHOTRA namely, I got rid of the fear when entering a crowded room. Before I had struggled with this fear for a long time. BESIDES THAT, I FELT JOY AND FRIENDLINESS TOWARDS THE WHOLE WORLD.

18. Mr. M. K.

From February he took AGNIHOTRA ash with honey for coronary disease the enemy of the heart muscle. After a week of application of this mixture two to three times a day, he noticed that he did not suffer from his heart affliction On March 8, 1983, he decided to take a break from the treatment. The rest of the ash was used for curing his children and wife from a virus infection. In the case of the daughter and the wife, improvement was observed. Only in the case of the son was there no improvement.

19. Mrs. S. B.

I used the mixture of AGNIHOTRA ash and water for inhaling. It soothes cough and limits asthma fits. Because of the shortage of ash, I inhaled it twice a day. After the very first inhalations, there was a great improvement in breathing noticed. The consumption of the ash mixed with honey probably resulted in the improvement of the heart action but nothing certain can be stated because of the briefness of the treatment. But washing with the solution of the ash and distilled water decreased grievous tetter.*

20. Mr. L. P.

In February, 1983 I suffered from laryngitis, my organism being inclined to colds, anginag and flus. I applied a three day treatment consisting of in-halation of AGNIHOTRA ash three times a day plus a large amount of ash and honey several times a day. Additionally I drank a breaw of lime and chamomile. The recovery from sickness came without aspirin and antibiotics, which were always used in this case.

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* Popular name for various skin diseases usually characterized by intense itching.

21. Mrs. S. P.

I suffered from foot mycosis (grievous itching with a deep skin split) affecting three toes. The mycosis lasted for about four weeks. After two days of smearing, the affliction decreased and after the following six days of using AGNIHOTRA ointment several times a day, there was no trace of the affiction. After each participation in AGNIHOTRA I get deep sleep, giving the impression of full rest in the morning. After several meetings, I feel calm and bear stress and worries more quietly.

22. Mrs. A. B.

I suffered from a cold for two weeks. Improvement came after one AGNIHOTRA ash inhalation.

23. Mrs. R. D.

I have suffered from allergic bronchial asthma for twenty-five years. After a single inhalation of AGNIHOTRA ash, I noticed complete decay of the symptoms. The water from the wash drink after the inhalation caused a brief flux.

24. Mr. E. G.

I had " perpetual crust. " After removing it, a new, larger one appeared. I used AGNIHOTRA ointment twice at six hour intervals. The crust fell off.

25. Mrs. B., age 18

I had a sty on the eye. I used AGNIHOTRA ash with butter on it. After two days, the sty stopped growing, then it dried. I used this treatment three times a day, rubbing the bad spot.

26. Mc., age 16

After a single participation in AGNIHOTRA, a three-day headache resulting from disease of the sinus stopped.

27. Mr. W. J., age 20

After participating in AGNIHOTRA several times, I felt and slept better.

28. Mrs, J. P., age 34, Warsaw

Since 1978, I have suffered from a kind of mild impetigo which, at first, causes the appearance of small itching pimples (blisters.) These pimples appeared on my neck, back and belly. They increased in autumn and winter. I was under the medical treatment in the Dermatological Clinic on Koscykowa Street and in the hospital in Lesino in Warsaw where they took the scrap of the changes in the neck and stated that the disease resulted from a nervous system disorder. Previously, there were periodical improvements but followed by relapses. Directly before using AGNIHOTRA ash I had wounds on the belly and neck. The first time I used a lot of ash dissolved in half a glass of water. I did not take part in AGNIHOTRA. On the following date, I felt relief and the itching ceased. On the following day, I used the same treatment and noticed still more distinct improvement. The third time, I took part in AGNIHOTRA and used the ash of AGNIHOTRA. Then the wounds began to heal quickly. The disease disappeared completely and has not come back since I started the treatment five weeks ago.

Observations of Homa with Plants

Mr. I. L.

I began the performance of AGNIHOTRA in April, 1982. The garden was 600 m. I performed AGNIHOTRA three times a week. For feeding the soil, I used neither fertilizers nor chemicals. But in the autumn of 1982, I dug the compost of leaves, though without cowdung. For watering, I used AGNIHOTRA ash in the proportion of three pinches per jug of water. The reaction of the plants and changes in growth observed are reported below.

Sunflowers : Radical changes in the growth of sunflowers was noticed not only by me but by the neighbours and accidental passer by as well. The length of the stalk was 3.5 m. m. The diameter of the stalks at the ground was 65 mm, and they were so strong that six long infloresceeces grew on them, the caspidal being 40 mm in diameter. The diameter of others ranged from 20 to 30 mm.

Trees and bushes : The increment of the trees was not much greater, while the increment of the currant bushes, particularly the red ones, was so great that this year I was forced to support and bind up all the bushes, as the branches broke and were lying on the ground.

Insects and the diseases of trees, bushes and vegetables : As I have already mentioned, I did not use any chemical means. After the leaves came up on the raspberry shrub, there appeared pternidea fibes, a kind of caterpillar, which I destroyed mechanically. It was possible as they appeared only on two of the raspberry shrubs. It is necessary to add that the winter cavbolic spatter was carried out. Also, there appeared aphides on the plums, but they disappeared, On the 1980 winter spatter was not carried out and though in the kind of caterpillar did not appear aphides did appear on the black currents. I destroyed them with the water stream. Then they appeared, though not in vast quantity on the red currants. At the moment, they are still on the plums. I have not noticed any other diseases like mildew or fungus. The vegetables which yielded more than earlier are tomatoes, cucumbers. and beans. Remember that the manure was the same and the compost was of tree leaves without cow dung and fertilizers.

Agnihotra was performed, depending upon the weather, either at home or in a central place in the garden. At present, in the biodycamics class, I am learning about biodynamic spatters (e. g. the brewing of nettle for use against the aphides.) These methods I have started to apply and the result is vegetables and fruits free of the poisons which come from manures and chemical means. The apples tided over since the beginning of May in a cellar not adapted to storing. I THINK THAT THE USE OF BIODYNAMIC METHODS AND PERFORMANCE OF AGNIHOTRA WILL BRING ESTIMABLE BENEFITS TO MAN.

[US Satsang, Vol. XII, No. 16 Jan. 1985]

SATSANG NEWS INDIA

AGNIHOTRA AT INTERNATIONAL MEDICINE CONGRESS, COLOMBO

Barry Rathner

On October 23, 1984 Barry Rathner addressed delegates to the World Congress of Acupuncture and Natural Medicine in Colombo, Sri. Lanka. In the following days people wanted to speak only about AGNIHOTRA and Homa Therapy according to several sources. Several Hundred delegates from more than 50 coutries attended. Copper AGNIHOTRA pyramis were purchased by many of them.

Following are excerpts from the prepared text read to the congress.

One of the first questions you may ask soon after I begin my presentation will perhaps be similar to one I have asked myself more than once, namely, " What Am I Doing here " I am not an acupuncturist nor a homeopath nor a dowser for that matter, Of course I am a psychologist and since psychologists are supposed to operate at the level of mind and since mind is now said to be closely connected to healing, this may qualify me to speak to you.

I suspect the main reason I am speaking to such an audience is that you have crossed a barrier in your work in the healing profession that most have not. You are open-minded enough to at least allow the possibility that there are certain energies or forces operating either at or even below the electromagnetic level which are relevant to healing. You are perhaps humble enough to admit that you may not know all of the why's or how's of a particular therapy. At the same time your intretest and dedication to relieving human misery pushes and pulls you towards finding better and better means to help your patients any way you can.

My subect may be new to many of you, may be old to those of you who heard my talk at Medicina Alternativa World Congress in Amsterdam in 1980 or at the Acupuncture Congress in Raipur, India later that year.

The basic message I have for you today is that WE HAVE TO TAKE SCIENTISTS TO A PLACE WHERE THEY CAN SEE EASILY THAT PUTTING SOMETHING LIKE MEDICINAL HERBS INTO SPECIALLY PREPARED FIRES, DISEASES CAN BE CURED IN WHOLE AREAS.

First, what are " specially prepared fires ? " The basic one is called AGNIHOTRA and is the core of what is called HOMA THERAPY. Homa in Sanskrit means fire. Since 1972 it has been practiced by thousands of physicians, healers and laypeople on every continent. The results as gathered through thousands of observations and several experiments have been uniformly and uniquely successful. As with homeopathy, there are no contraindications. Unlike allopathy, there are no side effects. The cost of Homa Therapy is so small as to easily fit into anyone's budget In fact thousands among the poor of the world have been exposed to Homa and many do it regularly. Their physical, emotional, mental and spiritual lives have literally been transformed. Drinking of alcohol is reduced; fighting lessens.

I am sorry if the use of the word " spiritual " either confuses you or somehow turns you off. But you see in truth there is no difference between the socalled spiritual and socalled material. It is only in how the mind looks at it. This is an interesting point, I feel, since I suspect that some of the time may result from confusion on this very point. What is metaphysical of course becomes simply physical once it has been proven in the laboratory. What may have been considered a miracle fifty years ago becomes commonplace after it has undergone analysis.

Anyway I should like to state that Homa Therapy is not part of any religion and does not belong to any particular race or country. Its origins are Vedas, ancientmost knowledge on the planet. Vedas are given in Sanskrit language, the mother of world languages. Its contents belong to all of mamankind.

Agnihotra consists of preparing a small fire in a copper pyramid at precisely sunrise and sunset. materials burnt in a copper pyramid are dried cow dung, raw rice and pure ghee (clarified butter prepared from cow's milk.) A twelve-word Sanskrit intonation is said once. That's it. It is so simple as it has been called " instant coffee Homa. " But one would be wise not to be misled by its simplicity. It has been said that if one could harness the energy from even one Agnihotra (which one can not do.) he would be able to light the city of New York for a week.

What we have observed for the past 12 years is that persons who either do themselves or are exposed to twice daily Agnihotra in a very short time display removal of symptoms of dozens of diseases including, e. g., asthma, skin fungus, rectal cancer in early stages and hyperactivity. In my psychology work with thousands of patients, I have seen progress made in matters of days that ordinarily one would not expect in months. Those addicted to alcohol, many hard and soft drugs, depressed/suicidal persons, and the mentally retarded are examples of the kinds of patients with whom we have had excellent results.

How does Homa Therapy work ? To be honest, I don't know-entirely. To a great extent, however, that doesn't concern me. In fact we don't yet know why it is effective. But who would deny his patient-or himself-relief from suffering merely because he doesn't know why a treatment is effective ?

It is quite likely that a point elucidated by Dr. Jayasuriya comes very close to the answer as to how Homa Therapy works. When Anton quoted Pasteur that it is the terrain that is the key not the microbe could it be the mind that is the ultimate terrain ? It is said in Vedas that a relationship exists among ATMOSPHERE, PRANA AND MIND. Prana is the life energy that pulsates in us and around us and and connects us with the cosmos. It has been called vital force, chi and a few other things Prana and mind are like two sides of the same coin. Any change therefore in Prana is automatically transposed the to realm of mind. The word **automatically** is important here as some blind studies of the efficacy of Homa have demonstrated that even those exposed to it unknowingly (being in a nearby room) have benefitted from it nonetheless. Skepticism likewise doesn't matter.

There are a few ways to balance Prana. Some of you are no doubt familiar with Pranayama, certain exercises by which one can influence Prana by controlling breath. Many Hatha Yoga practices designed to straighten the spine similarly aid in harmonizing Pranic flow. When we engage in any form of self-discipline we also can affect Prana. I shall return to this point shortly. The easiest and quickest way, however, to effect Prana is by changing atmosphere. Burning substances is a profound way of changing atmosphere. Burn something harmful and it has great negative effects on atmosphere and hence Prana and hence mind. Burn something nice-even say an incense stick, e. g., and a nice effect occurs. PUT SOMETHING LIKE MEDICINAL HERBS INTO SPECIALLY PREPARED BIORHYTHMIC FIRES AND PROFOUND CHANGES OCCUR IN WIDE AREAS.

Returning to self-discipline for a moment. if we want to truly be healers, if we want truly to be happy if we want to approach our human potentialities, we must engage in some self-discipline. Unfortunately discipline is not in vogue in most circules in today's world. We have discovered several forms to attempt to escape from the stress and tension of daily life in the 80's but self-discipline is not practiced by the masses. This is one prime reason for trying Homa Therapy.

The worst form of pollution according to Vedic knowledge is THOUGHT POLLUTION the combined effects of the high levels of anger, greed, lust, attachment, etc. that surround us nearly everywhere. With so many of our brothers and sisters acting in ways that are anathema to what may be termed a purer way of living, it isn't at all surprising that despite the best of intentions, we too fall prey to our bad habits and old ways of behaviour (or **Samskaras** meaning impressions as it is called in ancient knowledge).

Homa Therapy encourages and actually pushes us in the direction of becoming more disciplined. We thus soon find ourselves living in ways that are more in consonance with love. This is healing at the highest of levels. In this way intuition as Dr. Gorritti said, can be increased. In this way the power of physical touch can be expanded.

Another reason that I now feel sure that I am speaking to the right people is that so many of you are in the position to take the next step with regard to Homa Therapy. You are the ones who can and should do experimentation into this science. Your openness to and experience with subtle energies make you the ones who may be able to show the world what this COPPER PYRAMID HEALING FIRE can do.

Dr. Morrell spoke of electromagnetic oscillations as a likely explanation of how homeopathy works. Could this be one means by which Homa Therapy does its work ? Could the work of Paul Cunningham show some of the reasons for Homa Therapy's uncanny ability to turn polluted water into drinking water ? Would showing changes in the dielectric constant of water or how hydrogen-bonding occurs in water exposed to Agnihotra or to Agnihotra ash be eye-opening ? Now is the time to try to answer such questions by experimentation.

Why do I say that now is the time ? Look around you. Do you see the misery that humankid is now confronted with ? Are you aware of the nearly 30% level of cancer in my country, USA ? Are you cognizant of a slow but steady deterioration in the quality of modern life brought on by the nearly constant, almost unbearable levels of stress that beset most of us most of the time ? Many feel that today is the time that was predieted long ago as what may be called " Destruction of Cities. " It was said that whole cities would literally destroyed by pollution. Do you really think that it is an accident that the experience of the last five years whereby unprecedented changes of weather have effected nearly all parts of the planet comes at a time when air pollution, water pollution, radiation pollution, acid rain, etc. are at their highest levels ever ?

Pollution is not a problem only for steel mill owners. What about the medicinal herbs all over the planet that are losing their potency because of pollution ? Why is it that in many cases the same herb now must be used in a dose 20 times greater than before to effect the same results ?

I could go on and on to try to inform you about how bad things are on the planet. But considering especially the sensitivities of such an audience, I do not think it necessary. I think that at some level you already know it. The question now is what can we do about it ? The next question is what can be done quickly ? Many feel that there is very little time left before things become **irreversible.** Those who have understimated the extent of forest death ' **Waldsterben** ' in Germany, e, g., may wish they had a second chance. But not it is being said more and more often that it won't be long before the forests of Germany, Czechoslovokia, Austria and Switzerland become things of the past ! A threemonth observation in West Germany was just completed to test effects of Homa Therapy on reversing forest death. Results should be soon known. If forests are dying, what is happening to ourminds ?

The levels of stress and tension experienced by millions everywhere are approaching unbearablity. It is truly a situation of " derangement of vital force " as Dr. Hahnaman described. IF YOU HAVE TRIED EVERYTHING AND STILL FIND YOUR PATIENT SUFFERING, TRY HOMA THERAPY.

Dr. Jayasuriya speaks of the necessity for empathy and sympathy on the part of therapists to go along with whichever medical " pathy " is being employed. He speaks truth. I think all of you have realized at one time or another the common denominator of healing, that energy called " molecules of love " in Vedas. This is precisely what manifests in the area surrounding proper performance of Agnihotra, the core of Homa Therapy.

One needs no special qualifications to practice Homa. The abilities to see and to speak are all that are required. Unlike cosmic ray healing e. g., anyone can do it.

Agnihotra is from the lost science of Ayurveda. I was told that in fact 99% of Ayurveda has been lost and what is practiced as Ayurveda in India and elsewhere today comprises hardly 1%. The science of healing through copper pyramid fire, e. g., Homa Therapy had been revived for the first time in more than 2500 years.

In the Old Testament Book of Daniel it is written that " the secret of the morning and evening sacrifice shall be kept a secret for sometime as it shall be a long time before it is made known. " Now is that time. As an antidote to pollution, Homa has been gifted to humankind.

Dr. Jayasuriya is correct when he spoke yeaterday of the need for a " wholistic process " of medicine, Iotragenic, i. e., doctor or hospitalinduced disease, is indeed a scourge in nearly all countries regardless of alleged levels of sophistication via education or technology. In fact " What technology has done and persists in doing is nothing short of raping the land and the air we breathe of all nutrients, destroying plant life with pesticides, insecticides, polluting human beings with chemical fertiliaers and food additives. All this is taking its toll now. Man cannot survive this era without mass attempt at counteracting the destruction. " (Wholistic Healing Homa Therapy Approach, " Vasant Paranjpe, Agniholra University, P. O. Box 43288, Washington, D. C. 20010, U. S. A.)

In an interesting book, Ms. Marilyn Ferguson of Los Angeles speaks of an " Aquarian Conspiracy " by which certain persons are coming forth and in diverse areas of society e. g. medicine, education, business, etc. raising the collective consciousness of humankind. When you speak to a large group of persons, you may find a select few who are on the same frequency as yourelf, who share your view of a life based on positive thinking, expressions of love, true higher consciousness and more. I believe some of you are here today. Homa Therapy in our experience is the quickest and easiest way to go beyond mere words and experience this first hand. BELIEVE WHAT YOU EXPERIENCE THIS IS THE ATTITUDE OF THE SCIENTIST.

[US Satsang, Vol. XII, No. 17, Jan. 1985]

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FROM VASANT'S CORRESPONDENCE

If you are in darkness and you see a light in the distance you do not fixate on the darkness. You concentrate on the light and reaching forward to meet that light. If you only think of the darkness you may not ever see the light and if you are fortunate enough to see the light then all your focus shall be on that light. This alone will bring you out of darkness.

*

In a house where disciplines are being observed strictly it becomes difficult to be lazy. Of course one can easily say in of house where people have become lazy it is difficult to be disciplined. All it takes is effort. It is infinitely easier to become disciplined and the rewards are greater still.

We must never associate with violence of any kind. Only TOTAL LOVE. You are being worked on in a big way. Now it becomes easy for you to rise much higher very quickly.

*

When we no longer find fault in others, then we are cleansed ourselves of the greatest of all faults. Then in accepting others where they are, this does not mean we ' agree ' with them, we do not find fault with them. We are most compassionate but we do not condemn anyone, neither do we interfere with another human being's Karma. If someone is about to injure himself or others then we have a Karmic duty to alert him to any danger but we never condemn anyone for any reason. Almighty does not condemn.

⁂

The body is only a frame of mind but still we need not abuse it.

⁂

A little disturbance is there from lack of sleep. Still one can be full of love when one is tired. Just talk less and conserve the energy you do have for the work that still must go on.

⁂

You can be very quick if you want. You can be alert and you can be very clever. So use this in a positive way. Instead of being "Quick to anger" as the saying goes, you can be quick to love, to understand, to take positive actions. That reuires complete reversal of thinking process. Then your thought is "How can I best be of service?" Then there is no question of being quick to anger. Anger is a trap for you. It is not uncommon. So work on that, How can I be of service? Again HUMILITY.

⁂

When you practice Daan you need not worry. What you give of yourself returns to you again and again. There is no end to Grace.

⁂

Eat more raw food, fruit particularly.

⁂

This is like a cocoon. So the caterpillar becomes a butterfly, comes out of the safe place into the world. Just be strong. Where is the question of weakness.

⁂

If you have the right frame of mind then this work will have great attraction for you, great interest. If your mind is always on outer things, then you will not be able to do it effectively because the mind is willful tyrant. It will embark on its own direction if you do not train it properly. So mind can lead you to all kinds of trouble, just as a dog when it is unleashed. If the mind is trained it will obey and this is the state of ATONEMENT-AT ONE MENT.

⁂

If someone says something to you about Fivefold Path or your work in such a way as to belittle you, best thing is to keep silence. You do not need to defend it. You just smile and don't let it bother you. It is not for the whole world to understand now. One day they will.

⁂

Speak less on what is told. You do not know. What you are told is for a reason but if you go on telling people then the power of that is diminished. Only tell those people to whom you are directed to tell.

◆

You will rise above these weaknesses and bad habits. It just takes a little more effort on your part. Be consistent in your efforts. If you want, you can set your clock for each meditation time. Set it to ring five minutes before. Then go immediately, do a small fire and sit for fifteen minutes.

◆

Diet and nutrition are very important now. Someone should write a diet plan for cleansing diet, for rebuilding diet and so on.

◆

Each person has his or her own gifts, talents, abilities and it is through these very avenues that the message of Divine Path is given. An artist is not made into a physicist, a musician does not become a mathematician. You utilize gifts given and thereby you advance spiritually as well as developing talents which you naturally have always had.

◆

You must learn to be humble even when it is difficult. So, if you are asked to do something O. K. then do it.

◆

That devotion has to come. It has to always be there, it good and bad times. In life you will experience both. But once you reach a certain level they become one and the same. Pain becomes irrelevant. One experiences pain but it does not devastate the person. It does not bring you down. It lifts you higher. Bliss like you have never known comes through pain like you have never had before. It is like that.

◆

Of course breaking attachments is there but when the time comes for that you will be ready for it. You will welcome it. Not yet.

◆

When you let the ego out the back door, Grace can come in the front. Ego has to go. You can see how day by day being here is lifting you out of bad habits and into Love This Divine Love fulfills as no other love.

Little talk is required once everything is clearing away. Then you get more answser in meditation. Exact answers.

We have to accomodate other people so we change our plans on a day to day basis

⁂

Everyone has faults. They are not automatically lifted normally just because you follow a Guru. Some things you must work on and always effort is rewarded. Still effort must be made first.

⁂

Humility is the key for liberation. All depends on humility and devotion. Quickly you can rise through humility that comes from the heart.

⁂

You rise a little higher and everything comes. Then you get a little clearer understanding of this thing and of entire world situation.

⁂

Don't trouble yourself with worry, doubt or fear and certainly leave aside anger. Let that light shine.

⁂

Classes for Children in Five fold Path, Yoga should be taught wherever we are with our children. In Baltimore a class can start teaching Fivefold Path to children. Class can also include music, dance, art, creative writing, drama and Fivefold Path principles. At culmination of class can be Fivefold. Path Puppet Show.

Once the children go to school they will meet all kinds of children. Of course this means they will get new ideas, both good and bad. So now is the time to really teach your son Fivefold Path principles to live by. They are not unusual, only that this will be strong base for him to grow on or he will feel more secure within himself if he understands these things. Discuss them. Do not just tell him.

[Us Satsang, Vol. XII, NO 17, January 17, 1985]

⁂ ⁂

LETTERS TO SATSANG

While doing Yajnya and chanting the Om Tryambakam mantra, I was blessed with an experience validating your teaching about the power of these special mantras, especially the word SWAHA.

During this special occasion, I began following a vibration that started toward the back of the throat (with the beginning of the mantra). Succeeding parts of the chant moved the vibration in the downward direction of the spinal cord, each word taking the vibration slightly further until the bottom of the spinal area was reached at which it turned upward traveling gradually with each specific word.

On the word SWAHA the vibration culminated near the crown of the head, with an explosion of energy appearing as a sort of elecricities (like millions of lightning streaks) shooting from the body especially the head and hand area.

The effect was so uplifting, producing such beautiful peace.

Thank you,, all love.

Jerry Hodges, Baltimore, MD

* * *

September 1984, the new moon time and the day of Autumnal Equinox were a glorifying time. Ths New York City Network Media had a celebration for the seasonal change. The gathering consisted of people from Transformedia, Lennox Institute, Center for Synthesis, Grass Roots Projects (housing for the homeless), Fair Harbor Palace and CBS Radio.

Mantras were sung by over 200 people. At sunset Agnihotra was performed by Pete. Pete gave a lecture on the the Science of Yajnya purification. There were pepole from France that Edgar Wagner of Austria had introduced to Agnihotra.

They were delighted that we were a part of Network and the effect of good and positive energy. The subtle energies became very healing by having an effect on everyone's mental fiber which brought about the sharing of love and harmony. That's what people expressd after experiencing Agnihotra.

Regina Parks

New York

[US Satsang, Vol. XII, No. 17, January 17, 1985]

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BHARATIYA SATSANG CORRESPONDENCE

Dear Editor - I am a lady doctor practicing medicing at Lonavle for the past several years.

Lonavle is a small 'Hill Station' situated on the hills of Sahyadri mountains overlooking the Western Ghats. It is surrounded by lakes and evergreen forests. Situated on the National Highway it is also an important station on the Central Railways. Throughout the year this Hill Station is crowded by tourists from Pune and Bombay to enjoy the serene beauty of the Nature.

Fivefold Path Mission, Shivapuri, Akalkot, Dist Solapur has its centre located in an area called Bhangarwadi at Lonavle. This centre is looked after by Mr. Sudhakar Mulay and Mrs. Sudha Mulay.

About three years ago I had an opportunity to attend a demonstration of sunset Agnihotra at my neighbour's house given by Mrs. Mulay. Mr. Mulay explained in brief the scientific aspects of this process and described how the science of Agnihotra has become popular in the west. He also answered many questions put to him.

I though convinced thoroughly, had little hesitation' in my mind to perform Agnihotra in my house. In the meantime I was reading SATSANG published by Agnihotra Press, USA, still I could not make up my mind. One night I had a dream in which my spiritual Master Pujya Guru Shri Arvindji of Arvindashram Pondicherry appeared and offered me a coppear pyramid and ordered me to perform Agnihotra regularly. He also recited Mantras of Agnihotra which I could not remember then. As it was an explicit order from my Guru to perform Agnihotra I immediately contacted Mrs. Sudha Mulay and learned the process from her and started practicing it immediately. Since then Agnihotra has become a part of my daily routine life.

Mrs. Mulay had narrated the medicinal uses of Agnihotra and Agnihotra ash in different forms. Since I am a medical practitioner I was wondering about it. One day Mrs. Mulay taught me the process of preparing AGNIHOTRA ASH MEDICINES as given in a report by Monika Jehle, a Pharmacist from West Germany. I started using them for my patients. I am pleased to give in brief my observations of Agnihotra and Agnihotra Ash Medicines in different forms, viz. eyedrops, ointment, Cream, and capsules and inhalation.

1. A boy of 10-12 years sported a customary game of spraying liquid colour on HOLI Pournima Day. Next day he had very bad allergy of colour. There were papuies and severe itching on the whole body. I applied Agnihotra ash ointment and powder for eight days. Papuies disappeared and there was no itching also.

2. One patient came with a comlaint of scabies in head. All other allopathic medicines were tried before but there was no improvement. I treated this case with the local application of Agnihotra Ash Ointment. After ten days there was complete healing of the skin.

3. In rainy season at Lonavle due to very heavy rains, many of my patients get Dhobie Itch (Fungal Infection) between the fingers of the feet. Fingers get swollen with throbbing pain. In this condition Agnihotra ash ointment or dry soft Agnihotra ash is very effective. By applying locally swelling gets loosen and also you get the relief from the pain.

4. After eating A. P. C. tablet one patient had a reaction with severe itching on the 'whole' body. After application of Agnihotra ash powder on the whole body there was complete cure within twelve hours.

5. Skin fungus (due to ring worm infection) Tinca infection' In this case I gave the patient Agnihotra ash Cream to apply locally twice a day, on infected area. Within 15 days patient had complete cure.

6. **Agnihotra Inhalation :** One patient was suffering with Sinusitis. She had difficulty in breathing and had severe headache. All other allopathic medicines were tried but relief did not come. I asked the patient to perform Agnihotra twice a day at Sunrise and Sunset and inhale the smoke of Agnihotra by deep and long breathing. Patient did so and within one week she had relief from the headache. Other complaints also subsided.

Agnihotra Ash Eye Drops

1. One lady had suffered an injury of lacerated wound in one eye caused by the paw of a domestic cat. Patient had a severe burning in eye and due to photophobia she had a continuous severe pain. It was almost midnight time. I examined the patient and observed that the patient be sent to Eye Specialist for immediate treatment. As it was not feasible at that odd time of the night I put Agnihotra Ash Eye drops in the eyes and gave some drops to her to put in eye at home till morning. I told her that she would be taken to Eye specialist the next day. In the morning when the patient came I found a substantial healing of the eye wound. There was no burning sensation in the eye now. The pain was very mild. On enquiry with the patient I learnt that the patient had used the eye drops given by me on more than three times during the night. Seeing this healing I advised the patient to continue to put these eye drops for two days more. The patient did so and was completely cured.

2. One patient had stye on eye-lids of both the eyes. Due to swelling patient was unable to open the eyes. I put Agnihotra Ash Eye drops and gave some to use at home. Within three days the patient had complete relief.

3. While lighting a match stick a burning chemical substance off the stick went into the eye of a patient. When I examined the patient I noticed that due to poisonous substance in the eye the patient had deep wound in the eye. Due to photophobial congestion patient had burning pain. Patient was unable to open the eye. It was night time. I put Agnihotra Ash eye drops and gave some more to put in at home. Next morning the patient came and on examination I found there was no burning sensation in the eye as well as pain but had a very mild congestion. The chemical substance had come out of the eye. Substantial healing was there. For one more day the patient used the eye drops and was completely cured.

4. One month old baby had severe eye infection. All the time a sticky discharge used to come out of it. It was very difficult to clean the eyes as the baby used to cry very loudly with pain. I put Agnihotra Ash Eye Drops and also gave some to use at home. Afte eight days the patient was completely cured.

Agnihotra atmosphere is medicinal so also its ash. I myself have experienced this, on many occasions. My experiences are very convincing to me as a medical practitioner. My considered view is that every human being must perform Agnihotra regularly twice a day. This is the only cure in the present polluted conditions. Anybody can easily prepare his/her own medicines from the Agnihotra ash and also use them safely. In Agnihotra atmosphere these medicines are more effective.

I am grateful to my Master for direcing me to perform Agnihotra and also to the Fivefold Path Centre at Lonavle run by Mr. and Mrs. Mulay for their untiring and loving guidance.

पुस्तकालय
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* * *

FIVEFOLD PATH FOR HAPPY LIFE

Vasant

Let us train the mind to react with love to each and every circumstance in life. This knowledge is the Fivefold Path of Vedas denoted by the following five sentences.

1. Perform YAJNYA for purification of the atmosphere.

(Agnihotra is the smallest form of yajnya tuned to the biorhythm of sunrise-sunset wherein a copper pyramid is used to create an aura energy field around plants in the vicinity. The special turbulence of energies obtaining exactly at sunrise-sunset cycle acts as catalyst to increase the nutritional content of the atmosphere accentuated by pyramid power and the tension on mind disappears automatically. Agnihotra creates the basic healing cycle in nature to which one can add further therapeutic cycles. Agnihotra makes the air medicinal and helps harmonize KUNDALINI and is thus an aid to peace of mind and meditation. You can grow wonderful tasty nutritious crops in your garden by Yajnya without chemical fertilizers, insecticides, pesticides, herbicides. This method of biorhythmic pyramid farming based on Agnihotra is called HOMA THERAPY FARMING).

2. Practice DAAN (sharing of assects in a spirit of humility) to eliminate attachment to worldly possessions. (It is not the number of things that you own but the attachment to them that produces tension).

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3. Perform TAPA (disciplining body and mind with the voluntary cooperation of intellect) for fruition of thy affirmations. (Tapa helps break some of the learned patterns to which the body and mind are habituated. Tapa teaches us to become better managers of our energy expenditure.)

4. Practice KARMA (action) for self purification.

(Do action without attachment to the fruit thereof. This sublimates the evaluation of sense data that goes to the computer of the brain, erases subtle seeds of past bad actions and helps to bring about the transformation of mind and makes it full of love.)

5. Practice SWADHYAYA (self study) for liberation.

(Liberation of mind from the clutches of greed, anger, lust, Jealousy, pride, attachment eliminates all tension and makes the journey of life an endeavor of joy. Who am I ? What am I here for ? Become witness to your own functioning.)

This is the Fivefold Path of Vedas.

The Fivefold Path offers material and mental aids to fill the spheres with love. LOVE IS THE POWERFUL ENERGY THAT HEALS THE ATMOSPHERE AND ELIMINATES THOUGHT POLLUTION.

WE ARE NOT HERE TO ASK YOU TO GO TO ANY GURU. WE DO NOT ASK YOU TO FOLLOW ANY PARTICULAR FORMAL RELIGION. WE ASK YOU TO TRAIN YOUR MIND TO BECOME BETTER MEMBERS OF YOUR COMMUNITY, LEARNING TO LOVE YOUR NEIGHBOUR AS YOURSELF; IRRESPECTIVE OF HIS OR HER OPINIONS. WE RESPECT WITH EQUAL ZEAL ALL THE PROPHETS THAT HAVE COME ON THE PLANET SINCE CREATION.

Hence we approach the scientist. With religion we tell the people take what you like. The knowledge of Vedic Science of the Fivefold Path is going to help you out of your misery. Religion will keep you in the same place for thousands of years. If you practice one eighth of what you read in your holy books and praise with your tongues then only speak of religion.

Do Agnihotra. This will help you practice your beliefs instead of discussing them Christians, Buddhists, Muslims, Jews, Hindus and others alike.

[US Satsang, Vol. IX]

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